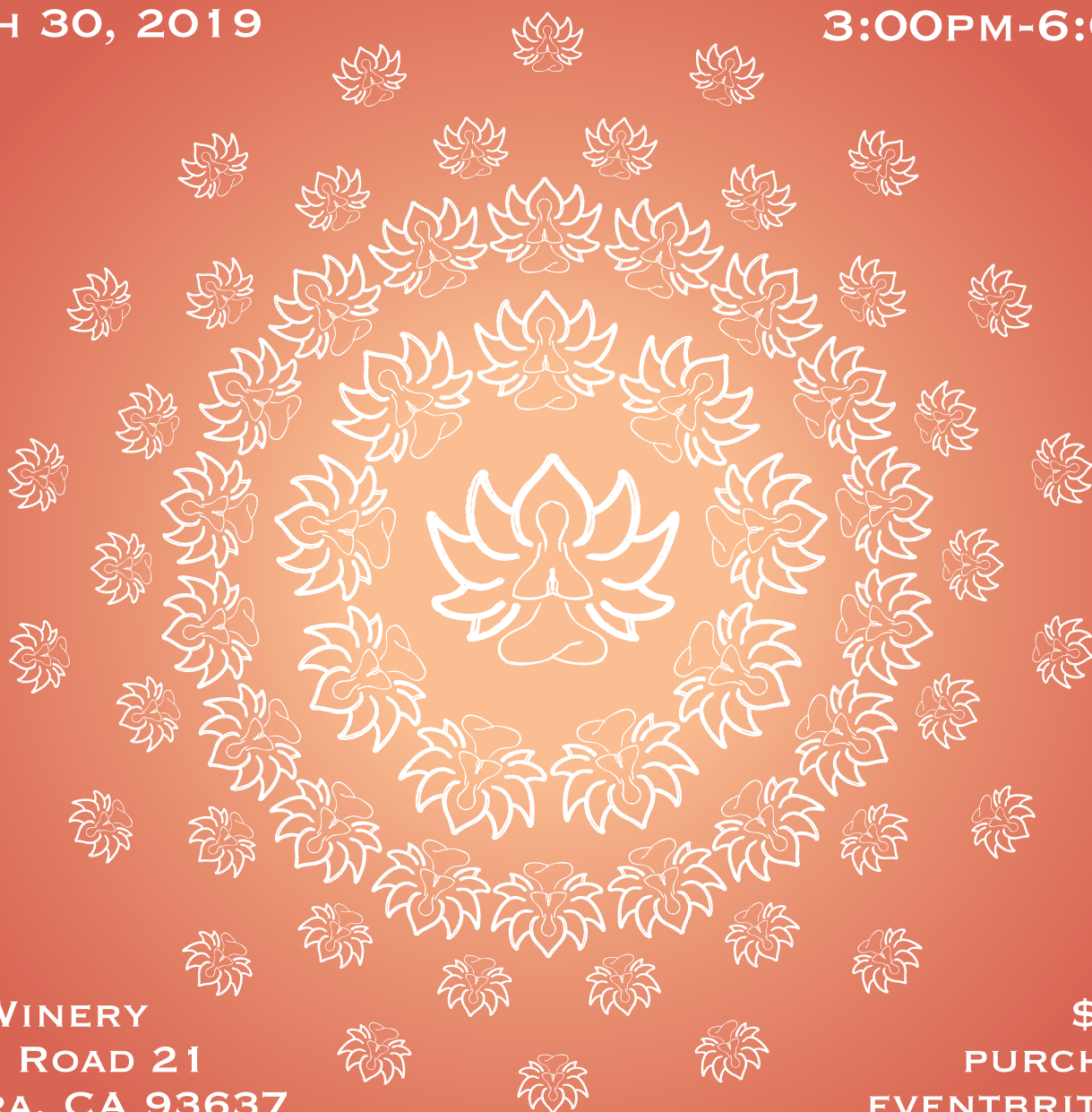


Cultivating Community

Join Namaste for Compassion as we partner with Blue Moon yoga, COIL yoga, Four Corners Yoga, OldTown Yoga and Tower Yoga to bring you a 90 minute Yoga and Meditation class; huge raffle to follow. If you are interested in trying some of the Valley's finest wines, please stay for wine tasting at CRŪ Winery.

MARCH 30, 2019

3:00PM-6:00PM



CRŪ WINERY
20146 ROAD 21
MADERA, CA 93637

\$40.00
PURCHASE @
EVENTBRITE.COM

PARTICIPATING STUDIOS/INSTRUCTORS:

BLUE MOON YOGA
FOUR CORNERS YOGA
TOWER YOGA

COIL YOGA
OLD TOWN YOGA

NAMASTE FOR COMPASSION
(CRYSTAL UYENO AND NAYANTARA RODRIGUES)

100% of the proceeds go to
Namaste for Compassion, to
help us continue our efforts
in providing FREE yoga to
underserved communities.



namaste for compassion COMMUNITY CLASS

Class Led By: _____

Date: _____

Time: _____

Location: _____

Comments: _____

Cost: \$5 minimum donation

Changing Lives One Breath at a Time



100% PERCENT OF PROCEEDS GO TO NAMASTE FOR COMPASSION

For more information on how you can donate, visit our website: namasteforcompassion.com and click "Take Action".

Racial Healing Circle

Date: **FEBRUARY 28, 2020**

Time: **10:00AM-11:30AM**

Where: **ZOOM, ONLINE**

ATTENDANCE IS FREE,

DONATIONS ACCEPTED

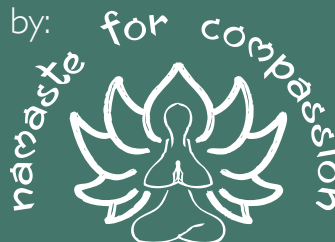
REGISTER WITH EVENTBRITE

Racism
has and will
continue to impact
humanity; therefore, it is vital
to have a space to heal in the
broken places. Healing is essential to
actualizing all that life has to offer. The
goal of Racial Healing Circles is to be
intentional in providing a space,
and lifting up the narratives
of those impacted by the
“ills” of racism.

Racial Healing
Circle led by:
Dr. Ramar
Henderson



Hosted by:



ALL ETHNICITIES, AGES AND SEXES WELCOME

100% of the proceeds go to Namaste for Compassion, to help us continue our efforts in providing FREE yoga to underserved communities.

CULTIVATING COMMUNITY



April 30th, 2022

8:00 am-12:00 pm



Kastner
Intermediate School
Amphitheater



\$50.00 admission
Purchase @ [eventbrite.com](https://www.eventbrite.com)
\$20 for students with ID at the door, kids 10 and under are free

Proceeds go to Namaste for Compassion, to help us continue our efforts in providing FREE yoga to underserved communities and fundraising for organizations which help to heal our world.

Multiple vendors will be on site... from merchandise booths and food to mental health and fitness vendors.