

## *Botanas*

### **Ceviche Marinero**

White fish marinated in lime juice w/ lettuce

### **Combo Platter**

Chicken flautitas, quesadillas, beef nachos, guacamole, and sour cream

### **Spinach Quesadillas**

A combination of monterrey jack and fresh sauteed spinach, guacamole and sour cream

### **Nachos al Carbon**

Bean and cheese nachos w/ fajita meat

Pico de gallo on top

### **Chicken Nachos**

### **Chile con Queso**

### **Tostada de Ceviche**

### **Tostada de Camaron**

### **Danielita's Nachos**

Beef, bean, cheese, guacamole & Sour cream

### **Fajita Quesadillas**

Combination of monterrey jack and fresh grilled fajitas, guacamole and sour cream

### **Bean & Cheese Nachos**

### **Beef & Cheese Nachos**

### **Guacamole Salad**

### **Tortilla Soup**

## *Cocteles*

### **Coctel "La Isla"**

Mexican style shrimp cocktail, specially cooked large and small shrimp with cilantro & avocado

### **Coctel de Camaron**

Spicy Mexican style shrimp cocktail

## *Ensaladas*

### **Taco Salad**

Fresh, cut lettuce, tomatoes, and onions, topped with taco meat and sour cream

### **Grilled Chicken Salad**

Fresh lettuces topped with grilled chicken breast

## *Comida Tradicional*

### **Enchilads Verdes**

Two chicken enchiladas covered w/ green tomatillo sauce, rice & beans

### **Enchiladas de Pollo**

Sour cream chicken enchiladas, with rice and beans

### **Chile Relleno**

Choice of cheese or beef poblano pepper served with rice and charro beans

### **Tamales Plate**

Three tamales, serve w/ rice & beans

### **Danielita's**

A crispy taco, cheese enchilada, rice & beans

### **Echiladas Cowboy**

Two fajita enchiladas, topped w/ cheese sauce  
Served with rice and beans

### **Flauta Dinner**

three crispy, chicken flautas, with rice, beans, guacamole and sour cream

### **Grande Dinner**

A crispy taco, two beef enchiladas cheese taco, rice, beans and guacamole

### **Beef (Cheese) Enchiladas**

Beef enchilads covered with chili con carne, served with rice & beans

### **Enchiladas Rancheras**

Two chicken Enchiladas covered with ranchera sauce, served with rice, and beans

### **Spinach Enchiladas**

Two spinach enchiladas covered with green tomatillo sauce, rice and beans on the side

### **Chalupa Dinner**

A beef, & a chicken chalupa, rice & beans

## *Danielita's Specialties*

### **Brochetas de Camaron**

A shrimp kabob w/ bell pepper, red onions & other vegetables, on a bed of rice

### **Camarones a la Parilla**

Grilled Shrimp on spices, served with rice and salad

### **Camarones a la Mexicana**

Sauteed shrimp on a spicy Mexican sauce, with rice and salad

### **Camarones Empanizados**

Butterfly shrimp, breaded and deep fried, served with french fries and salad

### **Shrimp Fajitas**

Mexican style shrimp fajitas, served w/ rice, beans, guacamole, & sour cream

### **Seafood Fajitas**

Combination of grilled shrimp and fish fillet Served w/ rice, beans & guacamole salad

### **Pescado Frito or Empanizado**

Whole catfish, breaded and deep fried, served with french fries and salad

### **Filete Empanizado**

Breaded and deep fired white fish fillet, served with french fries and salad

### **Filete a la Plancha**

Grilled, white fish fillet on a blend of spices served w/ rice, salad & a toast

### **Filete En Vino**

Pan fried, white fish fillet marinated on wine & Garlic suace, served w/ rice and salad

### **Plato Marino**

Seafood combo, fish fillet, and shrimp, breaded and deep fried

### **Camarones a la Diabla**

Large shrimp cooked on our own blend of chiles Diabla sauce, refried beans, rice & salad

## *Parilladas*

### **Pechuga a la Parilla**

Grilled chicken breast, served with rice, beans, and salad

### **Carne Asada**

Choice tenderloin, grilled on a blend of spices, served with guacamole, rice and beans

### **Bistek a la Mexicana**

Beef strips grilled with fresh cut tomatoes, onions, peppers, rice, beans, and salad

### **Fajitas for Two (Triple)**

Chicken or beef fajitas for two served w/ Two set ups, triple with three set ups

### **Chimichangas**

Two large flour tortillas filled w/ beef or chicken fajita, served w/ rice & beans

### **Milanesa Plate**

Tenderloin breaded and grilled, served w/ Rice, French fried, & salad

### **Tacos al Carbon**

Two beef tacos, rice, charro beans, guacamole, and pico de gallo

### **Beef/Chicken Fajitas**

Mexican style fajitas, served with rice, beans, guacamole, and sour cream

### **Fajitas Mixtas**

Combination of Beef and Chicken Fajitas, served w/ rice, beans, guacamole & sour cream

### **Tacos a la Mexican**

Three beef or chicken street tacos, served w/ grilled onions and pico de gallo

### **Carne a la Tampiqueña**

Tenderloin grilled, then topped w/ tampiqueña sauce, served w/ rice & charro beans

### **Pork Chop Dinner**

Grilled pork chops, served with rice, charro beans, and salad

Please allow 15 minutes for our House Specialties and Parilladas

## *Lunch Specials* (price changes with substitutions)

1. **Cheese Enchiladas Lunch** - covered with chili sauce, rice and beans
2. **Crispy Taco Lunch** - Two crispy, beef tacos, rice and beans
3. **Burrito Lunch** - Two burritos, rice and beans
4. **Flauta Lunch** - Three flautas, rice, beans, guacamole, and sour cream
5. **Danielita's** - A crispy taco, a cheese enchilada, rice and beans
6. **Chile Relleno** - Poblano pepper filled with cheese, rice and beans
7. **Taco Al Carbon** - One beef or chicken taco al carbon, pico de gallo & beans
8. **Tamales Lunch** - Beef tamales, served w/ rice & beans
9. **Chalupas** - One beef, one Chicken chalupa, rice & beans
10. **Fajita Platter** - Choice of beef or chicken fajitas, rice, beans, guacamole, and sour cream
11. **Pescado Empanizado** - Breaded whole catfish, fries and salad

**Served Monday thru Friday 10 - 3 P.M.**

### *Breakfast*

1. **Huevo con Papas**
2. **Huevo con Chorizo**
3. **Machacado con Huevo**
4. **Chilaquiles**
5. **Huevos Rancheros**
6. **Huevos a la Mexicana**
7. **Texas Breakfast** - Scrambled eggs, choice of sausage, ham or bacon
8. **Cheese Omelete**
9. **Arlington Omelete**- Ham, onions, bell pepper, and cheese
10. **Big Burrito** - Filled with egg with potatoes & machacado or chorizo
11. **Caldo de Res** - Served Saturdays and Sunday
12. **Menudo** - Served Saturdays and Sunday
13. **Huevos en Salsa** - Scrambled eggs with spicy Mexican sauce
14. **Pancakes** - Three pancakes per order
15. **Pancakes & Eggs** - Scrambled eggs and two pancakes
16. **Barbacoa Plate** - Served with rice and beans (Saturday and Sunday only)

### *Para Niños*

**Chicken Nuggets**- French fries  
**Tex-Mex Chico**- Choice of enchilada  
**Hamburger**- Served w/ fries  
**Grilled Cheese** - Served w/ fries

### *Deserts*

**Nieve de Coco** - With kahlua on top  
**Sopapillas** -Hand made, w/ ice cream  
**Flan**- Caramel custard

### *Sodas*

**Mexican Sodas**  
**Fountain Sodas**  
**Aguas Frescas** - ask waitress for flavors  
**Ice Tea**  
**Coffee**  
**Milk**  
**Orange Juice**  
**Hot Coco**

### *From the Bar*

**Cerveza Importada**  
**Cerveza Domestica**  
**Wine**  
**Frozen House Margaritas**  
**House Margaritas on the Rocks**  
**Pina Colada**  
**Strawberry Daiquiri**  
**Scotch, Tequila, Rom, Vodka**  
**Brandy, Cognac**

Fish and chicken dinners may contain small bones. La Isla is not responsible for individual allergic reactions to certain foods. There is a risk associated with consuming raw oysters. If you have chronic illness of the liver, stomach or blood or have immune disorders, you are at greater risk of serious illness from raw oysters, and should eat oysters fully cooked. Please consult your physician immediately if you eat oysters or other raw or undercooked meats, poultry, seafood, shellfish, or eggs and feel sick or are not sure if you are in danger, especially if you have certain medical conditions.