



ITEMS CAN BE CHANGED DUE TO UNAVAILABILITY

# Lunch Menu

# FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Resident's Choice (3 oz Pro/1 Grain/1 Veg/1 Frt) Beverage	Beef Stew Creamed Peas Pear Spice Upside Down Biscuit Beverage	Chicken Teriyaki Lo Mein Noodles Oriental Vegetables Egg Roll Sugar Cookies Milk/Beverage
Lasagna Salad Cheesecake Garlic Toast Beverage	Rosemary Herbed Baked Chicken Mushroom Rice Broccoli Parmesan Fruit Crumble Beverage	Breaded Pork Chop with Onions Parslied Buttered Pasta Green Beans Chocolate Chip Cake Dinner Roll/Margarine Beverage	Beef Chop Suey Steamed Rice Sauteed Mushrooms & Peaches with Whipped Topping Milk/Beverage	Chicken Tender Potato Bowl Flaky Biscuit/Margarine Pear Crisp Milk/Beverage	Oven Baked Fish Tartar Sauce Macaroni & Tomatoes Cauliflower Au Gratin Fruited Gelatin Hush Puppies Beverage	Beef & Bean Chili Creamy Coleslaw Chocolate Cream Pie Combread/Margarine Beverage
Country Fried Steak Cream Gravy Mashed Potatoes Green Beans w/ Bacon & Onion Cranberry Swirl Cake Beverage	Glazed Ham Herb Stuffing Creamy Sweet Corn Warm Cinnamon Apples Beverage	Pot Roast Long Grain & Wild Rice Blend Buttered Peas Glazed Applesauce Cake Dinner Roll/Margarine Beverage	Chicken Parmesan over Buttered Spaghetti Broccoli Cauliflower Blend Goey Butter Bar Beverage	Resident's Choice (3 oz Pro/1 Grain/2 Veg/1 Frt) Beverage	Hamburger Steak w/ Onions Buttered Egg Noodles Buttered Carrots Iced Oatmeal Cake Dinner Roll/Margarine Beverage	Jambalaya Buttered Peas Combread/Margarine Creamy Gelatin Milk/Beverage
Fried Chicken Mashed Potatoes & Gravy Green Beans Marbled Sour Cream Cake Combread/Margarine Beverage	Baked Mostaccioli Italian Blend Vegetables Apple Crisp Garlic Bread Stick Beverage	Onion Sage Chicken Rice Pilaf Spinach Bake Carrot Cake w/ Cream Cheese Frosting Dinner Roll/Margarine Beverage	Beef Roast w/Gravy Roasted Red Potatoes Steamed Broccoli Cinnamon Scalloped Peaches Dinner Roll/Margarine Beverage	Resident's Choice (3 oz Pro/1 Grain/1 Veg/1 Frt) Beverage	Fish of the Day Tartar Sauce French Fries Coleslaw Fruit Shortcake Beverage	Swedish Meatballs with Sauce Buttered Egg Noodles Squash Medley Frosted Cake Beverage
Apricot Glazed Ham Sweet Potato Casserole Mixed Vegetables Boston Cream Pie Beverage	Chicken Pot Pie Green Beans Pumpkin Mousse Beverage	Italian Marinated Pork Loin Stuffing Brussel Sprouts Cherry Crisp Dinner Roll/Margarine Beverage	Beef Soft Taco Refried Beans Spanish Rice Churros Milk/Beverage	Chicken Bacon Penne Pasta Zucchini & Onions Brownie Garlic Toast Beverage		



**F.W. HUSTON  
MEDICAL CENTER**

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# Dinner Menu

# FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Unstuffed Peppers Over Steamed Rice Tossed Salad/Dressing  Gelatin with Whipped Bread Stick Milk/Beverage	2 Corn Chowder Fish & Cheese Sandwich  Tartar Sauce Coleslaw Ice Cream Milk/Beverage	3 Autumn Apple Pork Loin Cornbread Stuffing  Carrots Cranberry Crumble (FR) Beverage
4 Broccoli Cheese Soup Bologna & Cheese Sandwich Tater Tots Sherbet Ketchup/Mustard Milk/Beverage	5 Hot Beef & Cheese on Bun Sweet Potato Fries  Brownie Milk/Beverage	6 Tomato & Rice Soup Turkey & Cheese Wrap  Pear Crisp Milk/Beverage	7 Baked Caesar Chicken Breast Roasted Red Potatoes  Buttered Carrots Pumpkin Cake with Dinner Roll/Margarine Beverage	8 Resident's Choice (2 oz Pro/2 Grain/1 Veg/1 Frt) Milk/Beverage	9 Grilled Sausage Cuts Potato Salad  Vegetable Blend Cookies Beverage	10 Chicken Alfredo Over Fettuccini Italian Tossed Salad  Rosy Pineapple Garlic Toast Milk/Beverage
11 Turkey & Swiss Cheese Sandwich Cheese Puffs Kidney Bean Salad Fruit Cocktail Mayonnaise/Mustard Milk/Beverage	12 BBQ Chicken Macaroni Salad Marinated Slaw Ambrosia Cornbread/Margarine Milk/Beverage	13 Tuna Salad Cold Plate Crackers Beet & Onion Salad Fruit of the Day Milk/Beverage	14 Grilled Cheese Sandwich French Fries Copper Penny Salad Chocolate Chip Cookies Milk/Beverage	15 Pizza Spinach & Bacon Salad Fruit Salad Garlic Bread Stick Milk/Beverage	16 Vegetable Soup Philly Cheesesteak Chips Tapioca Pudding Milk/Beverage	17 Ham & Beans Fried Potatoes Mixed Vegetables Blonde Brownie Dinner Roll/Margarine Beverage
18 Frito Pie Three Bean Salad Lemon Bar Milk/Beverage	19 Ham & Swiss Wrap Corn Chips Harvard Beet Salad Strawberries & Bananas Milk/Beverage	20 Bacon Cheeseburger Sloppy Joe Tater Tots  Fruit Fluff Milk/Beverage	21 Chicken & Dumplings Buttered Carrots  Fruit Pizza Dessert Milk/Beverage	22 Shepherd's Pie Buttered Corn  Mandarin Orange Gelatin Dinner Roll/Margarine Beverage	23 Potato Bacon Soup Crispy Chicken Strip Salad Lemon Cheesecake Bar Bread Stick Milk/Beverage	24 Turkey French Dip Sandwich Tater Tots  Steamed Carrots Creamy Fruit Salad Milk/Beverage
25 Chili Mac Tossed Salad/Dressing Cranberry Apples Cornbread/Margarine Milk/Beverage	26 Tuna Melt Sandwich Chips Stewed Tomatoes Citrus Fruit Cup Milk/Beverage	27 Hot Dog on Bun Baked Beans Mixed Fruit Cup with Beverage	28 Tomato Basil Soup Grilled Swiss Cheese Sandwich Creamy Coleslaw S'more Pudding Parfait Milk/Beverage	29 Resident's Choice (3 oz Pro/1 Grain/2 Veg) Beverage		