



Is there anyone who you hold a grudge against? Is there anyone you haven't forgiven? Is there anyone you hate?

Are there any misunderstandings you are unwilling to forget?

Is there anyone you are harboring bitterness, resentment, or jealousy toward?

Is there anyone you dislike hearing praised or well-spoken of?

Do you allow anything to justify a wrong attitude toward another person?

MATTHEW 6:12-15

“and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. If you forgive those who sin against you, your heavenly Father will not forgive your sins.”

Is there anything in which you've failed to put God first?

Have your decisions been made after your own wisdom and desires, rather than seeking and following God's will?

Do any of the following interfere in any way with your surrender and service to God: ambition, pleasures, loved ones, friendships, desire for recognition, money, your own plans?

MATTHEW 6:33

“Seek the Kingdom of God above all else, and live righteously, and He will give you everything you need.”

Are you secretly pleased over the misfortunes of others? Are you secretly annoyed over the accomplishments or advancements of others?

Are you guilty of contention or strife?

Do you quarrel, argue, or engage in heated discussions?

Do you find yourself being divisive?

Are there people you deliberately slight?

JOHN 13:34-35

“So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples.”

Have you failed to seek the lost for Christ? Have you failed to witness consistently for the Lord Jesus? Has your life NOT shown Jesus to the lost?

MARK 16:15

“And then he told them, ‘Go into all the world and preach the good news to everyone.’”



Have you robbed God by withholding His due of time, talents, and money? Have you given less than a tenth of your income for God’s work? Have you failed to support missions work, either in prayer or in offering?

ACTS 20:35

“And I have been a constant example of how you can help those in need by working hard. You should remember the words of the Lord Jesus: ‘It is more blessed to give than to receive.’”

Can you not be trusted with responsibilities in the Lord’s work because you are undependable?

Are you allowing your emotions to be stirred for the things of the Lord but doing nothing about them?

I CORINTHIANS 4:2

“Now, a person who is put in charge as a manager must be faithful.”

Are you careless with your body? Do you fail to care for it as the temple of the Holy Spirit? Do you have habits which defile the body?

Are you guilty of excessive eating or drinking?

I CORINTHIANS 6:19-20

“Don’t realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.”

Do you take the slightest credit for anything good about you, rather than giving all the credit to God? Do you talk of what you have done rather than what Christ has done?

Are your statements mostly ‘I’? Are you more self conscious rather than Christ conscious?

Are your feelings easily hurt?

Have you given pretense of being someone you aren’t?

Do you allow feelings of inferiority to keep you from attempting things you should in serving God?



EPHESIANS 3:20

“Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.”

Do you underpay? Have you been careless in the payment of your debts? Have you sought to evade paying your debts?

Do you do very little in your work?

Do you waste time? Do you waste the time of others?

EPHESIANS 4:28

“If you are a thief, quit stealing. Instead use your hands for good hard work, and then give generously to others in need.”



Do you complain? Do you find fault?

Do you have a critical attitude toward any person or thing?

Are you irritable or cranky? Do you get angry? Do you ever carry hidden anger?

Do you become impatient with others?

Are you ever harsh or unkind?

EPHESIANS 4:31

“Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior.”

Do you listen to unedifying music? Do you watch unedifying tv programs? Do you use your computer in a way that pleases the Lord?

Do you read unworthy magazines? Do you participate in worldly amusements? Do you find it necessary to seek satisfaction from any questionable sources?

Are you doing certain things that show you are not satisfied in the Lord Jesus Christ?

EPHESIANS 5:16

“Make the most of every opportunity in these evil days.”

Have you neglected to thank Him for all things, the seemingly bad as well as the good?

Have you called God a liar by doubting His Word?

Do you worry?

Is your spiritual temperature based upon your feelings instead of God’s Word?

EPHESIANS 5:20

“And give thanks for everything to God the Father in the name of our Lord Jesus Christ.”

Are you taken up with the cares of this life?

Do you find your conversations or the joy in your heart to be over ‘things’ rather than the Lord and His word?

Does anything mean more than living for and pleasing Christ?

PHILIPPIANS 1:21

“For to me, living means living for Christ, and dying is even better.”



Do you ever by word or action seek to hurt someone?

Do you gossip? Do you speak unkindly concerning people when they aren't present?

Do you carry prejudice against true Christians because they are of some different group than yours, or because they don't see everything exactly the same as you?

PHILIPPIANS 2:14

“Do everything without complaining and arguing”

Have you neglected to seek to please Him in all things?

Do you carry any bitterness toward God? Have you complained against Him in any way? Have you been dissatisfied with His provision for you?

Is there any unwillingness in your heart to obey Him fully? Do you have any reservations as to what you would or wouldn't do that might be His will? Have you disobeyed any of God's direct leading?

Consider carefully: Do you engage in empty and unprofitable conversations? Do you lie? do you ever exaggerate, cheat, or steal? Do you overcharge?

COLOSSIANS 3:9

“Don’t lie to each other, for you have stripped off your old sinful nature and all its wicked deeds.”

Do you have any personal habits that are not pure?

Do you allow impure thoughts about the opposite sex to stay in your mind?

Do you indulge in unclean entertainment?

Are you guilty of lustful looks?

2 TIMOTHY 2:22

“Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love and peace. Enjoy the companionship of those who call on the Lord with pure hearts.”

Do you stay away from the preaching of the gospel? Are you irregular in attending services?

Do you think of other things or whisper while the word of God is being preached or read?

Do you neglect to attend or participate in meetings of prayer? Have you neglected or slighted daily or private prayers?

Have you neglected God’s word? Do you find the Bible or prayer uninteresting?

Have you neglected daily family devotions? Have you neglected saying thanks at meals?

HEBREWS 10:25

“And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.”



Do you hesitate to submit to leaders in the church or elsewhere? Do you rebel against requests to help in the work of the gospel?

Are you lazy?

Do you in any way have a stubborn or unteachable spirit?

HEBREWS 13:17

“Obey your spiritual leaders, and do what they say. Their work is to watch over your souls, and they are accountable to God. Give them reason to do this with joy and not with sorrow. That would certainly not be for your benefit.”

Have you allowed yourself to become ‘stained’ by the world?

Is your manner of dress pleasing to God?

Do you spend beyond what is pleasing to God on anything? Do you neglect to pray about the things you buy?

JAMES 1:27

“Pure and genuine religion in the sight of God the Father means caring for orphans and widows in their distress and refusing to let the world corrupt you.”

Do you feel you are doing quite well as a Christian? That you are not so bad? That you are good enough?

Are you stubborn? Do you insist on having your own way?

JAMES 4:6

“And he gives grace generously. As the Scriptures say, ‘God opposes the proud but gives grace to the humble.’”

Have you dishonored Him and hindered His work by criticizing His servants?

Have you failed to pray regularly for your pastor or other spiritual leaders?

Do you find it hard to be corrected?

Are you more concerned about what people will think or what will be pleasing to God?

JAMES 4:11

“Don’t speak evil against each other, dear brothers and sisters. If you criticize and judge each other, then you are criticizing and judging God’s law. But your job is to obey the law, not to judge whether it applies to you.”