



The American Legion  
 Third District  
 Linda Dvorak  
 1506 Praha St SE  
 New Prague MN 56071

**Can Do!**



## September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 Harvest Rally
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



# Volume 9 Issue 2

## The Commanders Corner

First of all, I want to thank everyone for voting for me as your 3rd District Commander. I am looking forward to doing the best I can and embracing the American Legion "BE THE ONE". I am grateful for the strength of each individual in pursuing the CAN DO attitude. For example, I was honored to be asked to raise the flag alongside Post 108 at the LeSueur County Fair. If everyone helps a little, a lot can get done.

I am anticipating the CAN DO attitude at Camp-O-Ree in September and look forward to announcing my 3rd District Commander project at Legionville. Recently having attended the 103rd National American Legion Convention in Charlotte NC I at-

tended many classes. I was most inspired by the "BE THE ONE" class which gave me new insights in potential PTSD symptoms. It gave me a picture of how different wars have handled the effects of PTSD. I evaluated my own possible symptoms, while listening to the moderator. As I left class, I asked myself, "How do I get the skills to detect and assist other Veterans as I meet them and how can I "BE THE ONE?"

Remember we are a family and as we work together to improve the lives of all the Veterans and their families we are keeping the CAN DO attitude alive.

Thundering Third, I hope you are as excited as I am to see us in first place in the state of MN in membership by September 15. I know when we put our minds in gear, the results will follow. As always, thanks for your individual support of the American Legion. I recognize and value each of you.

Rod Reifsteck  
3rd District Commander.



## Position Endorsements

Post 1776 endorses Joe Tappainer for the Position of District Commander 2024-25

## National Convention Endorsements

Post 1776 Endorses Carla Tappainer as a delegate to the National Convention 2024

Post 1776 endorses Joe Tappainer as a delegate to the National Convention 2024

## District and/or Department Positions

Have you ever thought about getting more involved at the District or even Department Level of the American Legion. If so, please talk to Mark Dvorak, Pat Logan, Don Skow or Duane Anderson.

They can help you understand the various positions and how to move to that next level of leadership.

## The Chaplains Corner

If your post would like training on *What is a Chaplain* or/and *How to be a Chaplain* in the American Legion, contact me. It is a valuable use of time to make space in our busy calendars and address an asset The American Legion considered to be a positive one on its creation over 100 years ago. By ensuring that any Legionnaire could fill the post of a Chaplain was the acknowledgment that who we are as spiritual beings is as normal as who we are as physical beings. They ensured that anyone with a desire to develop the spiritual side of ourselves through individual practice and/or communal practice through an organized religion could fulfill the post. The conversation of how to equip one to provide spiritual leadership would be about a 60 minute block. I am available to train in person or over zoom. Please text/call or email me if you would like to have me at a training event this year. 507-273-0165 or [kladelsman@gmail.com](mailto:kladelsman@gmail.com)

Chp. Kelley Adelsman, Rev.  
3<sup>rd</sup> District Chaplain

### The SAL Update

Greetings 3<sup>rd</sup> District. August is coming to an end, finally. I for one am looking forward to cooler weather. All the squad membership packets are either delivered or are in the process of being delivered. As the membership slips are delivered, the Vice Commanders are also updating our List on Squad Commanders, Adjuncts and Membership Directors, along with meeting times and days. If your information has changed, please reach out to your Vice Commander and let him know.

Membership numbers are not available yet, but, lets get that information passed on to Dennis as you receive it, so that we can get things updated on our end and at Detachment. I would like to be able to hand every Squad a new Goal Plate for their plaques at the end of the year.

This month the 133<sup>rd</sup> Airlift Wing deployed some Airmen overseas for a bit, I'm sure that we have members from our District in that Wing. Let's keep them in our thoughts for a successful deployment and if you happen to know of any Airmen at your posts that were one of those deployed, reach out to the families. See if they need anything. Let them know that the SAL are here to help if needed.

Stay safe, Stay cool and Enjoy the end of summer.

Dave Arend

## CALENDAR OF EVENT

Sept 9	Dept Harvest Rally	Legionville
Sep 23	3rd District Family Gathering	Brownton
Oct 12-15	MN Legion College	Camp Ripley MN
Oct 26-28	Dept Fall Conference	St Cloud, MN
Dec 9	Dept Pearl Harbor Rally	Paynesville Post 271
<b>*Jan 27</b>	<b>3rd District Mid-Winter</b>	<b>Lonsdale Post 586</b>
Feb 3	Dept Sweetheart Rally	Forest Lake Post 225
Mar 2	Dept Appreciation Rally	Montgomery Post 79
TBD	National Commanders Tour	TBD
Apr 27	3rd District Family Gathering	Pine Island Post 184
May 17-18	3rd District Convention	New Prague Post 45
Jun 8	3rd District Cmdrs /Pres Testimonial	Le Center Post 108
<b>*Jun 22</b>	<b>Dept Commanders Testimonial</b>	<b>Montgomery Post 79</b>
TBD	Dept Presidents Testimonial	TBD
July 10-13	Dept Convention	Willmar
Aug 23-29	National Convention	New Orleans

**\*Denotes Change**

### Trivia

What is the average age of a Legionnaire?

What is the highest number continuous years for a living MN American Legion member?

# What's Happening in the District



## Woodbury Post 501

