

Who do you think you are?

This activity reveals attributes that you prefer related to natural elements. How many do you possess?

1) Pick one element from each row.

Red	Dog	Spring
Blue	Cat	Summer
Green	Bird	Fall
Yellow	Goat	Winter
Orange	Monkey	
Pink	Horse	
Purple	Dolphin	

'Colors are the smiles of nature.' - Leigh Hunt

'Animals share with us the privilege of having a soul.' – Pythagoras

'Seasons change and so do we.' – Nikkiche

- 2) The next box lists characteristics for each of the elements. Write the characteristics of the elements you chose at the bottom of the page.

Red - passionate, lively, ambition	Dog – loyal, protector	Spring - fresh
Blue – peace, stability, affection	Cat – independent, resilient	Summer - warm
Green – fresh, healing, money	Bird – messenger, explorer	Fall - comfort
Yellow – warmth, joy, friendship	Goat – truth, determination	Winter – hope
Orange – excited, zest, creative	Monkey – playful, humorous	
Pink – compassion, beauty, love	Horse – strength, endurance	
Purple – spiritual, dignity, wisdom	Dolphin – harmony, balance	

Example: **Peace, stability, affection, messenger, explorer, fresh**