

LA CUEVA HIGH SCHOOL BEAR SOCCER 1986-2022 A TRADITION!

**“The will to win is nothing
without the will to prepare!”**

La Cueva Boys Soccer has a history of success. Over the years, La Cueva has celebrated 8 state championships. The JV and C Teams at La Cueva have also enjoyed success winning numerous (JV) Novar Championships and Bryan Cline “C” team/Freshman tournaments.

Approximately 60 participants make up the three teams (Varsity, JV and C Team*) in the program. Varsity head coach is Easy Jimenez assisted by Matt Sandoval. The JV team coach is Nick Romero, and the C Team coach is Steven Torre*. The keys to success for the La Cueva Boy’s Soccer Program are consistency and great players dedicated to the program.

La Cueva soccer tryouts begin on Monday, July 31 thru Aug. 2, 2023. Fitness is a prerequisite. Each player will be expected to come to tryouts in good physical condition and ready to play at the highest level. Team camp will prepare athletes for the demands of tryouts: technically, tactically, and physically.

*The Program may or may *not* have a C Team, depending on the number of athletes participating in tryouts.

BEAR TEAM CAMP 2023

This camp is designed to prepare players (8th – 12th graders) for the 2023-24 season. Players will be involved in technical, fitness, and tactical training sessions.

The coaching staff for the 2023-24 Boys Team Camp will include La Cueva Head Coach, Easy Jimenez, and program coaches Matt Sandoval, Nick Romero and Steven Torres.

This will be our 22nd year for team camp. The emphasis will be tactical training. This camp will involve full soccer play and contact.

Cleats and Shin Guards are mandatory. All athletes should come with a soccer ball, soccer shoes, running shoes, shin guards, water bottle, and a MASK.

Cost: \$200.00 includes Insurance

Complete the back of this page and return it to the address indicated as soon as possible.

Enrollment is based on forms submitted prior to July 15th. Walk-ups are welcome, but players are encouraged to get registration in early to avoid delay in the process. The camp will be competitive so please plan accordingly.

In addition to completing & mailing this Team Camp Registration Form, please complete the *LC Men’s Soccer Athlete Contact Form* on our team website (www.lchsmenssoccer.com), even if you’re a returning player, to ensure you receive email updates.

MEN’S TEAM CAMP

July 24-28, 2022 (MON-FRI)
Arrive Monday at 4:30pm to check in.

ONE Session Daily

5:00 - 8:00 PM

Technique/Tactics/Game Situations
*(*Times subject to change due to weather)*

Enrollment is limited to approximately The FIRST 70 Boys.

Athlete Physicals *MUST* be completed and submitted prior to Team Camp using the APS DragoFlyMax portal. For info on physical forms and how to submit your physical visit: lchsmenssoccer.com/dragonfly-requirements

MANDATORY TRAINING

July 31 thru Aug. 14, 2023.
4:30-6:30 PM (Weekdays Only)

Teams will be announced Aug. 14 at the end of training.

All athletes are expected to come to training with a soccer ball, soccer shoes, running shoes, shin guards, and water bottles.

TRAINING EXPECTATIONS:

**Be on time, be prepared,
and ready to work hard.**

NAME: _____

AGE: _____

August 2023 GRADE: 8 9 10 11 12

T-Shirt (adult): S M L XL XXL

Athlete Phone: _____

Athlete Email: _____

Address: _____

Zip: _____

Parent: _____

Parent Phone: _____

E-mail Address: _____

Medical/Health Problems: _____

I realize the intense demands of a soccer camp and give my son permission to participate in the Bear Team Camp. My child is in good physical health and does not have health problems that might prohibit participation. I agree to make the coaching staff aware of any conditions or injuries that might prohibit or inhibit activities presented in the camps. I agree to hold APS, La Cueva, and La Cueva Soccer harmless for injuries that may occur during camp.

Student-Athlete Signature / Date

Guardian/Parent Signature / Date

BEAR TEAM CAMP 2023-24

Cost before July 14th: \$200.00

Cost after July 14th: \$220.00

Make Checks Payable to:

La Cueva Men's Soccer Booster Club

Mail to: **2023-24 Bear Team Camp**

c/o Sophia Nobrega

9151 Glendale Ave NE

Albuquerque, NM 87122

***Send registration form and check. Indicate athlete's name on check.**

***Physicals** must be completed PRIOR to Team Camp. You will not be allowed to participate without a physical. **Coaches can not collect any physicals - All Physicals must be submitted via the APS DragonFly Max portal.**

Follow the instructions at:

lchsmenssoccer.com/dragonfly-requirements

FOR ADDITIONAL INFORMATION

Call: Coach Easy Jimenez 505-331-6471

Email: easyj@comcast.net

Booster Club: lchsmenssoccer@gmail.com

Website: www.lchsmenssoccer.com

MANDATORY TRAINING INFORMATION

July 31 - Aug. 14

5:00 - 8:00 PM Every Weekday

TEAMS ANNOUNCED

At the end of training on the 14th

**2023-24
LA CUEVA BEARS'
SOCCER TEAM CAMP
"Training for Excellence"**



2023-24 BEAR TEAM CAMP

**July 24-28, 2023
(MON-FRI)**

5:00 PM – 8:00 PM

**Times subject to change*

Revised 4/17/2023