

2023 LA Tiger Aquatics Spring Invite

Hosted by Tiger Aquatics

April 22nd - 23rd, 2023

Held at the LSU Natatorium

CONDITION OF SANCTION

As a condition of this sanction, Tiger Aquatics agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the Tiger Aquatics Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

ASSUMPTION OF RISK DISCLAIMER

Tiger Aquatics has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

COVID-19 RELEASE

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.

FACILITIES:

L.S.U Natatorium, site of the 1985 National Sports Festival. Indoor 50-meter pool at a constant depth of 7 feet with Non-Turbulent lane lines. Paragon starting blocks. Daktronics Timing System with 8-lane Daktronics electronic scoreboard. A six-lane 25-yard warm-up/warm-down pool is next to the 50-meter pool. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

FACILITY RULES

NO SMOKING IS PERMITTED IN THE POOL AREA.
NO GLASS CONTAINERS ON DECK.

PARENTAL In case of an emergency, parents should see the meet referee.
ACCESS FOR SAFE
SPORT

Held under the Sanction of USA Swimming, Inc.,
 issued by Louisiana Swimming, Inc.
 Sanction #

MEET DIRECTOR	MEET REFEREE	MEET MARSHAL
Jeannine Malbrogh jeannine@swimtaq.com	Andrew Wilkinson Mr_monkey_man_23@yahoo.com	Jeannine Malbrough jeannine@swimtaq.com

MEET FORMAT

This is a timed final competition for all swimmers.
 The competition will be pre-seeded; except the 400 Free & 400 IM.
 The 400 Free & 400 IM will be positive check in events.
 The top 4 heats (32 swimmers) for 13&Over 400 Free & 400 IM will be eligible to compete.
 The top 3 heats (24 swimmers) for 12&Under 400 Free & 400 IM will be eligible to compete.
 The 400 Free & 400 IM will be swum FASTEST to SLOWEST.
 Swimmers must supply their own timer for the 400 Free & 400 IM.

Session	Day	Warm-up Times	Meet Start	Age Group
1	Saturday April 22 nd	8:00-9:00am	9:10am	13 & Over
2	Saturday April 22 nd	1:00pm-2:00pm	2:10pm	12 & Under
3	Sunday April 23 rd	7:00-8:00am	8:10am	13 & Over
4	Sunday April 23 rd	12:00pm-1:00pm	1:10pm	12 & Under

- PLEASE DO NOT ENTER THE FACILITY UNTIL 10 MINUTES PRIOR TO YOUR WARM UP TIMES.

Deadline & Meeting Summary

Entry Deadlines	Time	For:
Saturday April 15th	11:59 pm	Saturday April 22 nd
Session	Meeting Time	For:
1	TBD	Official Briefings

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

**TECHNICAL
SUIT BAN
for 12&Us**

Per LSI Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The LSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer’s guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer’s team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials, and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as “Registration Applied For” will not be accepted. **There will be no on deck registration available at this meet.** A swimmer’s age as of Saturday April 22nd, 2023 determines their age for the entire meet.

MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS

Tiger Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit Tiger Aquatics’ ability to accommodate all requests.

ENTRIES

Entries are to be submitted through members’ Team Unify account on swimtaq.com. A swimmer’s age on the first day of the meet will determine their age for the entire meet. Swimmers will be entered on a first-come-first-served basis, due to athlete number limitations. Meet management has the right to limit the number of athletes in order to comply with Louisiana Swimming, Inc.’s four-hour rule. Meet management reserves the right to reassign events/age groups to different courses. The order of events shall not be changed, but at the discretion of the meet management, breaks may be added.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 6 individual events 3 per session.

ENTRY DEADLINES

Entries must be received by the date Saturday April 15th, 2023 and time listed in the Deadline and Meeting Summary. No late entries will be accepted. There will be no on deck entries.

ENTRY FEES

All fees are non-refundable	
Individual Event	\$5.00 per event
LA Swimming Surcharge	\$8.00 per swimmer
Facility Surcharge	\$5.00 per swimmer
Heat Sheet Surcharge	\$3.50 per swimmer

- SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest.
- SCRATCHES** There will be no penalty for scratching pre-seeded events at the block
- SCORING** This is a non-scored event. No awards will be awarded at the meet.
- RESULTS** Meet results can be found live on Meet Mobile throughout the meet. Results will also be posted on swimtaq.com at the conclusion of the meet.
- COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. Other Meetings may be held at the meet referee's discretion (listed in the Deadline and Meeting Summary).

**OFFICIALS/TIMERS/
VOLUNTEERS**

All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. There will be an officials' meeting at each meet session. A virtual meeting may be held prior to the meet / session at the referee's discretion, and all assigned officials are strongly encouraged to complete and individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should report to their assigned position 10 minutes before session start, and bring a mask, your personal water bottle, and a writing utensil.

**HOSPITALITY/
CONCESSIONS**

Concessions will be sold throughout all sessions. Hospitality will be available for coaches and officials.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Tiger Aquatics, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Order of Events

Saturday AM 13&Older

Girls	Event	Boys
1	200 IM	2
3	100 Free	4
5	200 Breast	6
7	200 Back	8
9	100 Fly	10
11	400 Free	12

*13 & Over 400 Free is limited to the top 4 heats of Girls and top 4 heats of boys.

Saturday PM 12&Under

Girls	Event	Boys
13	200 IM	14
15	50 Free	16
17	50 Breast	18
19	100 Back	20
21	100 Fly	22
23	400 Free	24

*12 & Under 400 Free is limited to the top 3 heats of Girls and top 3 heats of boys.

Sunday AM 13&Over

Girls	Event	Boys
25	200 Free	26
27	100 Breast	28
29	100 Back	30
31	200 Fly	32
33	50 Free	34
35	400 IM	36

*13 & Over 400 IM is limited to the top 4 heats of Girls and top 4 heats of boys.

Sunday PM 12&Under

Girls	Event	Boys
37	200 Free	38
39	50 Back	40
41	50 Fly	42
43	100 Free	44
45	100 Breast	46
47	400 IM	48

*12 & Under 400 IM is limited to the top 3 heats of Girls and top 3 heats of boys.