

## SHADES OF HILTON WALKING TOUR ENGL 101/ALP Prof. Maura Hill/CCBC

We will meet in our classroom, then start the tour at marker # 6 Farmhouse. We will divide in two groups which will go through the tour in opposite directions. You should end up back at # 6 in about 1 hour. Please skip # 10, unless you have extra time.

Mindful Moments:

- Before you read each marker, take 1-2 breaths (you may want to try the box-breathing techniques from the videos in class.)
- After you read each marker, notice how you feel about the information. Write down a word or two to describe your feelings. You don't have to explain your feelings, just notice them.



Journal 3 Assignment

Review the information in the Shades of Hilton historical markers. Then discuss these TWO ideas:

1. Explore your reaction--what were you thinking/feeling as you walked through the exhibit? Why do you think you had these thoughts or feelings?
2. Explore your response--now that you know part of the origin story of CCBC, what does it mean to you? What do you think it means to the college as a whole?

## Relate this to Writing Project One

As you consider your origin story, think about how historical events may have impacted you. For example:

- If you or your parents are immigrants, what was the history of your former home?
- Did the events of 9/11/01 have an impact on your story?
- Was there an event that happened locally—in your home community—that impacted your story? Not all history makes it to the newspapers...e