

# **Stanmore Baptist Preschool**

## 6 Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

## 6.4 Nappy changing

### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. When children in Kangaroos, who have no medical or developmental reasons why they are not toilet trained, need a nappy change, their parent/guardian will be called to come back and change them.

We provide nappy changing facilities (downstairs) and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### Procedures

- Nappies are changed when soiled or if deemed to be wet
- We encourage young children from two years to be toilet trained, as soon as they are comfortable with this and if their parents agree.
- Whenever possible, a child's key person will change their nappy. If not possible, another member of staff will change them
- When a nappy change takes place, another member of staff will be aware that it is happening
- A record will be kept of any intimate care (nappy change or soiled underwear)
- Our changing area is warm, with a safe area to lay children on a mat on the floor with no bright lights shining down in their eyes. Our staff will talk to the child throughout the process.
- Each child has their bag to hand with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Surfaces are wiped down with antibacterial wipes before and after a change
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Our staff never turn their backs on a child or leave them unattended whilst they are on the changing mat.

- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet next door.
- We encourage children to wash their hands, and have soap and paper towels to hand.
- Older children, in Kangaroos, access the toilet when they have the need to and are encouraged to be independent. Stars children have to ask an adult to accompany them but they will be encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull
  ups in the setting this may constitute neglect.

Stanmore Baptist Preschool
12 <sup>th</sup> February 2019
February 2020
Claire Ingate
Rebekah Stone