



PRINCE EDWARD COUNTY

ONTARIO, CANADA

BLACK RIVER RIDGE

EVENTS, RETREATS,
ARTCLASSES



PRINCE EDWARD COUNTY: Prince Edward County is an island in Lake Ontario where you go to fall in love with food, nature, art and community all over again. We're a cluster of small hamlets and villages. Our roots are deep in farming and agriculture, trade through our waterways, and unique natural features surrounded by 800km of shoreline. You may have just found us but we've been welcoming visitors to our beaches for almost 200 years.

3 Days – 2 Nights Art Transformational Retreat Weekend

A transformational weekend of art, awakening therapy, and peaceful connection.

Explore your inner self in a safe, judgement-free space. Discover the amazing benefits of art, nature and nutrition for healing and growth. Release anxiety & stress, practice mindfulness, process emotions.

The drive along the Black River Ridge country lane and up the ridge is meant to be a transformational experience, to compel visitors to slow down, to be aware of their surroundings. Once at the crest of the ridge, the farm lane opens into a clearing that reveals a large, modern barn, home of Black River Ridge Retreat. At this hilltop retreat Rosanne teaches art classes and nurtures budding artists, giving both beginners and experienced artists a restful place in which to leave their day behind.

Art Skill Level: Beginner, Intermediate, Advanced – All skill levels are welcome.

Drop out of “normal life” for a period. Have a wonderful time learning a different practice than your own. Connect with nature and yourself by disconnecting from the daily grind. Return home at peace and feeling refreshed in your body



OUR THERAPIST

Natalie Fader: RNT, NNCP, CBT

Natalie is a registered nutritional therapist, natural nutrition clinical practitioner and advanced yoga therapeutics practitioner based in Prince Edward County and Toronto.

She brings warmth, inclusivity, and her own humility into our sessions while also weaving in humour, and self-compassion.

A session with her is like seeing a nutritionist and a counsellor at the same time. She incorporates, behaviour and healing and teaches from a platform that incorporates nutritional science (less fads), minimizing restrictions, and strengthening intuitive bonds with not only food but with oneself.

Black River Ridge Located in South Shore

----- 120 ACRE FARM

Today ‘The County’ is home to [artists](#), entrepreneurs, farmers, [wine](#) makers, [chefs](#) and all sorts of creative and passionate folks. We have a reputation for capturing hearts and imaginations. So be warned. You may find yourself visiting for the weekend but considering [staying for a lifetime](#).

The South Shore – Includes Cherry Valley, Black River, Milford and surrounding areas. It is a nature lover’s dream. Slow down to find community theatre, local honey, fresh fruit and vegetable stands and wineries.



OUR ARTIST – Rosanne Middleton Hanley

Rosanne is Artist, Teacher, and Retreat Owner/Facilitator of beautiful Black River Ridge, Prince Edward County. A life-long graphic designer/artist, Rosanne owned and operated a design, advertising agency in Toronto until her retirement in 2013.

When Rosanne isn’t painting, teaching art or in her field of lavender and baby’s breath, she can be found exploring the field and forest trails on her 120 acre farm in Black River. Rosanne coaches pre-teens and teens in art during the winter months.





Picton Harbour Inn is one of the best places to stay in Prince Edward County, conveniently located in the heart of Ontario's newest wine and culinary destination. It is also close to shopping, craft breweries, cider makers, [Sandbanks Provincial Park](#), and the many studios, galleries, and farm markets.

What makes this retreat Special.

Create in a peaceful, natural, judgement free environment. Brought to you by inspiring teachers in an inspiring setting.

BLACK RIVER RIDGE. CA

Itinerary

DAY ONE:

4:00pm - **Early Bird Discovery Workshop** - An introductory art workshop where you will be able to visit each creative station and test drive the exercise.
 6:00pm - **Welcome Circle** - Rosanne, owner/event co-ordinator - For all participants to meet and greet. Snacks and alcoholic and non-alcoholic **drinks** will be provided.
 7:00pm - **Group BBQ** - Dinner, drinks and fireside gathering. We provide health conscious, on-site prepared snacks and meals. Participants have told me it feels like "Friendsgiving".

DAY TWO:

8:30am - Breakfast - Black River Continental or the Lighthouse Restaurant - **voucher provided**.

9:30am - Morning Trail Walk (optional)
 10:00am **Transformational Art Workshop** with Rosanne
 12:00 **Lunch Break**
 1:00 - 3:00pm - **Transformational Art Workshop** with Rosanne
 3:00pm **Therapy Circle** - with Natalie
 5:00pm Share the results of the day along with snacks and alcoholic and non-alcoholic drinks will be provided followed by **Group BBQ** - Dinner, drinks and fireside gathering.

DAY THREE:

9:00am - Breakfast - Black River Continental or the Lighthouse Restaurant - **voucher provided**.
 10:00 - 12:00 - **Continue or start fresh - your creative project**.
 12:00 - 2:00 - **Lunch Break, Share & Review**
 2:00 Breakdown & Clean Up
 Departure

RESERVE YOUR SPOT TODAY! SAVE 20% IF YOU BOOK BY APRIL 30TH.

Where to Sleep
Picton Harbour Inn
613-476-2186
reservations@pictonharbourinn.com



BOOK A STAY

There are several options available to you.

Careful Budget - Picton Harbour Inn. Sharing with one other participant - Or bring your group and manage your own cost for accommodation. 4 sharing.

Low Budget - Onsite vintage trailer THE GYPSY - sleeps 1 - includes kitchen and bathroom. \$75 per person per night.

Camping - FREE Bring your own gear.



Black River Ridge barn offers a large open, art event space, high ceiling, 6 skylights, fully equipped art workshop stations. Inside you will create art from all angles, experience painting from the loft to experience a bird's eye view. The barn interior is filled with paintings, acrylic wall hangings, art deco furniture and sculptures on display. Wash up stations, washrooms and indoor and outdoor meeting/meal/dining areas are available.

WEEKENDS: SPRING, SUMMER, FALL

\$875 REDUCED OFFER – ENDS APRIL 30TH.



Drawing and Painting from life will be unlike anything you have ever experienced, rich with discovery, surprise & delight. An unforgettable place and space to decompress, relax and discover yourself.



What's Included

- Inspiring art and therapy leaders
- 2 nutritious dinners, lunches, breakfasts
- Art workshops- All art materials are included. Fully equipped workshop stations. Washrooms and wash up facilities.
- Welcome alcoholic drinks, water, tea, coffee & snacks
- Fireside gatherings
- Wifi connection



What's Not Included

Accommodation & Transportation

Our venue is located in picturesque Black River, Prince Edward County, ON near Picton. 2.5 hours from Toronto, 1 hour from Kingston, 1.5 hours from Ottawa.

Where to Stay - we recommend The Picton Harbour Inn, 33 Bridge Street, Picton K0K2T0 **613-476-2186**
reservations@pictonharbourinn.com
 Or review Tripadvisor or Expedia

HST not included.



**art
CLASSES
Uxbridge.ca
& PEC.ca**



Art Retreat is Normally \$1095 plus hst.

Book before April 30th for \$875 and SAVE 20%.

CLIENT REGISTRATION FORM

NAME: _____

COMPANY NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____

ART SKILL LEVEL: BEGINNER INTERMEDIATE ADVANCED

FOOD ALLERGIES: _____

OTHER CONCERNS: (MOBILITY): _____

BLACK RIVER RIDGE BARN IS WHEELCHAIR ACCESSIBLE

1. What art medium are you most familiar with? Acrylic, Water color, Oil, Pastel, Pens and pencils, Other (please explain)

2. Do you admire any established artists? Who are they?

3. What would you like to draw/paint? Do you have any images that you could send me in advance?

4. Would you like to have a telephone chat before the RETREAT?

BEFORE APRIL 30TH: THE COST IS \$875 PLUS HST

AFTER APRIL 30TH: THE COST IS \$1095 PLUS HST

50% DEPOSIT TO SECURE DATE BALANCE DUE 14 DAYS BEFORE DATE



SAVE YOUR DATE: SPRING, SUMMER, FALL

BEFORE APRIL 30TH: THE COST IS \$875 PLUS HST

AFTER APRIL 30TH: THE COST IS \$1095 PLUS HST

50% DEPOSIT TO SECURE DATE BALANCE DUE 14 DAYS BEFORE DATE

YES I WOULD LIKE TO BOOK A RETREAT

MAY 11 MAY 18 MAY 25 JUNE 1

JUNE 8 JUNE 15 JUNE 22 JUNE 29

BRING A FRIEND AND SAVE 10%

REGISTER ONLINE: GO TO
WWW.BLACKRIVERRIDGE.CA

REGISTER BY EMAIL: ETRANSFER 50% OR \$450
TO ROSANNE.MIDDLETON@HOTMAIL.COM

I WOULD LIKE MORE INFORMATION:

Payment, Cancellation and Refund Policy

50% Deposit Required by April 30th. Balance due 14 days before retreat start date.

Cancellation Policy

· 100% deposit refund for cancellation 30 days before retreat start date.
· 50% deposit refund for cancellation 14+ days before retreat start date.

Contact Rosanne Middleton Hanley at info@blackriverridge.ca for Corporate Group Discounts and Private Events.

Go to www.artclassespec.ca for more information on Art Classes in Prince Edward County.

Go to www.blackriverridge.ca for more information on Art School, Special Events and Art Gallery opening hours in Black River, Prince Edward County.

BLACK RIVER RIDGE & ART CLASSES PEC
213 County Road 16, Black River, Milford,
ON, K0K 2P0

PHONE: ROSANNE 416-809-5115



**art
CLASSES
Uxbridge.ca
& PEC.ca**



Paint Zinnias - We will paint art works with fluid and full body acrylics. Thick over thin. Look for shapes. Explore color theory. Zinnias, sunflowers. AND MORE...

Art Classes PEC, Black River Ridge

Daily Art Classes & Special Events

Students from every skill level are welcome. From introductory and life painting to more contemporary and abstract techniques in oil, acrylic, pastels, watercolour and water-based media. Learn to draw and paint fluidly, confidently. Build your portfolio, practice your studio skills. Revisit art fundamentals. Abstract your photos and earn great results.

DAILY ART CLASSES

PAINT FLORALS FROM LIFE - We will sketch and paint art works with fluid and full body acrylics. Thick over thin. Look for shapes. Explore colour theory. Lavender, zinnias, sunflowers. AND MORE...

ART 101 & 102: Tricks & Tips: Through a series of visual and drawing exercises, you will be able to test and improve your art skills. We will cover art fundamentals: line, form, values, composition, patterns and more. You will try pastels, watercolours/gouache, acrylic and oils.

GO BIG OR GO HOME. We will paint large art works on canvas boards with fluid and full body acrylics. Paint thick over thin. Look for the shapes. Explore colour theory. Wild animals, landscapes, beach scenes AND MORE...

PAINT PORTRAITS. Working from photos you will learn how to create and capture your subject accurately, with feeling. Practice how to control and mix your materials through under painting and layering. Understand how to choose your art materials that best suit you. Ideal for painting you or your loved ones.

What's Included in the Art Classes

- Inspiring subjects and setting.
- All art materials are included.
- Fully equipped workshop stations.
- Washrooms and wash up facilities.
- Welcome drinks, water, tea, coffee.
- Wifi connection

SPECIAL EVENTS May thru Sept.

3 Day – 2 Nights Art Transformational Retreat: Weekend, Black River Ridge – Prince Edward County – ON SPRING, SUMMER, FALL

A transformational weekend of art, awakening therapy, and peaceful connection. Explore your inner self in a safe, judgement-free space. Discover the amazing benefits of art, nature and nutrition for healing and growth. Release anxiety & stress, practice mindfulness, process emotions.



PAINT LAVENDER EVENT

July – Black River Ridge, Prince Edward County Wicker baskets brimming with lavender, baby's breath and smoke tree will be on display to create paintings from. This one day event will be open to all creative people, young and old. Painters must bring their own outdoor painting kit. Early birds get access to a spots in the shaded outdoor classroom.

PLEIN AIR PAINTING DATES COMING SOON. Experience the fun and the thrill of painting plein air on Black River Ridge. Glorious views of Lake Ontario and the lovely country lane make stunning compositions. This one day event will be open to all creative people, young and old. Bring your own outdoor painting kit.

GROUP RATES AVAILABLE – PAINT PARTIES – PRIVATE LESSONS – KIDS ART CAMP – FAMILY PAINT DAY

WHAT TO PAINT? LANDSCAPES, BIG SKYS, CLOUDS, WATER, ROCKS, WAVES, RIVERS, WILLOWS, FISH, ANIMALS, FLORALS, ABSTRACTS, SEASIDES, SUMMER COTTAGES, BEACH, BIRDS AND MORE...

SAVE YOUR DATES FOR ART CLASSES, RETREATS & SPECIAL EVENTS!

For more information on details go to: www.artclassespec.ca or www.blackriverridge.ca

YES! I would like to register for an art class, retreat or special event.

Name: _____ +

Address: _____

Email: _____ Phone: _____

ART SKILL LEVEL: BEGINNER INTERMEDIATE ADVANCED

FOOD ALLERGIES: _____ OTHER CONCERN: (MOBILITY): _____

BLACK RIVER RIDGE BARN IS WHEELCHAIR ACCESSIBLE

CONTACT: Rosanne Middleton Hanley at info@blackriverridge.ca or rosanne.middleton@hotmail.com
PHONE: 416-809-5115



Dedicated Educator: Rosanne Middleton-Hanley, is a graphic designer with over 30 years spent serving clients across Canada in advertising and design. With a lifetime of drawing & painting experience she is highly regarded as an inspiring art teacher. Whether you are a beginner, intermediate or advanced painter, she can bring out the best in you.