

Overnight Infant Care

- ✓ I make sure your baby is safe and secure while you get much-needed sleep
- ✓ I provide support for breastfeeding, bottle-feeding, and pumping moms to ensure everyone is comfortable and well cared for, along with light household tasks while baby sleeps.
- ✓ I use my sleep coaching expertise to help extend your little one's overnight sleep

Available for as often or as little nights as you like in 8-10 hour shifts



good to grow
PEDIATRIC SLEEP COACH +
CHILD DEVELOPMENT SPECIALIST

