



2141 Main Street, Unit C Dunedin FL. 34698

AFTERCARE INSTRUCTIONS

- Avoid all washing and contact with water for 24 hours following your session. Keep your brows dry as best as possible. **ONLY** touch your eyebrows with **CLEAN** fingers/items. A fresh pillowcase is recommended.
- In your take home aftercare-kit you will find a small package of aftercare pads. Dab brows with one pad every 30 minutes for the first hour to collect any excess pigment, plasma, lymph, doing so will lessen scabbing & flaking. Your kit also includes soap and your aftercare ointment.
- After 24 hours you will clean the area twice a day with the Dial Gold antibacterial soap provided and water gently with your fingertips. Make bubbles on your fingers 1st and lightly dab (do not rub too hard) your brows with soap and rinse gently with water as you see fit.
- Carefully pat dry your brows & promptly apply a RICE SIZED amount of the provided antibacterial ointment: RecoverAll (same tube is to be used for follow-up appt healing as well. There is plenty, additional aftercare is \$10). Do this twice a day for the 1st 10-14 days following your session.
- You do not need to overuse your Recoverall, a rice sized amount/thin layer 2x a day the first 10-14 days will suffice. You may apply more often if needed, but always a thin layer. Once all flaking/scabbing has subsided you will discontinue washing. You may continue to apply the aftercare as you see fit.

REMEMBER: THEY ARE STILL HEALING EVEN AFTER THE FLAKING HAS SUBSIDED.

- **DO NOT** wash your brows in the shower, wait 15-20 minutes after your shower to wash.
- **DO NOT** apply any other products to the area such as: coconut oil, Vaseline Neosporin, A&D Ointment, Cetaphil, or any other lotions while healing.
- **DO NOT PICK YOUR FLAKES**, they must fall off naturally. Premature removal of flaking/scabbing will develop scar tissue. If you have excessive sweating you may gently wash an additional time if needed.
- Most normal activities can be resumed immediately, but Framed Face Studios recommends that heavy exercise and/or sweat inducing activity be delayed for 3 days (preferably 1 week). Keep a towel nearby thereafter until fully healed (2 weeks). The salt in your sweat will damage your retention the first week, please take it seriously and be vigilant. Avoid prolonged outdoor time as best as possible. Heavy sweating is highly discouraged.
- Keep shower times short. Avoid baths, direct shower spray, excessive steam. Recreational water activities where your brow area will become submerged or wet, such as swimming, should be completely avoided for 2 weeks.

- During the 1st 2 weeks you may apply a thin layer of your Recoverall Ointment before entering the water or a dirty situation to add an extra layer of protection if the situation is unavoidable, but do not submerge them. Absolutely NO SALT WATER.
- Avoid ALL makeup and skin care products on the brow area the first 2 weeks, makeup can skew your pigment color as well as create a risk for infection. After 2 weeks you may lightly pencil/powder if needed before touch-up as long as all flaking/ scabbing has subsided.
- No SUN or sunscreen for the first 2 weeks. Your brows are healing with fresh new skin, avoid the sun and adding any chemicals or products for a minimum of 2 weeks and until your touch up as best as possible. After your brows have fully healed, it is imperative to wear sunscreen on your eyebrows daily for longevity, the first thing that the sun hits when you walk outside is your eyebrows. Protect your investment.
- NO Chemical peels, laser treatments, or harsh face/skin altering products for 6-8 weeks BETWEEN and the 6-8 weeks AFTER your 2nd session. No Botox until all sessions are finished & healed.
- Your tattoo will begin to darken immediately after and during the next 3-4 days. Do not be alarmed. The color will lighten as the skin heals. Fading and loss of pigment may occur after your session while healing. Some flaking off of the pigment may occur on some skin types. Brows may appear distorted in color, too light, or even blotchy after flaking has subsided. This is NORMAL during the first few weeks of healing. Typically, during weeks 3-4 you will see them continue to heal under the skin. Color will begin to become bolder and will continue to heal & bolden up during weeks 5-8 or until your touch up session. Hang in there! It is a requirement of this permanent makeup procedure to have a follow up/ touch up procedure within 6-8 weeks. Your artwork is NOT complete until both procedures have been performed and healed. TRUST THE PROCESS!
- Judgement of your final results should be deferred until 8 weeks following your touch up session. Avoid the following directly on your brows for longevity over the years:
 - Sun
 - Acne medications
 - Skin exfoliants
 - Peels of any kind
 - Smoking
- AVOID Creams containing Retinol, RetinA, glycolic acid, salicylic acid, hyaluronic acid, benzoyl peroxide. **RULE OF THUMB:** Anything that is acidic or will exfoliate your skin sooner than it naturally would will help fade your brows.
- How long your cosmetic tattoos last after your sessions are complete depends on YOU. This is a 2 step process, your initial touch up session is required within 6-12 weeks. Oilier skin types, clients with health issues, & smokers may see fading between their color boosts quicker. In some cases a third session may be needed initially, that is available at the “Color Boost” price of \$150. See Framed Face Studio FAQ’s more details.
- Non-compliance with proper aftercare is unacceptable & visible to the artist. If you have not followed proper aftercare you will no longer be a candidate for Permanent Makeup. Brittany will not move forward with your touch up session or any future sessions. Refunds will not be issued. Follow your aftercare given by your artist precisely, this is your face.

Need to contact Brittany? Call me or text me during normal business hours at 727.400.1206 or send me an [email](mailto:britburr@hotmail.com) at britburr@hotmail.com

UNDERSTANDING THE BROW PROCESS

In order for your permanent cosmetics to look natural, it has to undergo a process. You need to be patient and understand the process and be willing to commit to it. Every client that presents to me is presenting with a completely different canvas, past history, and health issues. All of which affect the skin directly. For instance, if I were to work on a paper bag, burlap, silk, or leather, each one of these would look different once completed, I am as good as the canvas I'm working on. Additional challenges consist of sun worshipping (past or present) medical history, medications, hormones, previous tattoo work, Botox, chemical peels, Retinol/RetinA use, smokers, as well as the natural aging process. Each one of these presents me with a different obstacle.

COLOR

You could lose 30- 40% of color after your first appointment. This is not common, but it is normal. It may appear blotchy. If you have had prior work done there could even be more loss of color or worst-case scenario none at all. At the second appointment, because this is a two-step process, I will be able to see how your body has accepted the pigment and adjust accordingly, we will add another layer of color and or choose a darker color if need be. Be patient! You may still need to powder and or pencil in even after the healed results. The goal is for you to not have to use a pencil, but when working with skin it is not all under my control. This is meant to be a natural enhancement for your brows and will never look solid or bold, those who prefer more solid colored brows may also want to continue to fill them in however you will have a softer brow for every day where you will be able to wake up with eyebrows every morning. When working with skin, the skin is very unpredictable, and there is no such thing as perfection.

SHAPE

I will draw the shape on. You will approve the shape before I start the process. If at any time you choose to change or add to the original drawing after your first appointment you must understand that this could mean more sessions as well as additional charges. Please be sure of the shape and thickness of your brows before I start the procedure. It is my job as a permanent make up professional to give you a well-balanced and properly shaped brow for your facial bone structure as well as a symmetrical brow. However, I do not use stencils. I do measure and show you the measurements before proceeding. The word perfect is not a term used in this profession. It's my job as an artist to create the illusion of symmetry on an imperfectly shaped canvas. Once healed, everything softens, and blends and any little discrepancies are not noticeable. All details will be taken care of at your follow up appointment and not before. This is a process be patient. Trust your artist.

AFTERCARE

The aftercare is equally as important as the actual procedure. You can greatly affect and or ruin everything I do today by not following your aftercare instructions. The healing process continues even after the procedure is complete. The end result depends greatly on your own proper aftercare in your home up to 30 days after your procedure. You will be given detailed aftercare instruction pages, which I will also go over with you in detail. This can also be found on the Framed Face Studio [website](#). This needs to be read over and followed strictly. Failure to follow the steps could cause scar tissue, premature exfoliation, and or loss of all color which would require additional sessions starting at \$100. I will be able to tell if you have followed aftercare. You invest in your permanent make up, please continue to take care of it after you leave my studio.

MAINTENANCE

You will need a color boost every 2-4 years. Fading is very specific to each client and WILL happen. This is an enhancement to your natural brows; this is NOT a permanent solution. Think of your new brows as low maintenance not no maintenance.

WHEN IS IT TIME FOR A COLOR BOOST?

Maintaining the integrity of your skin over time is more important than the boldness of your tattoo. As your brows begin to naturally lighten, makeup is not your enemy. You'll have a great pattern to follow. The longer you wait between Color Boosts the crisper and better your artwork will look each time. Framed Face Studio recommends waiting as long as you can between color refreshes, ideally a minimum of 2 years for most skin types. This will allow your body to break down the pigment particles appropriately to make room for new color as well as keep your skin healthy and clear of scar tissue over the years.