Please fill out the questionnaire below and submit it prior to our meeting, you may attach it to the request or email it to [Theprospectcoaching@gmail.com](mailto:Theprospectcoaching@gmail.com)

Note: Required questions are provided with an asterisk(\*).

1. \* Please share with me some of your vision or goals for your future.
2. \* What is the #1 challenge you are facing right now that you think coaching will help with? Provide as much detail as possible.
3. \* How committed are you to making your vision and desires a reality? (Required)
   1. Very committed I need this solved now
   2. Somewhat committed
   3. Not at all committed
4. \* If you’re not fully committed, please explain what is getting in the way?
5. \* What have you already tried to solve your challenge? Provideas much detail as possible.
6. \* What do you think are your biggest obstacles in reaching your current goals? Provide as much detail as possible.
7. \* Why do you want to improve your situation now? Provide as much detail as possible.
8. \* What will happen if you don’t get support?
9. \* What would you like to see improved in 6 months? Provide as much detail as possible.
10. Do you have the authority to make important decisions about your growth and moving forward with coaching OR does anyone else need to be on the call with us? \*If you are not the decision maker, it is imperative that anyone else needed is on the phone with us. (Required)
    1. It's just me - I don't need anyone else's approval
    2. I'll need my spouse, partner or (other decision maker) on the call as well
11. Please confirm your understanding of the Introductory Session if you are requesting that. This session is for us to determine where you are now, where you would like to go and if my services are a good fit to help you get there. If deemed a good fit, you will be invited to enroll on the phone. (Required)
    1. I understand the nature of this session and am ready to take the next step
    2. I do not understand