



# Current State Report

As of September 14, 2023



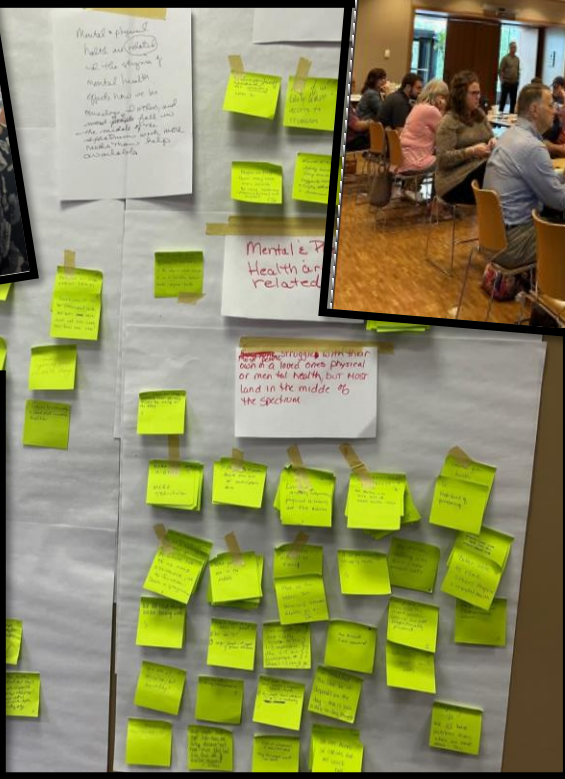
# Agenda

- Innovation and Design Thinking
- **Information Gathering**
- Share Current State - Adult and Child
- Validate
- Next Steps
- More Networking

# Community Voices: Service Provider Input Workshops



75 representatives from over 40 organizations, 500+ voices



# Community Voices: Community Conversations

- **MHM:** 30 organizations; 675+ voices
- **United Way:** 10 organizations, 450+ voices
- **1:1:** 17 individuals; 297 voices



# Community Voices: Surveys

mental health matters

mental health matters

BARTHOLOMEW CO. INITIATIVE

## Comparte Tu Voz.

Cambiando el futuro de la salud mental en el condado de Bartholomew comienza contigo. Participa en nuestra encuesta comunitaria y cuéntanos cómo podemos servirte mejor a ti y a tus seres queridos.

Nuestra misión es reconocer los desafíos y mejorar el sistema de salud mental para el bienestar de todos los miembros de nuestra comunidad a través de un esfuerzo colaborativo que involucra a proveedores locales de servicios de salud mental, sistemas de atención médica, sistemas escolares, sistemas judiciales, gobiernos municipales y organizaciones de servicios sociales. Juntos, nuestro objetivo es crear una comunidad más solidaria y resiliente que priorice la salud mental.

Por favor, toma un momento para completar nuestra encuesta y ayúdanos a comprender las preocupaciones de nuestra comunidad con respecto a la salud mental. Su apoyo es invaluable. ¡Gracias!

También puedes completar la encuesta en nuestro sitio web - [www.mhmbc.org](http://www.mhmbc.org).

1 Pensando en tu salud mental, que incluye el estrés, la depresión y los problemas emocionales, ¿dirías en general que tu salud mental es:

- Excelente
- Muy buena
- Buena
- Regular
- Mala

2 ¿Has sido tú, un ser querido o un miembro cercano de tu familia afectado por desafíos de salud mental?

- Sí
- No

5 Si hubo un retraso en obtener servicios de salud mental necesitados, ¿cuáles fueron las razones principales?

- No hay suficientes recursos
- Falta de apoyo de la familia
- Falta de apoyo del empleador
- Falta de seguro
- Otro \_\_\_\_\_

6 Si buscó ayuda de salud mental, ¿qué tan fácil fue acceder a los recursos?

- Excelente
- Muy bueno
- Bueno

8 If you have children in the 5-17 age group how would you rate their mental health?

- Excellent
- Very Good
- Good
- Fair
- Poor
- N/A

9 If you are an adult, over the age of 18, how would you rate your mental health?

- Excellent
- Very Good
- Good
- Fair
- Poor
- N/A

10 Do you believe there is a mental health crisis in our community?

- Yes - please explain \_\_\_\_\_
- No - please explain \_\_\_\_\_
- Not sure - please explain \_\_\_\_\_

11 Do you believe there is a stigma surrounding mental health?

- Yes - please explain \_\_\_\_\_
- No - please explain \_\_\_\_\_

12 Is there something that you wish to share that has not been asked?

13 What is your race/ethnicity?

- American Indian or Native Alaskan
- Asian
- Black or African American
- Hispanic or Latino
- Multiracial
- Native Hawaiian or Other Pacific Islander
- White
- Prefer Not to Answer

14 What is your gender?

- Female/Woman
- Male/Man
- TransFemale/TransWoman
- TransMale/TransMan
- Nonbinary
- Prefer Not to Answer

15 Which of these describes your total household income last year?

- \$0
- \$1 to \$9,999
- \$10,000 to \$24,999
- \$25,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,000
- \$150,000 and greater
- Prefer Not to Answer

WE DEEPLY VALUE YOUR FEEDBACK AND APPRECIATE YOU TAKING THE TIME TO PROVIDE IT.

- 185 individuals
- English and Spanish

mental health matters

BARTHOLOMEW CO. INITIATIVE

## Share Your Voice.

Changing the future of mental health in Bartholomew County starts with you. Take our community survey and tell us how we can best serve you and your loved ones.

Our mission is to address challenges and improve the mental health system for the well-being of all members in our community through a collaborative effort that involves local mental health service providers, healthcare systems, school systems, judicial systems, city and county government, and social service organizations.

Together, we aim to create a more supportive and resilient community that prioritizes mental health and wellness.

Please take a few moments to complete our survey to help us better understand the needs and concerns of our community regarding mental health. Your input is vital to the success of our initiative. Thank you!

You may also complete the survey on our website - [www.mhmbc.org](http://www.mhmbc.org).

3 Thinking about your mental health which includes stress, depression, and problems with emotions, would you say in general that your mental health is:

- Excellent
- Very Good
- Good
- Fair
- Poor

4 If you, a loved one, or close personal family member has been impacted by mental health issues, how would you describe the impact?

- Excellent

5 If there was a delay in obtaining needed mental health services, please explain why?

- Not enough available resources
- Lack of support from family members
- Lack of support from employer
- Lack of insurance
- Other \_\_\_\_\_

6 If you sought mental health assistance in the past year, how easy was it to access mental health resources?

- Excellent

# Community Voices: Physician Interviews

mental  
health  
matters



Six hours of  
conversations  
with 20+  
physicians  
from CRH ED,  
MH/Stress  
Center, adult  
and pediatric  
inpatient,  
primary care

# Community Voices: Nursing and Social Work Interviews

A grid of 11 video call windows from a Zoom meeting. Each window shows a participant in a professional or clinical setting. The participants are arranged in three rows: the first row has four windows, the second row has four windows, and the third row has three windows. Each window includes a name and role label at the bottom, and a small red 'X' icon in the bottom left corner, likely indicating a muted microphone.

Buffo, Cheryl A. (Cohost, me)

Abedian, Julia C. (Host)

Wilson, Stormy J.

Snyder, Kristi E.

Roberts, Scott A. (Cohost)

Bedey, Christine M. (Tina)

Glick, Staci L. (Cohost)

Hoskins, Mary E.

Patton, Elizabeth C.

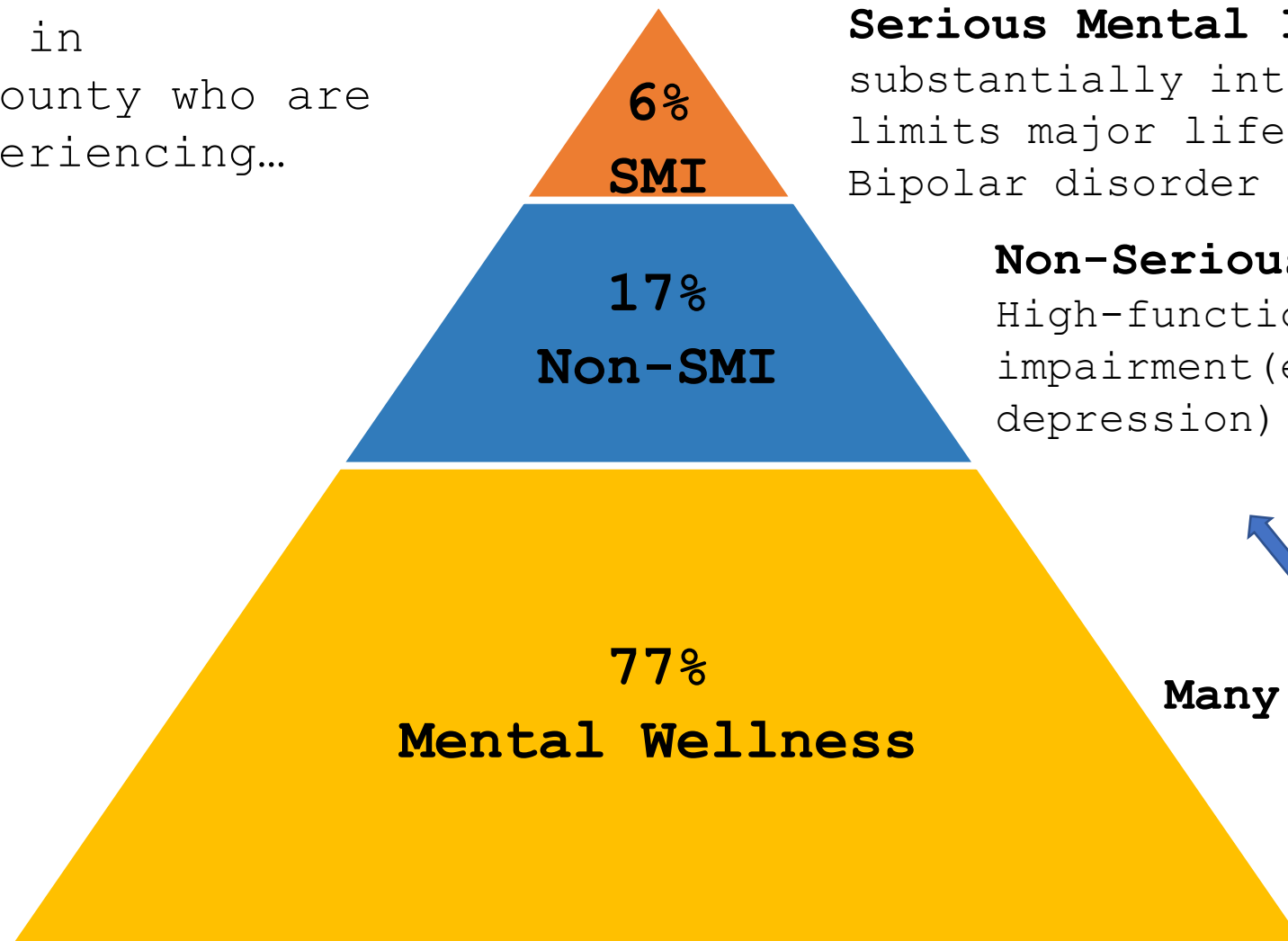
Woolsey, Bryan R.

Johns, Zachery R.

# Who Are We Designing For?



63,000 adults in Bartholomew County who are currently experiencing...



**Serious Mental Illness** that substantially interferes with or limits major life activities (ex. Bipolar disorder or Schizophrenia)

**Non-Serious Mental Illness:** High-functioning, no to mild impairment (ex. anxiety and depression)

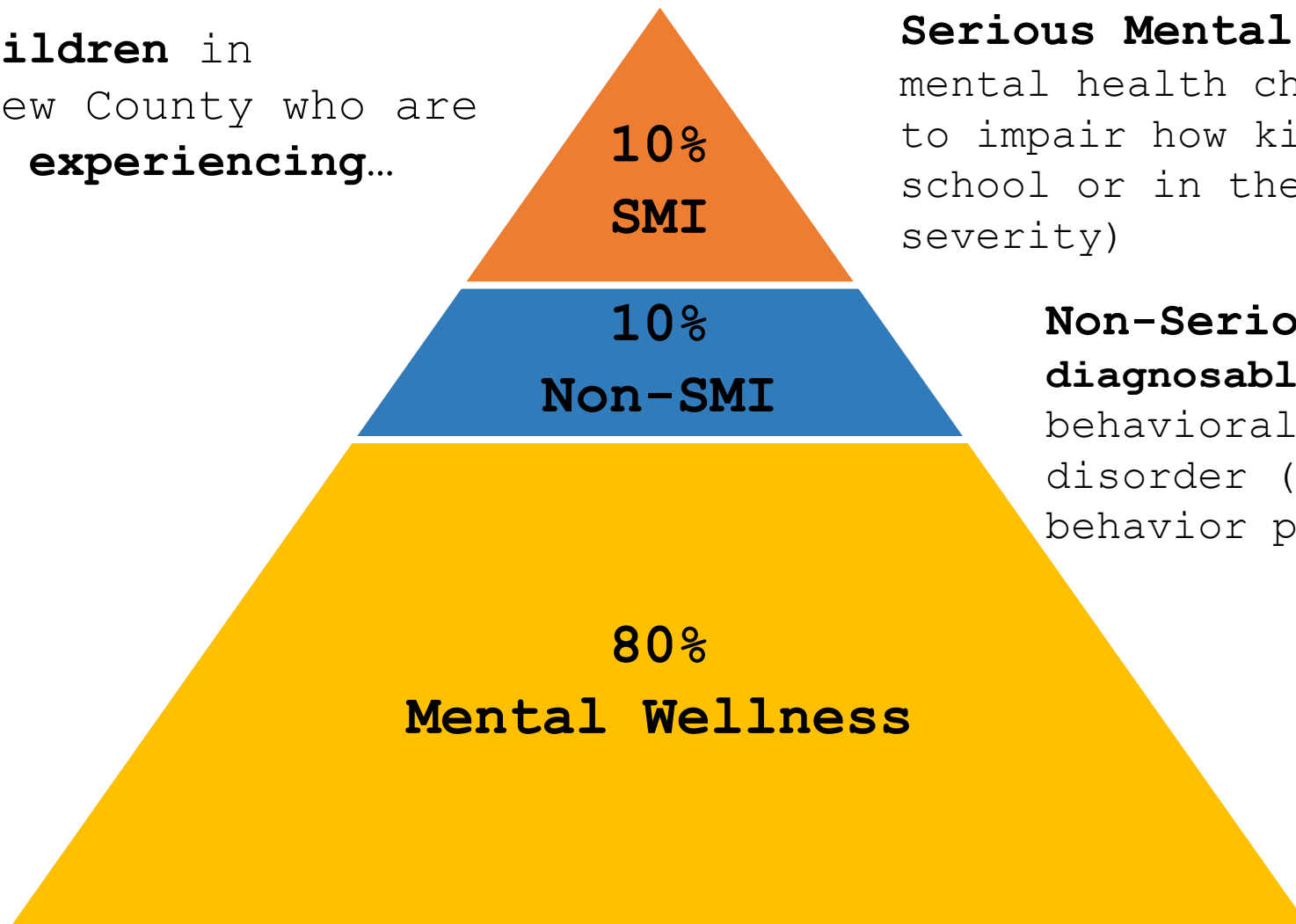
Many are Caregivers



# Who Are We Designing For?



20,000 children in Bartholomew County who are **currently experiencing...**



## Serious Mental Illness

mental health challenge severe enough to impair how kids function at home, school or in the community (increased severity)

## Non-Serious Mental Illness:

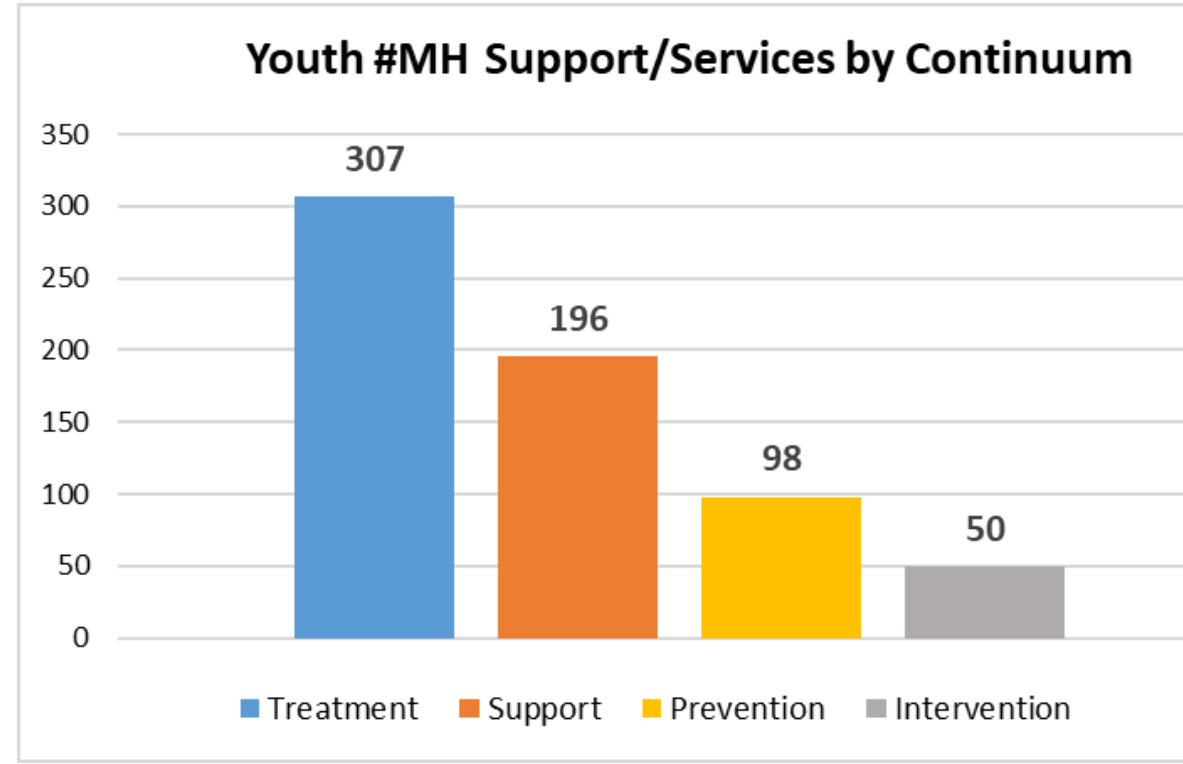
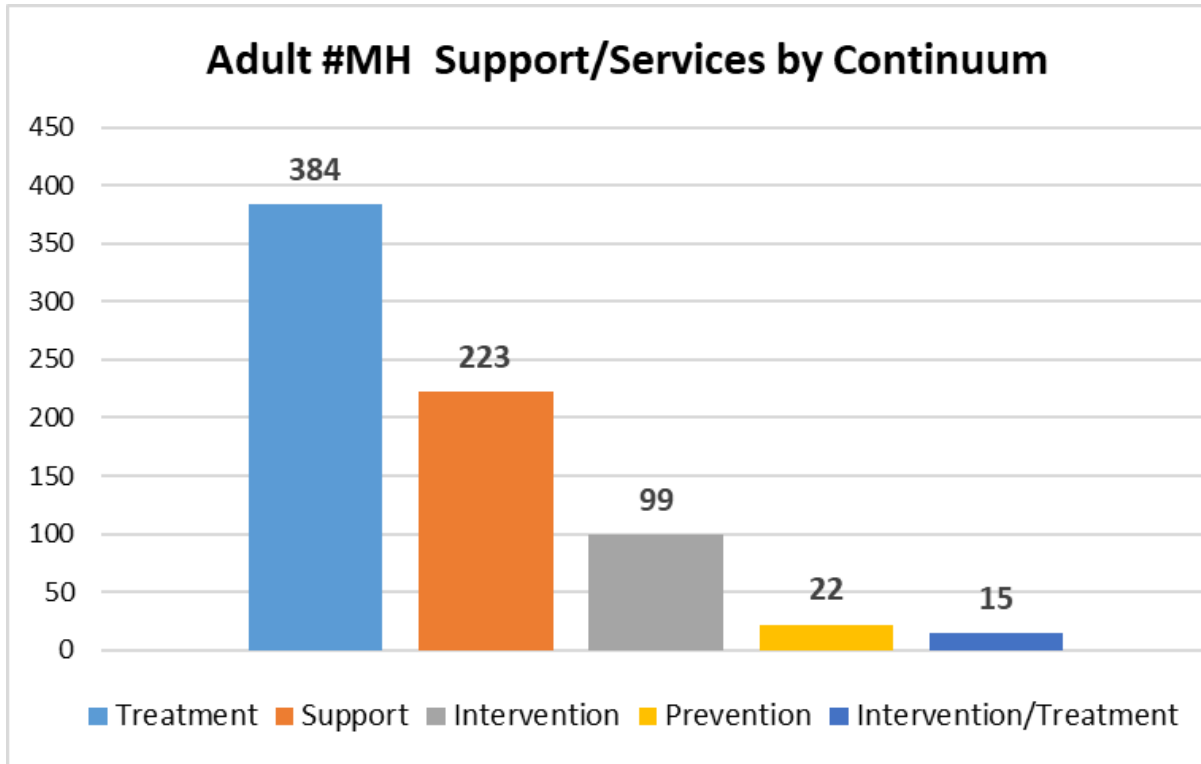
**diagnosable** emotional, behavioral or mental health disorder (ex. ADHD, anxiety, and behavior problems)

# Five Elements of Mental Well-being

How are we doing?

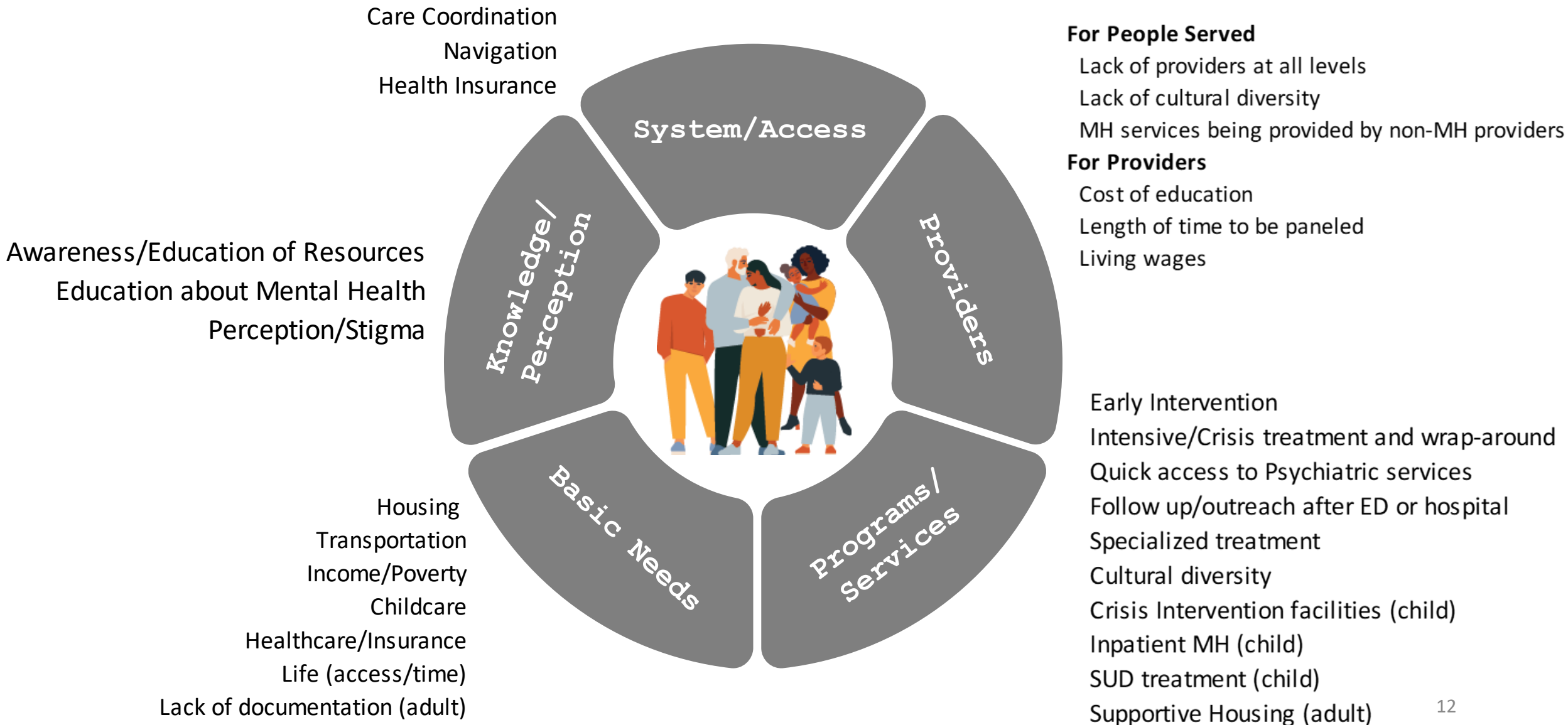


# Current Programs/Services



- Intervention services pertain to the court/justice system
- Intervention/Treatment services are treatment services that are provided in the purview of court/justice system; i.e., Mental Health Court
- We understand this list is not all-inclusive, but believe it is an accurate representation of ratio of services along the continuum of care

# Gaps and Barriers



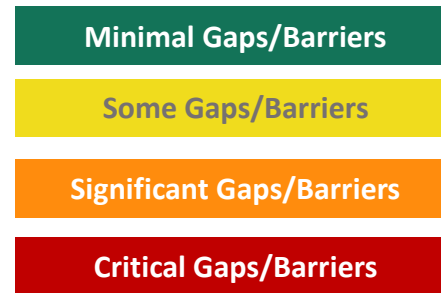
## Non-Serious Mental Illness (Non-SMI)

High-functioning, no to mild impairment

### Adult



### Child



**Family / Caregiver Engagement**

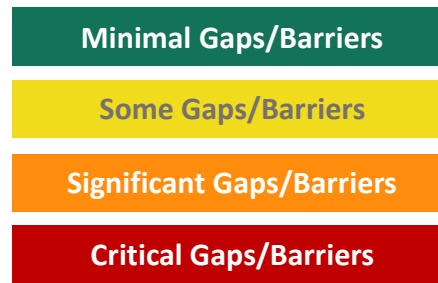
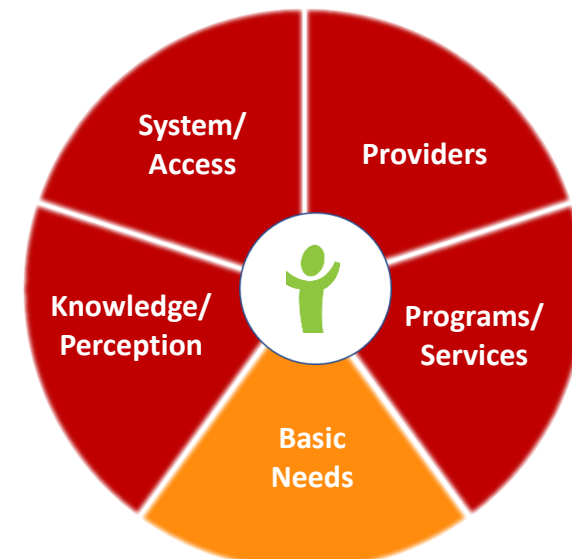
## Serious Mental Illness (SMI):

Substantially interferes with or limits major life activities

### Adult



### Child



**Family / Caregiver Engagement**



Thank you for your time and participation  
today.

Your input is invaluable and  
**together** we are making our mental health  
system better for our community!



[mhmbc.org](https://mhmbc.org) |   [mhmbartholomew](https://www.instagram.com/mhmbartholomew)  
[#mentalhealthmatters](https://twitter.com/mhmbartholomew)