

**Grounded Joy Counseling Services, LLC**  
Lindsay Wortham, LPC, LAC

**Informed Consent for Telehealth**

Healthcare services are available by two-way interactive communications and/or by the electronic transmission of information. Referred to as "Telemedicine" or "Telehealth", this means that I will be evaluated and treated by my therapist (Lindsay Wortham, LPC, LAC) from a different location. Since this is different from traditional, in-person services, this document serves to detail these differences as well as the benefits and risks of this format.

- I understand and agree that my therapist will be at a different location from me.
- Our session will be documented in my medical record.
- I understand that my participation in the process described (called "Telemedicine," "Telemental health" or "Tele- health") is voluntary.
- I further understand that I have the right to refuse the telehealth consultation or stop participation in the telehealth consultation at any time.

Potential Risks:

- Delays in sessions may occur due to deficiencies or failures of equipment.
- Information transmitted may not be sufficient (e.g., poor resolution of video) to allow for appropriate decision making by my therapist.
- Security protocol may fail, causing a breach of privacy or my confidential counseling session information. The system (Therapynotes portal) is secure and is almost impossible for anyone to access the communication.
- A lack of access that might be available in a face-to-face visit but not in a telehealth session may result in clinical assessment errors.
- I understand that my telehealth therapist or myself can discontinue the telehealth session if it is felt that the video conferencing connections are not adequate for the situation or it is felt that the client requires face-to-face evaluation and/or face-to-face in session with the therapist in the same room.

Benefits:

- Patient convenience
- Increased accessibility to therapy where a therapist would normally not be available and/or accessible.
- Ability to see a psychiatrist/behavioral/healthcare provider more rapidly.
- In some cases, clients may be more comfortable talking to a therapist over telemental health using video conferencing than in the same room.

I understand that none of the telemental health sessions will be recorded or photographed.

I acknowledge that Lindsay Wortham, LPC, LAC has explained the consultations in a satisfactory manner and that all questions that I have asked about the consultations have been answered in a manner satisfactory to me or my representative.

Understanding the above, I consent to the Telehealth process described above.

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Signature of Patient/Guardian/Legal Representative

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Date

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Relationship to Patient if signed by other than Patient