

## **Frenchtown Community Coalition**

Working to create a healthy, engaged, and unified community for the youth of Frenchtown

## **Honk for Frenchtown**

It's safe to say this school year didn't end the way we expected. For many, this 'new normal' has been a difficult and lonely adjustment. So to bring a little hope to our amazing community, the FCC organized and facilitated Honk for Frenchtown— a campaign which allowed students and community members to show support to those who had been affected by COVID-19. Every Friday, starting April 24th and ending May 29th, the football stadium and softball lights at Frenchtown High School were turned on at 20:20 (8:20pm) for twenty minutes. During this time, the community was invited to drive by the high school to honk as a show of support. In May, faculty and staff came out to hold signs and wave as their students drove by.





A huge thank you to everyone who drove by to honk, wave, and cheer for Frenchtown! We hope you enjoyed it as much as we did. Stay healthy and safe this summer!



We're on Instagram and Facebook! Follow us @FrenchtownCommunityCoalition

## **Together Apart**

During this time of uncertainty, brighten a friend, family member, or teacher's day by mailing them a letter. Then, challenge them to send a letter to three more people! The Together Apart template allows you to write a personalized message while also providing the receiver free help resources.

Download the Together Apart letter template at: <u>https://frenchtowncommunitycoalition.com/</u> <u>together-apart-letter</u>

## You don't have to go through this alone. Help is only a call, text, or click away.

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Crisis Text Line: Text "MT" to 741-741

Domestic Abuse Hotline: 1-800-799-SAFE (7233)

Child Abuse Hotline: 1-866-820-5437

Mental Health & Behavioral Health Support: http://covid19.missoula.co/mental-and-behavioral-health

Montana Warmline: 877-688-3377 (or) http://montanawarmline.org

Alcoholics Anonymous: 1-833-800-8553

Montana Tobacco Quit Line: 1-800-QUIT-NOW (784-8669) (or) montana.quitlogix.org

My Life, My Quit (Age 18 and under): 1-855-891-9989 (or) mylifemyquit.com

The LGBT National Hotline: (888) 843-4564 (or) https://glbthotline.org

SAMHSA's National Helpline (for mental and/or substance use disorders): 1-800-662-HELP (4357)



If you have questions or would like to join the Frenchtown Community Coalition Please contact <u>FTCC@ftsd.org</u> or call 626-2772

