### Community Health Needs Assessment 2016

F.W. Huston Medical Center, Jefferson County Health Department, Jefferson County Wellness Coalition

#### Introduction

- This is a public document.
- This Community Health Needs Assessment (CHNA) fulfills the requirements of the Patient Protection and Affordable Care Act (PPACA) IRS Code Section 501 (r).
- A copy of this document is available at <u>www.fwhuston.com</u>
- Copies will be available upon request.

#### Collaboration

• F.W. Huston Medical Center, Jefferson County Health Department, and the Jefferson County Wellness Coalition collaborated in performing this Community Health Needs Assessment throughout the summer and fall of 2016.

 These partners will continue to collaborate in improvement efforts in the future.

#### Community

- The community selected for this CHNA includes Jefferson County, Kansas.
- Jefferson County is located in Northeast Kansas.
- Jefferson County has approximately 18,930 residents across over greater than 530 square miles.



#### **CHNA Data Collection**

• Primary Data: Survey to Jefferson County Citizens

 Secondary Data: Kansas Health Matters, County Health Rankings, US Census

#### **CHNA Survey Design**

- A 27 question survey was developed by the collaborating parties to include demographic data in addition to information regarding media utilization, workplace sites, and access to healthcare services.
- Respondents were also asked to mark all areas of concern within his/her/their household and within the county along with participation in health promoting or potentially unhealthy behaviors and activities.
- Areas of concern were listed based upon areas identified with increased prevalence via secondary data sources in addition to Healthy People 2020 guidance.

#### **CHNA Survey Methods**

- The survey was made available online via surveymonkey.com.
- Paper copies of the survey were made available at multiple neutral locations within the community served (grocery stores, gas stations, banks, diners, the health department and medical center). The survey could then be mailed to the medical center or health department OR placed in a ballot box.
- The survey was made available to the public from mid-August 2016 until late November 2016.

#### **CHNA Survey Response**

Total N = 566

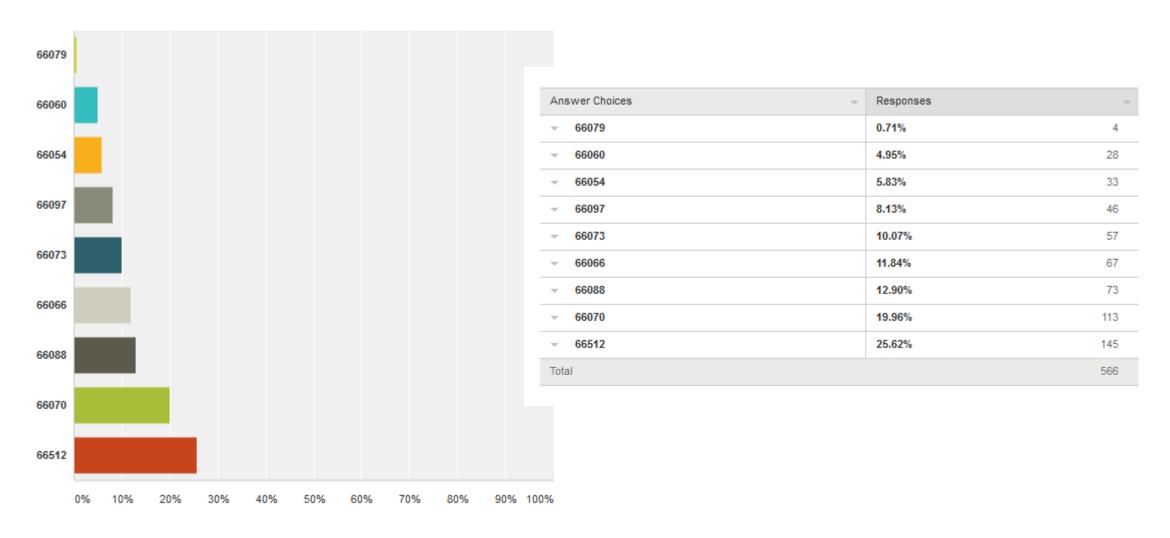
N via online survey = 350

N via paper survey = 216

#### Jefferson County Kansas CHNA 2016

Primary Data Survey Results

#### In what zip code is your place of residence?



According to the 2000 census, Jefferson County had 6830 households. Today, according to the updated United States Postal Service, there are 5981 registered households. The survey assumed one individual submitted results for the entire household. With that information, below is the breakdown of each city and their percentage of involvement.

66512: 1239 households: 145 survey participants: 11.7% involvement

66070: 1033 households: 113 survey participants: 10.9% involvement

66088: 658 households: 73 survey participants: 11.1% involvement

66066: 934 households: 67 survey participants: 7.1% involvement

66073: 712 households: 57 survey participants: 8% involvement

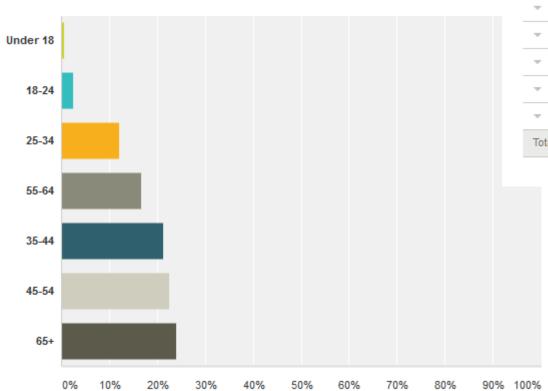
66097: 153 households: 46 survey participants: 30% involvement

66054: 919 households: 33 survey participants: 3.6% involvement

66060: 333 households: 28 survey participants: 8.4% involvement

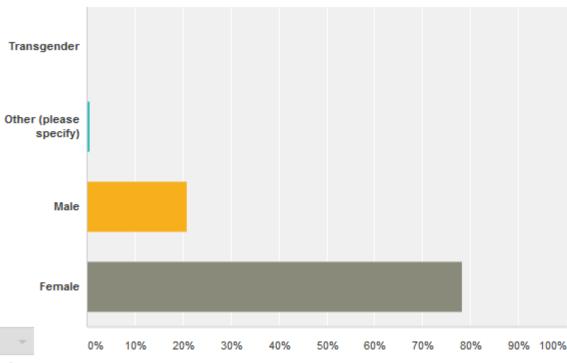
66079 (This was put on the survey in error. This zip code is not located in Jefferson County.)

### What is your age?



Answer Choices	Responses	~
→ Under 18	0.53%	3
₩ 18-24	2.47%	14
· 25-34	12.19%	69
· 55-64	16.78%	95
₹ 35-44	21.38%	121
<b>45-54</b>	22.61%	128
₩ 65+	24.03%	136
Total		566

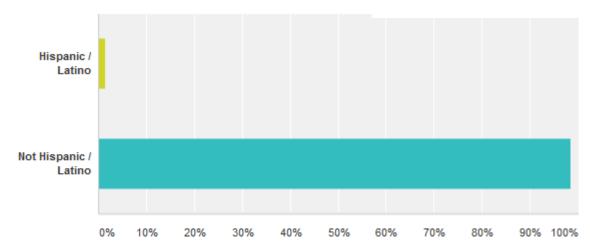
#### What is your identifying gender?



Answer Choices	▼	Responses	~
▼ Transgender		0.00%	0
→ Other (please specify)	Responses	0.71%	4
→ Male		20.92%	118
▼ Female		78.37%	442
Total			564

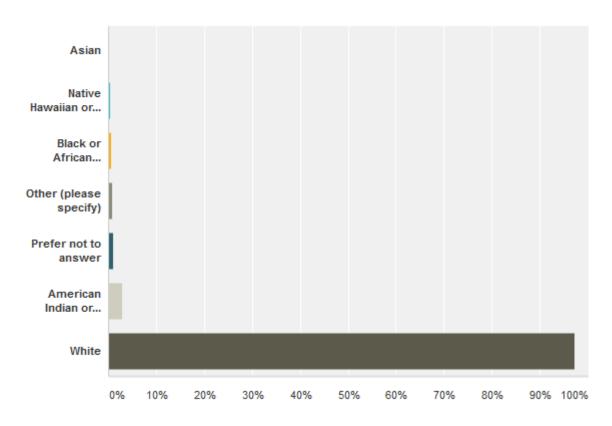
#### What is your ethnic identity?



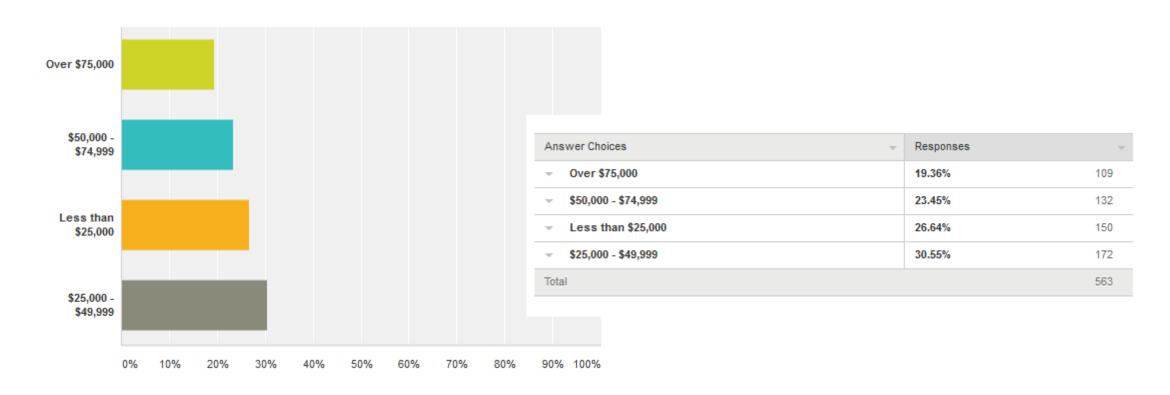


#### What is your racial identity?

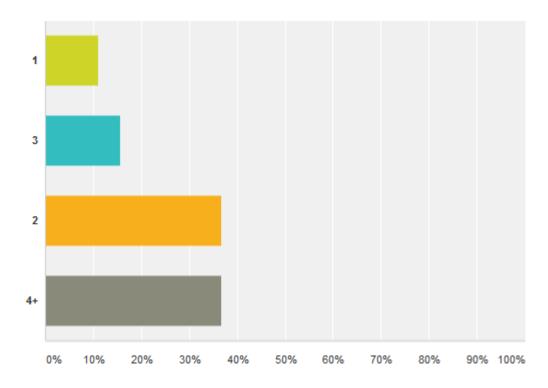
Answer Choices	Responses	3
Asian	0.00%	0
Native Hawaiian or other Pacific Islander	0.35%	2
Black or African American	0.53%	3
Other (please specify)	Responses 0.88%	5
Prefer not to answer	1.06%	6
American Indian or Alaskan Native	3.00%	17
White	97.35%	552
otal Respondents: 567	<u>'</u>	



#### What is your annual take home pay range?

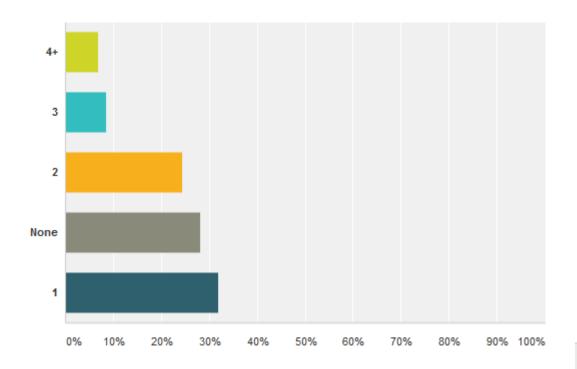


### How many people live in our household?



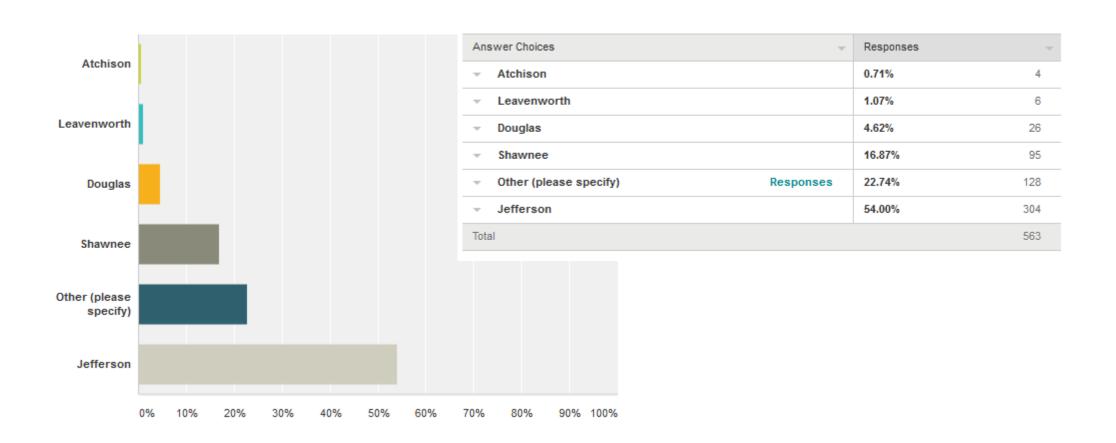
Answer Choices	Responses	~
<b>▼ 1</b>	<b>11.05%</b> 63	
· 3	15.61% 89	
· 2	<b>36.67%</b> 209	
· 4+	<b>36.67%</b> 209	
Total	570	

#### How many dependents do you claim?

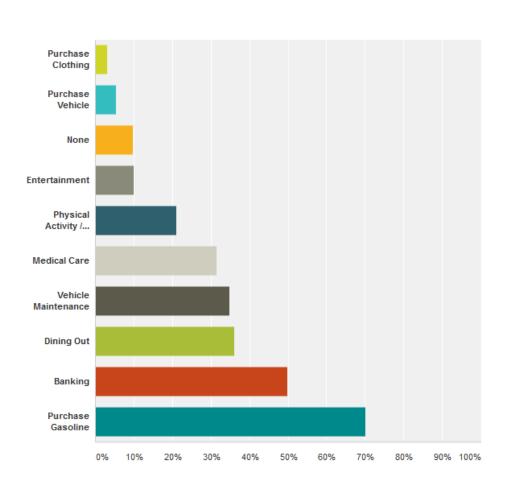


Answer Choices	Responses	~
· 4+	6.91%	38
<b>→</b> 3	8.55%	47
<b>▽ 2</b>	24.36%	134
▼ None	28.18%	155
<b>▽ 1</b>	32.00%	176
Total		550

### In which county do you work?

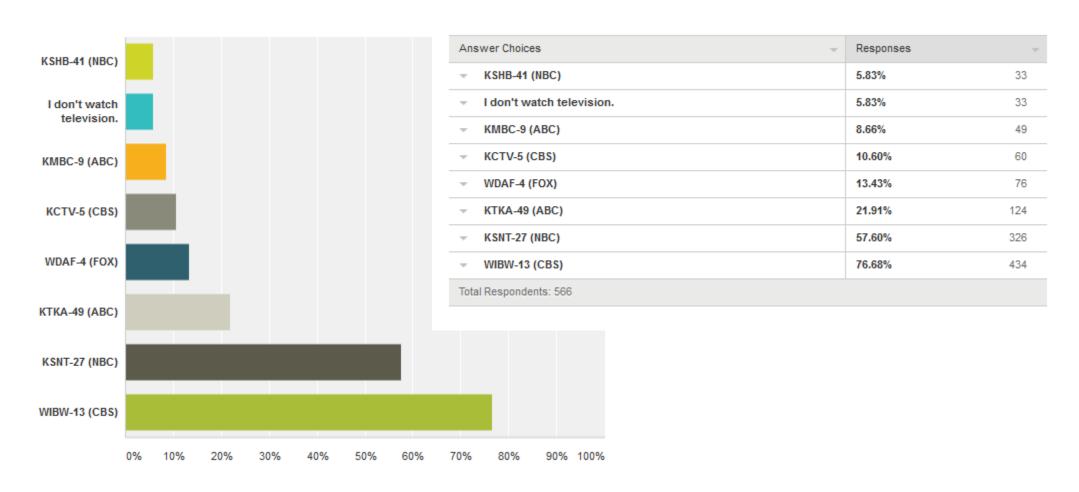


# Which services do you use within Jefferson County more than 50% of the time?

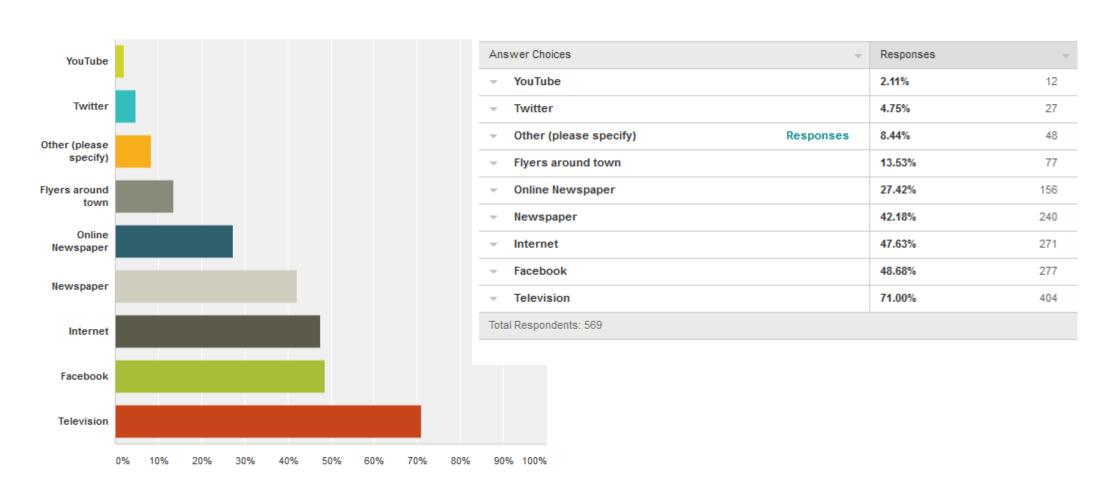


Answer Choices	Responses	~
▼ Purchase Clothing	3.18%	18
Purchase Vehicle	5.48%	31
- None	9.72%	55
- Entertainment	10.07%	57
Physical Activity / Recreation Center	21.02%	119
▼ Medical Care	31.63%	179
▼ Vehicle Maintenance	34.81%	197
<ul> <li>Dining Out</li> </ul>	36.04%	204
Banking	49.82%	282
Purchase Gasoline	70.14%	397
Total Respondents: 566		

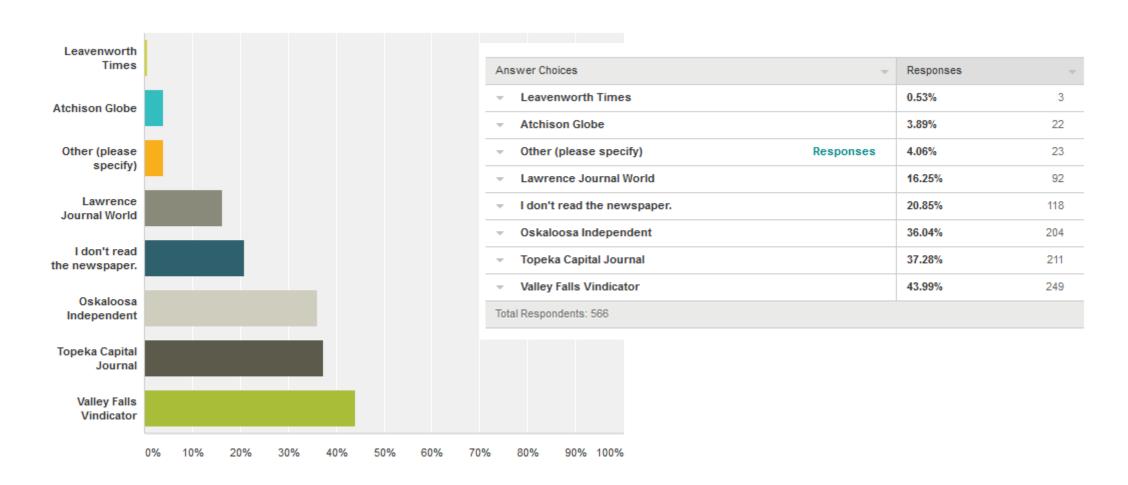
## What television station(s) do you get your news from?



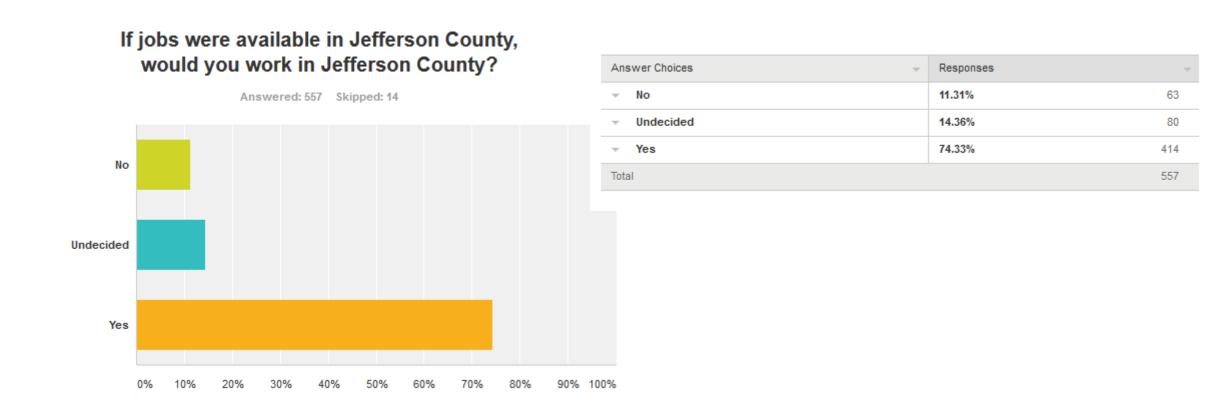
## How do you stay up to date with current events and news?



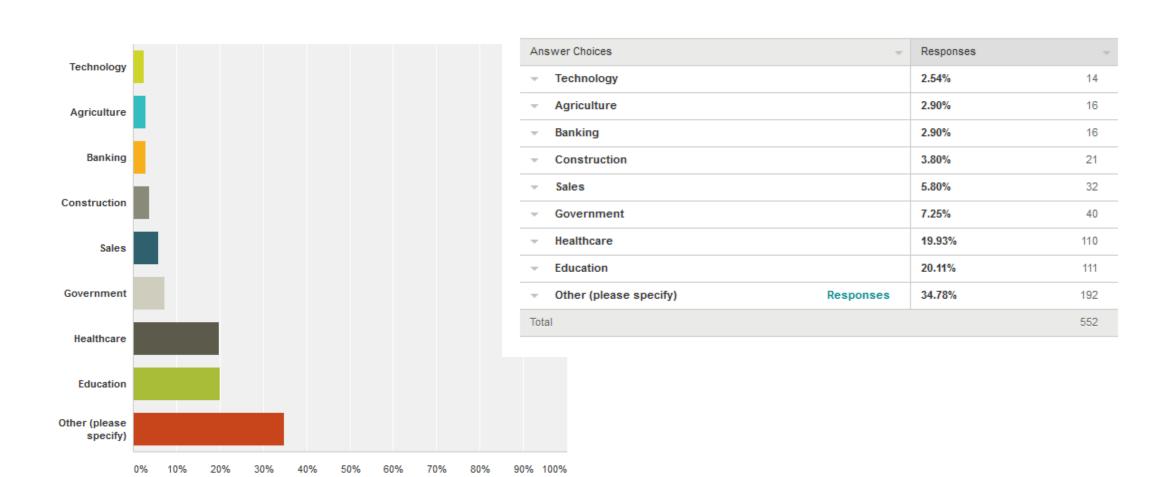
#### What newspaper(s) do you read?



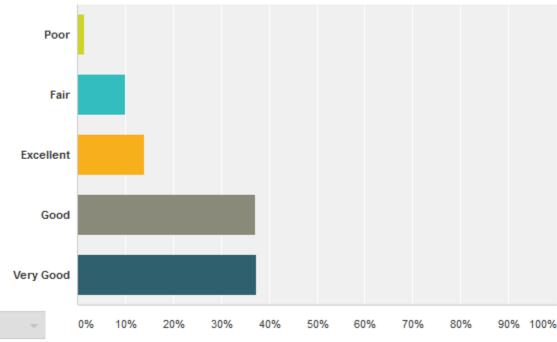
# If jobs were available in Jefferson County, would you work in Jefferson County?



#### What is your career category?



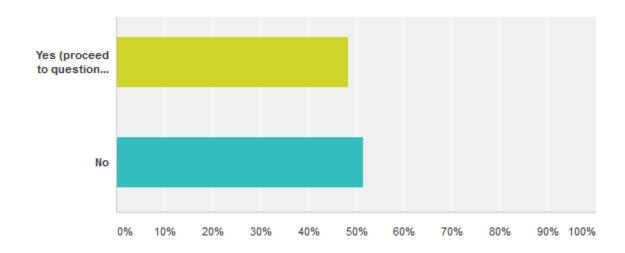
#### How would you describe your overall health?



Answer Choices  —	Responses	~
→ Poor	1.41%	8
→ Fair	10.04%	57
- Excellent	14.08%	80
→ Good	37.15%	211
→ Very Good	37.32%	212
Total		568

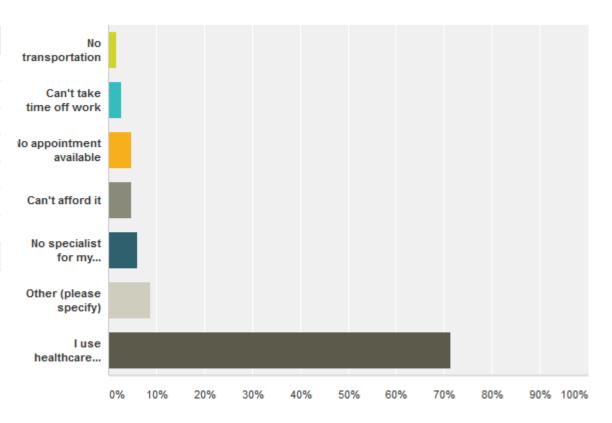
# Are you able to visit a doctor when needed in Jefferson County?

Answer Choices	Responses	~
<ul><li>Yes (proceed to question #19)</li></ul>	48.50%	274
→ No	51.50%	291
Total		565



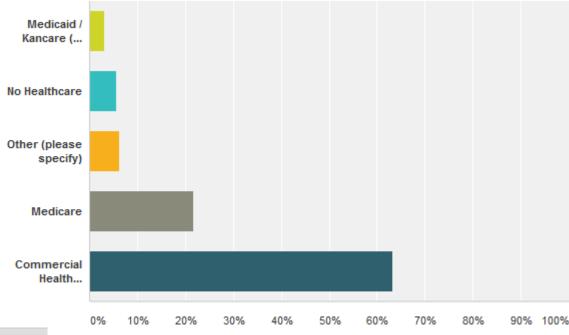
# If you answered "no" to the above question, choose all that apply.

Answer Choices	~	Responses	7
No transportation		1.68%	5
Can't take time off work		2.69%	8
No appointment available		4.71%	14
Can't afford it		4.71%	14
No specialist for my condition		6.06%	18
Other (please specify)	Responses	8.75%	26
I use healthcare outside of Jefferson County		71.38%	212
Total			297



What type of healthcare coverage do you

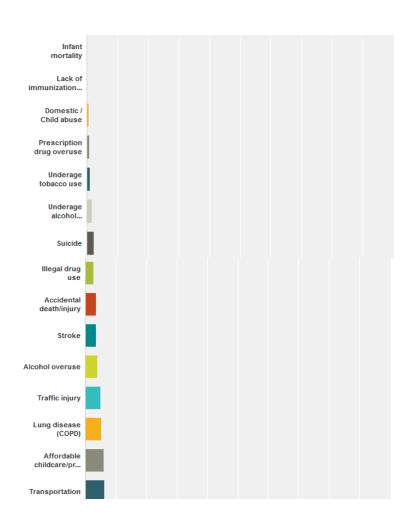
have?

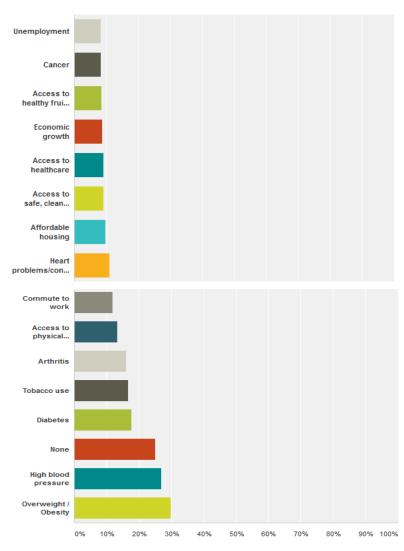


Answer Choices	Respons	es 🔻
Medicaid / Kancare ( Amerigroup, United Healthcare, Sunflower)	3.17%	18
No Healthcare	5.64%	32
Other (please specify) Responses	6.17%	35
Medicare	21.69%	123
Commercial Health Insurance (Humana, Blue Cross Blue Shield, United Healthcare, Aetna, Signa)	63.32%	359
otal		567

What challenges/concerns apply to YOU and

YOUR HOUSEHOLD?





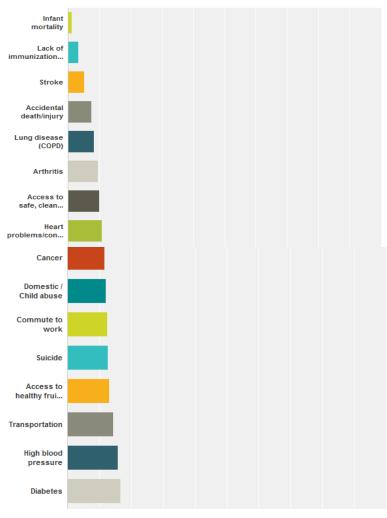
### What challenges/concerns apply to **YOU and YOUR HOUSEHOLD?**

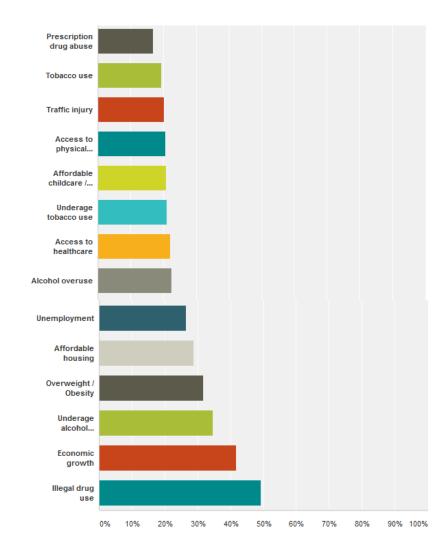
Answer Choices	Responses	~
→ Infant mortality	0.18%	1
Lack of immunization compliance	0.18%	1
→ Domestic / Child abuse	0.73%	4
→ Prescription drug overuse	0.91%	5
→ Underage tobacco use	1.09%	6
<ul> <li>Underage alcohol consumption</li> </ul>	1.64%	9
→ Suicide	2.36%	13
→ Illegal drug use	2.73%	15
Accidental death/injury	3.64%	20
→ Stroke	3.64%	20
→ Alcohol overuse	4.00%	22
→ Traffic injury	4.91%	27
→ Lung disease (COPD)	5.27%	29
Affordable childcare/preschool	6.00%	33
→ Transportation	6.18%	34
Unemployment     ■	8.36%	46
▼ Cancer	8.36%	46
Access to healthy fruits and vegetables	8.55%	47
→ Economic growth	8.73%	48

Access to healthcare	9.09%	50
Access to safe, clean drinking water	9.09%	50
▼ Affordable housing	9.82%	54
→ Heart problems/concerns	11.09%	61
- Commute to work	12.00%	66
Access to physical activity	13.45%	74
▼ Arthritis	16.00%	88
▼ Tobacco use	16.73%	92
▼ Diabetes	17.82%	98
▼ None	25.09%	138
▼ High blood pressure	26.91%	148
Overweight / Obesity	29.82%	164
Total Respondents: 550	'	

Which of the following topics do you think are CONCERNS that need to be addressed in **Jefferson** 

County?



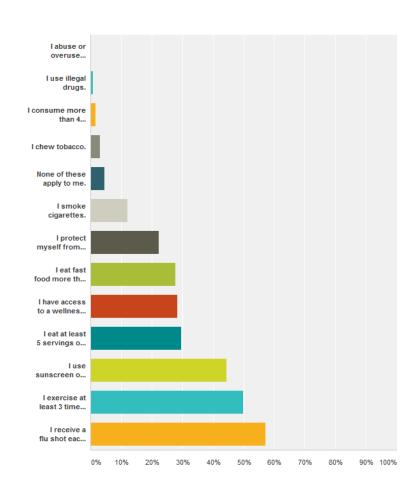


### Which of the following topics do you think are CONCERNS that need to be addressed in **Jefferson County**?

An	swer Choices	Responses	~
~	Infant mortality	1.27%	7
v	Lack of immunization compliance	3.44%	19
~	Stroke	5.24%	29
<b>*</b>	Accidental death/injury	7.41%	41
<b>w</b>	Lung disease (COPD)	8.32%	46
<b>w</b>	Arthritis	9.58%	53
~	Access to safe, clean drinking water	9.95%	55
~	Heart problems/concerns	10.85%	60
~	Cancer	11.75%	65
w	Domestic / Child abuse	12.12%	67
w	Commute to work	12.48%	69
v	Suicide	12.66%	70
v	Access to healthy fruits and vegetables	13.20%	73
v	Transportation	14.47%	80
v	High blood pressure	15.91%	88
<b>*</b>	Diabetes	16.64%	92

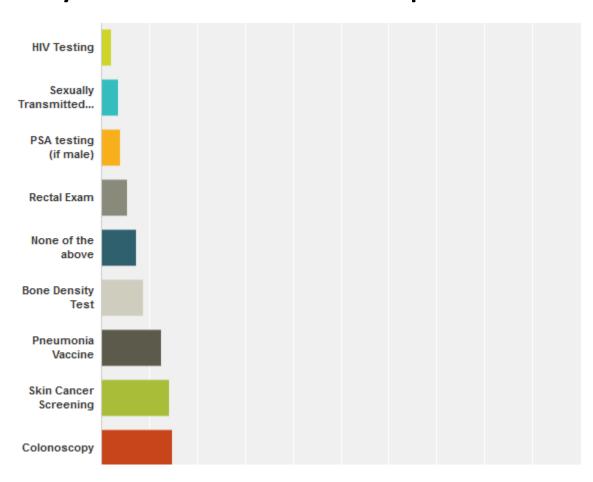
Prescription drug abuse	17.00%	94	
▼ Tobacco use	19.35%	107	
▼ Traffic injury	20.25%	112	
Access to physical activity	20.61%	114	
Affordable childcare / preschool	20.80%	115	
■ Underage tobacco use	21.16%	117	
Access to healthcare	22.06%	122	
▼ Alcohol overuse	22.60%	125	
Unemployment	26.58%	147	
Affordable housing	28.75%	159	
Overweight / Obesity	31.65%	175	
<ul> <li>Underage alcohol consumption</li> </ul>	34.72%	192	
Economic growth	41.77%	231	
▼ Illegal drug use	49.19%	272	
Total Respondents: 553			

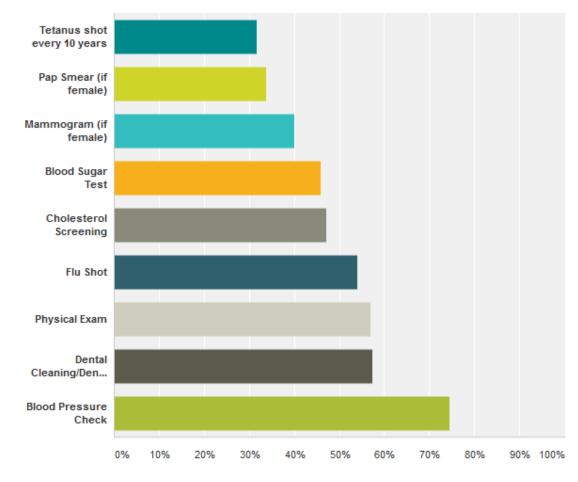
### Choose all statements below that apply to



Answer Choices	Response	es 🔻
l abuse or overuse prescription drugs.	0.18%	1
I use illegal drugs.	0.88%	5
I consume more than 4 alcoholic drinks (if female) or 5 (if male) per day.	1.59%	9
I chew tobacco.	3.18%	18
None of these apply to me.	4.59%	26
I smoke cigarettes.	12.01%	68
I protect myself from sexually transmitted infections.	22.44%	127
I eat fast food more than once per week.	27.74%	157
I have access to a wellness program through my employer.	28.45%	161
I eat at least 5 servings of fruits and vegetables each day.	29.68%	168
I use sunscreen or protective clothing for planned time in the sun.	44.52%	252
I exercise at least 3 times per week.	50.00%	283
I receive a flu shot each year.	57.24%	324

# Which of the preventative procedures have you had in the past 12 months?

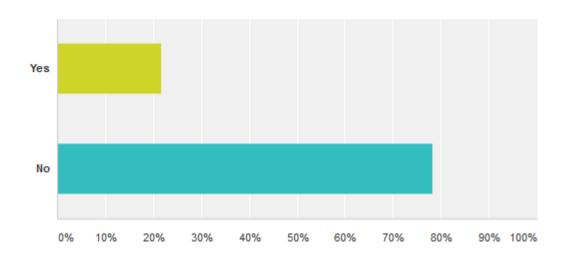




### Which of the preventative procedures have you had in the past 12 months?

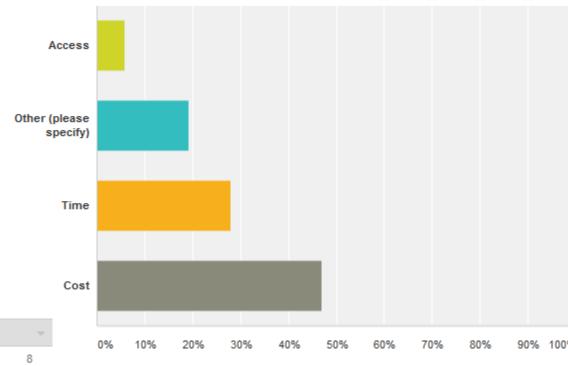
Answer Choices	Responses	7
w HIV Testing	2.12%	12
Sexually Transmitted Infection Testing	3.53%	20
PSA testing (if male)	3.88%	22
Rectal Exam	5.47%	31
w None of the above	7.41%	42
Bone Density Test	8.82%	50
Pneumonia Vaccine	12.52%	71
Skin Cancer Screening	14.11%	80
Colonoscopy	14.81%	84
Tetanus shot every 10 years	31.75%	180
Pap Smear (if female)	33.86%	192
Mammogram (if female)	40.04%	227
w Blood Sugar Test	45.86%	260
Cholesterol Screening	47.09%	267
▼ Flu Shot	53.97%	306
Physical Exam	56.97%	323
Dental Cleaning/Dental X-rays	57.50%	326
▼ Blood Pressure Check	74.43%	422

## Do you want or need any of the preventative services listed above?



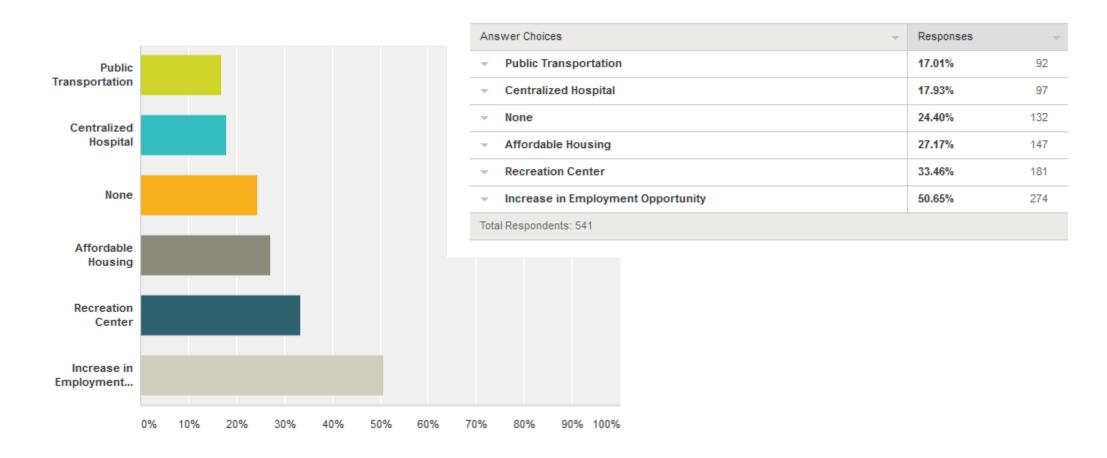
Answer Choices	Responses	~
→ Yes	21.75%	122
→ No	78.25%	439
Total		561

## If "yes" to the above question, why have you not received those services?



Answer Choices	~	Responses	~
- Access		5.88%	8
<ul> <li>Other (please specify)</li> </ul>	Responses	19.12%	26
▼ Time		27.94%	38
- Cost		47.06%	64
Total			136

# The following are concern(s) that I have about Jefferson County:



#### Secondary Data

Please see Appendix A

#### References:

http://www.countyhealthrankings.org/app/kansas/2016/rankings/jefferson/county/outcomes/overall/snapshot

http://www.kansashealthmatters.org/index.php?module=indicators&controller=index&action=dashboard&id=83
016910809925962&card=0&localeId=983

http://www.kansashealthmatters.org/index.php?module=Indicators&controller=index&action=dashboard&id=83016910781351762

http://www.kansashealthmatters.org/index.php?module = Indicators&controller=index&action=dashboard&alias= alldata&localeId=983

# Identified Themes: Demographic Representation

- Majority of respondents were Caucasian, non-Hispanic or Latino, and female.
- All Zip Codes of the county represented.
- All adult age groups represented within the survey.
- All salary ranges listed were represented within the survey.

#### Identified Themes: Survey Results

### **Top 5 Respondent Household Concerns**

- Overweight/Obesity
- High Blood Pressure
- Diabetes Mellitus
- Tobacco Use
- Arthritis

### Top 5 Concerns that need addressed in Jefferson County

- Illegal Drug Use
- Economic Growth
- Underage alcohol use
- Overweight/Obesity
- Affordable Housing

### **Top 3 Concerns for Jefferson County**

- Increase in Employment Opportunities
- Recreation Center
- Affordable Housing

#### Priorities and Plan

 F.W. Huston Medical Center, Jefferson County Health Department, and Jefferson County Wellness Coalition will work together to determine the improvement priorities and plan in addition to the implementation and evaluation processes.

#### Resources for Jefferson County

http://www.jeffcoalliance.org/Resource%20Guide%202014.pdf