



603-583-2789

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North Hampton, NH 03862

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am - 11:00am	<b>BJJ Open Mat</b>	<b>Adult BJJ</b>		<b>Adult BJJ</b>		<b>Adult BJJ</b>	
11:00am - 12:00pm							<b>Kids BJJ</b>
12:00pm - 1:00pm							<b>BJJ Open Mat</b>
4:00pm - 4:45pm		<b>Kids BJJ</b>		<b>Kids BJJ</b>			
5:00pm - 6:00pm		<b>Adult BJJ</b>		<b>Adult BJJ</b>			
6:30pm - 7:15pm			<b>Intro to BJJ</b>			<b>Intro to BJJ</b>	
7:30pm - 8:30pm			<b>Adult BJJ</b>			<b>Adult BJJ</b>	

[www.granitestatebjj.com](http://www.granitestatebjj.com)

**Closed**

**4<sup>th</sup> of July, Labor Day, Thanksgiving**

**December 25 - January 1**

**Week of Memorial Day**

**The first Friday of every month**