

Lunch Menu

March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1	2
Apricot Glazed Ham Sweet Potato Casserole Mixed Vegetables Boston Cream Pie Beverage					Deluxe Potato Ham Bake Glazed Carrots Warm Fruit Compote Cornbread Muffin/Margarine Beverage	Roast Beef Baked Potato w/Sour Cream & Margarine Green Peas with Iced Banana Bar Dinner Roll/Margarine Beverage
3	4	5	6	7	8	9
Meatloaf Mashed Potatoes Squash Medley Frosted Gelatin Poke Cake Dinner Roll/Margarine Beverage	Bean Soup Crackers Egg Salad Cold Plate Marinated Tomato Salad Ice Cream Milk/Beverage	Ham Steak Cheesy Hashbrown Peas Apple Salad Lush Cornbread/Margarine Beverage	Chicken Breast Florentine Pasta Italian Blend Vegetables Fruit Cobbler Bread Stick Beverage	Resident's Choice (3 oz Pro/1 Grain/1 Veg/1 Frt) Beverage	Beef Stew Creamed Peas Pear Spice Upside Down Biscuit Beverage	Chicken Teriyaki Lo Mein Noodles Oriental Vegetables Egg Roll Sugar Cookies Milk/Beverage
10	11	12	13	14	15	16
Lasagna Salad Cheesecake Garlic Toast Beverage	Rosemary Herbed Baked Chicken Mushroom Rice Broccoli Parmesan Fruit Crumble Beverage	Breaded Pork Chop with Onions Parslied Buttered Pasta Green Beans Chocolate Chip Cake Dinner Roll/Margarine Beverage	Beef Chop Suey Steamed Rice Sauteed Mushrooms & Onions Peaches with Whipped Topping Milk/Beverage	Chicken Tender Potato Bowl Flaky Biscuit/Margarine Pear Crisp Milk/Beverage	Oven Baked Fish Tartar Sauce Macaroni & Tomatoes Cauliflower Au Gratin Fruited Gelatin Hush Puppies Beverage	Beef & Bean Chili Creamy Coleslaw Chocolate Cream Pie Cornbread/Margarine Beverage
17	18	19	20	21	22	23
Roast w/Gravy Au Gratin Potatoes California Blend Vegetables Green Poke Cake Beverage	Glazed Ham Herb Stuffing Creamy Sweet Corn Warm Cinnamon Apples Beverage	Country Fried Steak Cream Gravy Mashed Potatoes Green Beans w/ Bacon & Onion Cranberry Swirl Cake Beverage	Chicken Parmesan over Buttered Spaghetti Broccoli Cauliflower Blend Gooey Butter Bar Beverage	Resident's Choice (3 oz Pro/1 Grain/2 Veg/1 Frt) Beverage	Hamburger Steak w/ Onions Buttered Egg Noodles Buttered Carrots Iced Oatmeal Cake Dinner Roll/Margarine Beverage	Jambalaya Buttered Peas Cornbread/Margarine Creamy Gelatin Milk/Beverage
24	25	26	27	28	29	30
Fried Chicken Mashed Potatoes & Gravy Green Beans Marbled Sour Cream Cornbread/Margarine Beverage	Baked Mostaccioli Italian Blend Vegetables Apple Crisp Garlic Bread Stick Beverage	Onion Sage Chicken Rice Pilaf Spinach Bake Carrot Cake w/ Cream Dinner Roll/Margarine Beverage	Beef Roast w/Gravy Roasted Red Potatoes Steamed Broccoli Cinnamon Scalloped Dinner Roll/Margarine Beverage	Resident's Choice (3 oz Pro/1 Grain/1 Veg/1 Frt) Beverage	Fish of the Day Tartar Sauce French Fries Coleslaw Fruit Shortcake Beverage	Swedish Meatballs with Sauce Buttered Egg Noodles Squash Medley Frosted Cake Beverage



F.W. HUSTON
MEDICAL CENTER

ITEMS CAN BE CHANGED DUE TO UNAVAILABILITY

Dinner Menu

MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1	2
Chili Mac Tossed Salad/Dressing Cranberry Apples Cornbread/Margarine Milk/Beverage					French Onion Soup w/CROUTONS Harvest Turkey Salad Sweet Potato Crumble Cake Milk/Beverage	Chicken & Noodles Green Beans Spiced Peaches with Ice Cream Milk/Beverage
3	4	5	6	7	8	9
Deli Meat & Cheese Sandwich Broccoli Salad Banana Pudding Mayonnaise/Mustard Milk/Beverage	Salisbury Steak Mashed Potatoes & Gravy Mixed Vegetables Bread Pudding with Beverage	Sliced Roast Turkey Baked Sweet Potato w/ Butter & Brown Sugar Green Bean Casserole Pumpkin Pie Herbed Dinner Roll Beverage	BBQ Pulled Pork on Bun Potato Chips Baked Beans Crushed Pineapple Milk/Beverage	Unstuffed Peppers Over Steamed Rice Tossed Salad/Dressing Gelatin with Whipped Topping Bread Stick Milk/Beverage	Corn Chowder Fish & Cheese Sandwich Tartar Sauce Coleslaw Ice Cream Milk/Beverage	Autumn Apple Pork Loin Cornbread Stuffing Carrots Cranberry Crumble (FR) Beverage
10	11	12	13	14	15	16
Broccoli Cheese Soup Bologna & Cheese Tater Tots Sherbet Ketchup/Mustard Milk/Beverage	Hot Beef & Cheese on Bun Sweet Potato Fries Brownie Milk/Beverage	Tomato & Rice Soup Turkey & Cheese Wrap Mixed Fruit Milk/Beverage	Baked Caesar Chicken Breast Roasted Red Potatoes Buttered Carrots Pumpkin Cake with Dinner Roll/Margarine Beverage	Resident's Choice (2 oz Pro/2 Grain/1 Veg/1 Frt) Milk/Beverage	Grilled Sausage Cuts Potato Salad Vegetable Blend Cookies Beverage	Chicken Alfredo Over Fettuccini Italian Tossed Salad Rosy Pineapple Garlic Toast Milk/Beverage
17	18	19	20	21	22	23
Turkey & Swiss Cheese Sandwich Cheese Puffs Kidney Bean Salad Fruit Cocktail Mayonnaise/Mustard Milk/Beverage	BBQ Chicken Macaroni Salad Marinated Slaw Ambrosia Cornbread/Margarine Milk/Beverage	Tuna Salad Cold Plate Crackers Beet & Onion Salad Fruit of the Day Milk/Beverage	Grilled Cheese Sandwich French Fries Copper Penny Salad Chocolate Chip Cookies Milk/Beverage	Pizza Spinach & Bacon Salad Fruit Salad Garlic Bread Stick Milk/Beverage	Vegetable Soup Philly Cheesesteak Sandwich w/Onions & Peppers Chips Tapioca Pudding Milk/Beverage	Ham & Beans Fried Potatoes Mixed Vegetables Blonde Brownie Dinner Roll/Margarine Beverage
24	25	26	27	28	29	30
Frito Pie Three Bean Salad Lemon Bar Milk/Beverage	Ham & Swiss Wrap Corn Chips Harvard Beet Salad Strawberries & Bananas w/ Whipped Topping Milk/Beverage	Bacon Cheeseburger Sloppy Joe Tater Tots Fruit Fluff Milk/Beverage	Chicken & Dumplings Buttered Carrots Fruit Pizza Dessert Milk/Beverage	Shepherd's Pie Buttered Corn Mandarin Orange Dinner Roll/Margarine Beverage	Potato Soup Crispy Chicken Strip Salad Lemon Cheesecake Bar Bread Stick Milk/Beverage	Turkey French Dip Sandwich Tater Tots Steamed Carrots Creamy Fruit Salad Milk/Beverage