

COLA's 2021 Mardi Gras Madness Meet

February 20th and 21st

CONDITION OF SANCTION

As a condition of this sanction, COLA agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the COLA.

ASSUMPTION OF RISK DISCLAIMER

COLA has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

COVID-19 RELEASE

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.

COLA COVID 19 MEET PLAN

FACE COVERINGS

All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing(6ft)and mass gathering rules.

ENTRY & EXIT PROCEDURES

Please enter & exit through rear double doors. We will do temperature/ Wellness checks here.

SWIMMER Guidelines

We will comply with current guidelines and regulations listed on the Louisiana Open Safety Site set forth by the State Fire Marshall and Governors Office- Currently this is 3 per lane for warm-ups and we will have no more than 50 on deck.

We will swim a 25 easy at the completion of each race and swimmers will get out on the opposite side of the pool.

SPECTATOR LIMITATIONS

NO SPECTATORS at this time- *we will live stream the meet*

SPONSORED BY: COLA Swimming

SANCTIONED BY: Louisiana Swimming

MEET DIRECTOR: Sarah Landreneau

MEET REFEREE: Bobby Jo Raggio

LOCATION: Earl J. Chris Pool
1919 Eraste Landry

FACILITIES: Indoor, 25 yard, eight lane pool with Kiefer non-turbulent lane ropes.

Water Depth: starting at 4 ft going to 6 ft. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming

Timing: Colorado 5000 system with Infinity Starter, with 1 button, touchpads, and stopwatch back up.

RULES: This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated.

TECHNICAL SUIT BAN for 12&Us

Per LSI Rule 210.2, 12 & Under athletes may not compete in Tech Suits at this this meet.

MAAPP	All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
SAFE SPORT	<p>The LSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.</p> <p>Deck changes are prohibited.</p> <p>Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer’s guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer’s team is unable to attend.</p> <p>Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.</p> <p>Only swimmers, properly certified officials, and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.</p>
ELIGIBILITY	All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete.
ENTRY LIMITATIONS	Swimmers may swim a maximum of 3 individual events per session. Deck Entries will be accepted only if the meet has not reached capacity and only to fill open lanes. No new heats will be created.
ENTRY FEES	Swimmer Surcharge \$8 LA Swimming Surcharge Individual Events: \$3.50

Deadline Please submit all entries by Wednesday, February 17th at noon.

SCRATCHES No additional penalty for scratches, no refunds

COACHES All coaches on deck must be registered and certified with USA Swimming.

OFFICIALS/TIMERS/ VOLUNTEERS

Officials & Timers should report to their assigned position 10 minutes before session start, and bring a mask.

HOSPITALITY/ CONCESSIONS

We will provide bottled drinks and box lunches.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet.

COLA, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

MEET EVENTS/WARM-UP TIMES/ START TIMES

Girls	Saturday Morning Session	Boys
	13&Over 200 IM	
	13&Over 100 Fly	
	13&Over 200 Back	
	13&Over 100 Free	
	13&Over 200 Breast	
	13&Over 500 Free	

Three warm-up sessions: 7:30; 7:55; 8:20. Meet Start: 9:00am

Girls	Saturday Afternoon Session	Boys
	12&U 100 IM	
	12&U 50 Fly	
	12&U 100 Back	
	8&U 25 Back	
	12&U 50 Free	
	12&U 100 Breast	
	8&U 25 Breast	
	12&U 500 Free	

Three warm-up sessions: Noon; 12:25; 12:50. Meet Start: 1:30pm

Girls	Sunday Morning Session	Boys
	13&Over 400 IM	
	13&Over 100 Breast	
	13&Over 200 Free	
	13&Over 100 Back	
	13&Over 200 Fly	
	13&Over 50 Free	

Three warm-up sessions: 7:30; 7:55; 8:20. Meet Start: 9:00am

Girls	Sunday Afternoon Session	Boys
	12&Under 200 IM	
	8&Under 25 Free	
	12&Under 100 Free	
	12&Under 50 Back	
	12&Under 100 Fly	
	8&Under 25 Fly	
	12&Under 50 Breast	
	12&under 200 Free	

Three warm-up sessions: Noon; 12:25; 12:50. Meet Start: 1:30pm