

Disclosure Statement

Grounded Joy Counseling Services, LLC

Therapist Full Name: Lindsay Wortham, LPC, LAC

Business Phone: 307-223-1048 **Business Address:** P.O. Box 2420, Laramie, WY 82073

Degree: MA, Transpersonal Counseling Psychology, Naropa University, 2015

Licensure: Licensed Professional Counselor, LPC.13956 (Colorado), LPC 1835 (Wyoming)

Other Licensure: Licensed Addiction Counselor ACD.876 (Colorado)

Therapist Regulations and Client Rights (Colorado)

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Professions and Occupations. The Board of The Division of Professions and Occupations can be reached at:

1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

Under the Mental Health Practice Act, you are entitled to be informed of educational, supervisory, and experience requirements for Mental Health Professionals practicing in the state of Colorado.

A Registered Psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state. A Certified Addiction Counselor I (CAC I) must be a high school graduate or equivalent, complete required training hours and 1,000 hours of supervised experience. A Certified Addiction Counselor II (CAC II) must be a high school graduate or equivalent, complete the CAC I requirements, and obtain additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam. A Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete CAC II requirements, and complete additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam. **A Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a national exam.** A Licensed Social Worker must hold a master's degree from a graduate school of social work and pass an examination in social work. A Licensed Clinical Social Worker must hold a master's or doctorate degree from a graduate school of social work, practiced as a social worker for at least two years, and pass an examination in social work. A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure. A Licensed Marriage and Family Therapist must hold a master's or doctoral degree in marriage and family counseling, have at least two years post-master's or one year post-doctoral practice, and pass an exam in marriage and family therapy. **A Licensed Professional Counselor must hold a master's or doctoral degree in professional counseling, have at least two years post-master's or one year postdoctoral practice, and pass an exam in professional counseling.** A Licensed Psychologist must hold a doctorate degree in psychology, have one year of post-doctoral supervision, and pass an examination in psychology.

(Wyoming)

The Wyoming Mental Health Professions Licensing Board regulates the practice of licensed persons in the field of counseling and other mental health professions in the State of Wyoming. Concerns or complaints

regarding the practice of counseling may be directed to the licensing board or the State of Wyoming Behavioral Health Division. Their contact information is provided below:

Wyoming Mental Health Professions Licensing Board	State of Wyoming Behavioral Health Division
2001 Capitol Ave, Room 104	6101 N. Yellowstone Rd., Suite 220
Cheyenne WY 82002	Cheyenne WY 82002
Phone: (307) 777-3628	Phone: (307) 777-6494
Fax: (307) 777-3508	Fax: (307) 777-5849

This disclosure statement is required by the Mental Health Professions Licensing Act. As of March 1, 1999 Wyoming has implemented a privileged communication statute. This law states that, when involved in legal proceedings (civil, criminal or juvenile) clients retain the right to privacy, unless these specific circumstances exist: a) abuse or harmful neglect of children, the elderly or disabled or incompetent individuals is known or reasonably suspected; b) the validity of a will of a former client is contested; c) information related to counseling is necessary to defend against a malpractice action brought by a client; d) an immediate threat of physical violence against a readily identifiable victim is disclosed to the counselor; e) in the context of civil commitment proceedings, where an immediate threat of self-inflicted harm is disclosed to the counselor; f) the client alleges mental or emotional damages in civil litigation or his/her mental or emotional state becomes an issue in any court proceeding concerning child custody or visitation; g) the patient or client is examined pursuant to a court order; h) in the context of investigations and hearings brought by the client and conducted by the board, where violations of this act are at issue.

I will adhere to the Code of Ethics of the American Counseling Association and National Association of Alcoholism and Drug Abuse Counselors.

Additional Important Client Information

You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes, as well as other exceptions in Colorado, Wyoming, and Federal law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly.

I have read and reviewed with my therapist the preceding information and I understand my rights as a client or as the client's responsible party.

Client's Name (printed): _____

Client or Guardian Signature: _____

Relationship to Client: _____ Date: _____