

2019 Tug-O-War



Join us for the first annual Tug-O-War competition!
Thursday July 11th @ 6 pm
Grass Lawn Between Church & Library

Competition will consist of teams of 8 maximum. Teams can be co-ed and all ages, although we will have a Seniors Only competition, which will be 55+.

All participants must be 18+ and release liability by entering into this competition.

It will be triple elimination, so eat your Wheaties before hand to ensure success!
You also do not need to have 8 total, but definitely eat your Wheaties, then.

Feel free to get tee shirts made, have matching bandanas, etc. to display your team pride.

Each team costs \$20 to enter! Arrive at 5:45 to get in order.

DETACH AT LINE. MAKE CHECKS OUT TO ALEXANDRIA COMMUNITY ASSOCIATION
MAIL TO:
ALEXANDRIA COMMUNITY ASSOCIATION
PO BOX 290
ALEXANDRIA, OH 43001

2019 TUG-O-WAR

TEAM NAME: _____ SENIORS(circle): YES/NO

CONTESTANT #1: _____

#2 _____

#3 _____

#4 _____

#5 _____

#6 _____

#7 _____

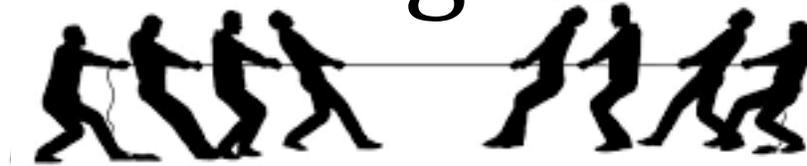
BUSINESS AFFIL: _____

PHONE: _____ EMAIL: _____

Office use only:

Check/Cash Received: _____ *Team Number:* _____

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Basic Tug of War Rules

The Rope

The game involves usage of single equipment i.e. a rope. There is a red mark made in the middle of the rope. This red mark on the rope needs to be at a perpendicular angle to the exact center point on the ground, before the commencement of the game. A white mark is made exactly 13 feet from the red mark on either sides of the rope. The game is won when either side with this white mark crosses the center point.

Teams

According to the rules of tug of war, each team can accommodate a maximum of 8 members.

Field and Marking

The game has to be played on a flat grassy patch of land. A line referred to as a center line is marked on the playing zone and the rope is placed in a manner that its center mark should align the center marked on the ground. On either sides of the rope at the distance of 4 m from the center line, 2 more marks need to be made. This is the point where in the first member of each team will stand.

How to Play

As mentioned earlier, the center of the rope should align with the center marked on the ground. As soon as the referee blows the whistle, each team can start pulling the rope into their territory. The objective of the game is for each team to pull the rope along with the members of opposition team to their side. As soon as the second mark on the rope from the center red mark crosses over to center line, the team to pull the rope to their area wins the game.

Competition

The tug of war competition requires a judge. There are 3 different commands that the judge gives to the players. The judge first announces "Pick up the rope", he then says "Take the string", and finally he tells the players to "Pull". Once the pull command is said out the teams start pulling the rope. If a member of the team falls down that member is given a caution. Each team is allowed two cautions before getting disqualified.

Fouls

There is a particular technique that needs to be applied while playing this game, if not then there will be a foul which can call in for disqualifications. For e.g. lowering your elbow below the knee level while pulling the rope is considered to be a foul and is called 'locking' (penalty 2 feet). Touching the ground for a longer period of time (≥ 5 seconds) is also considered as a foul (penalty 2 feet).