#### LSA TAX DODGE INVITATIONAL LAUREL NATATORIUM APRIL 19-21, 2024

SANCTION: Held under the sanction of USA Swimming and MSI.

MSI Sanction #

SPONSOR: LAUREL SWIM ASSOCIATION

LOCATION: Laurel Natatorium

4978 Highway 84 West Laurel, MS 39443 Tel. 601-428-7665

REFEREE: Jennifer Heggie

jenniferheggie@bellsouth.net

601-917-5960

DIRECTOR Warren Holladay

1022 N 7<sup>th</sup> Ave Laurel, MS 39441 601-577-5814

SPECIAL NOTE: As host of this meet, Laurel Swim Association, acknowledges the

USA Swimming Minor Athlete Abuse Protection Policy, (MAAPP). All USA Swimming members including athletes age 18 and older and adults attending this swim meet and interact with minor athletes are expected to comply with MAAPP. All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers who are attending the swim meet are expected to

understand and comply with MAAPP.

Eligibility for Time Recognition to the Swims Data Base: Times achieved by an athlete member at a sanctioned competition who is 18 years of age, who have not completed the Athlete Protection Training or whose APT has expired by the date of the swim, WILL NOT be

uploaded to the SWIMS Database

FACILITIES: Indoor 50 meter x 25 yd pool, 7 lanes competition long course with 1

warm-up and warm-down lane available, during competition.

Daktronics timing with 8 lane scoreboard: HY-TEK program. The

competition course has not been certified in accordance with

104.2.2C(4).

MEET FORMAT: All events will be seeded and run as mixed events, both age and

gender.

#### **SPECIAL NOTE:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

Operation of a drone, or any flying apparatus, is prohibited over the venue, (pool, coach/athlete area, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

WATER

DEPTH: Minimum water depth for competition course is 4'6" and maximum depth

depth is 9'. Warm up warm down areas have minimum water depth of

4'6".

TIME: Friday: ALL SWIMMERS Warm up: 5:00pm

Competition 6:00pm

Saturday: 12 & YOUNGER Warm-ups: 8:00am

Competition: 9:00 am

OPEN Warm-up 12:00N

Competition 1:00pm

Sunday: ALL Swimmers Warm-up 8:00am

Competition 9:00am

RULES: Current USA Swimming Rules will govern the meet.

ELIGIBILITY: The age of the swimmer on April 19, 2024 determines the age of the

swimmer. All swimmers must be current USA Swimming registered athletes. SWIMMERS WITHOUT USA REGISTRATION NUMBERS

WILL BE REJECTED.

If a swimmer who is not properly registered with USA Swimming, competes in a sanctioned competition, MS Swimming will impose a fine of \$100.00 per event against the individual, member coach or member

club submitting the entry.

COACHES: Coaches must be current USA Swimming Coach Members in order to

perform deck duties. If a coach is not certified, he/she may observe the meet as any other spectator, but may not coach or sit in the coaches' area.

COACHES PACKETS WILL BE GIVEN TO THOSE COACHES

PRESENTING CREDENTIALS.

Coaches will be sent an electronic copy of the heat sheet on or before April 18, 2024. Coaches may distribute to participants as needed.

ENTRIES: The MEET will be limited to the first 200 swimmers per session.

Swimmers may enter up to two (2) events during the first session, Friday. A swimmer may enter up to five events per session, but not to exceed six

(6) events for the day.

The Meet Host reserves the right to combine sessions, or to split the meet into additional sessions as needed. Sessions are limited to 200 swimmers per session.

Coaches and unattached swimmers will be notified by phone and email of the changes. Those unable to attend as a result of this change will be given refunds of entry fees.

Please submit entries via email using hy-tek program or something compatible.

ENTRY FEES: \$5.00 per individual event

\$10.00 per relay

\$10.00 facility fee, per swimmer \$10.00 MSI surcharge per swimmer

Make checks payable to LAUREL SWIM ASSOCIATION

ENTRY All Entries must be in the hands of Warren Holladay no later than DEADLINE **Thursday, April 11, 2024.** 

Late entries will be accepted on a lane available basis, and subject to double the entry fees. No swimmer may scratch one event and enter another. Late entries are due by the beginning of each session.

Mail entries to: Warren Holladay

**Laurel Swim Association** 

P O Box 1007 Laurel, MS 39441

601-428-7665 or 601-577-5814

OR e-mail to: hwholladay@hotmail.com

REPORTING: Swimmers in all events will report directly to the starting blocks. All

entry cards, except for relays, will be at the appropriate lane according to the heat sheet. It is the responsibility of the coach & the swimmers to see that the swimmer reports to his/her assigned lane at the proper time.

THERE WILL NOT BE A CLERK OF COURSE OR BULLPEN.

SEEDING: The meet will be pre-seeded according to Current USA Swimming Rules

for timed finals. Entry forms submitted without times or unreadable times will be seated as No Time (NT). Entry times must be submitted in long course meter times. All events 400 meters and longer will be deck seeded check-in at the start of warmup. Swimmers will be responsible to provide

their own timer and counter as necessary.

All events will be seeded boys and girls together.

WARMUP: Warm-up procedures will follow the MSI guidelines. The first 35 minutes

will be general warm-ups, NO DIVING. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 & 7 are for dives off blocks with one way traffic. The remaining

lanes are for general warm-up. NO DIVING.

#### 4 HOUR RULE

If an age group event for 12 and under is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring the refund must declare his/her intent to the Meet Director or the meet director's designee. There will be no refund for swimmers not in attendance.

SCORING:

Individual events: 9-7-6-5-4-3-2-1 Relay events: No points kept for relays

AWARDS:

Individual events ages 14 and under; First through sixteenth Ribbons

Senior events are swum together male/female and scored separately male/female 14 and younger 15 and older.

Timers & Officials

Each participating team will be given lane timing assignments

proportional to the size of the team. Swimmers will provide timers and

counters for time trial events.

LSA request a list of visiting officials, who are willing to help officiate the

meet.

**DIRECTIONS:** 

Please note some internet maps will lead you in the wrong direction.

From highway 49, take highway 84 east from Collins to Laurel. The pool is part of the Laurel Sportplex approximately 25 miles east of Collins on

the right.

From Interstate 59, take exit 95A from the south, or exit 95B from the north onto 16<sup>th</sup> Ave Highway 15 North. Drive approximately ½ mile turn left onto Highway 84 towards Collins. The pool is on your left about 2

miles and is part of the Laurel Sportsplex.

#### ADDITIONAL

INFORMATION Any swimmer who is NOT swimming an individual event, but is on a relay must pay the \$10.00 MSI surcharge and \$10.00 facility fee in order to be assigned a computer number.

> There will be **NO SMOKING** around the pool, deck, or where swimmers are present, such as bathrooms, or immediately outside the doors, on the patio just outside the pool. NO GLASS containers on the pool deck or patio.

SUPERVISION: A USA swimming member coach must supervise swimmers during warmups, competition and warm-down. Any swimmer entered in the meet, must be certified by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

> Laurel Natatorium will have a lifeguard on duty for warm up and competition.

Swimwear

Restrictions: Swimwear worn at MSI meets must conform to USA Swimming Rules &

Regulations (Art. 102.8 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer's

religious beliefs or medical condition.

**HOSPITALITY** 

CONCESSIONS: Hospitality will be available for coaches and officials throughout the meet.

Laurel Swim Association will provide a concession stand that will include

healthy lunch and snack items.

**MEET** 

PROGRAMS: There will be a limited number of heat sheets for sale at the pool. Coaches

will be provided with an electronic copy of the meet program to be

distributed to team members. These programs will be in coaches email on or before Thursday, April 18 2024. Heat sheets will be offered via meet

mobile at no cost to subscribers.

TO COMPLY WITH SAFE

SPORT: PARENTAL ACCESS: Parents needing access to their athlete during the

meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet them in the foyer of the Natatorium or the

patio.

The Laurel Swim Association welcome all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meet. Coaches entering swimmers with disabilities that require any accommodations are required to provide advanced notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Laurel Swim Association's ability to accommodate all requests.

## SESSION I FRIDAY APRIL 19, 2024 ALL SWIMMERS WARM UP 5:00PM COMPETITION 6:00PM

- 1. 12 & Under 200 IM!
- 2. Senior 800 Free\*!

\*EVENTS WILL BE DECK SEEDED AND SWUM FASTEST TO SLOWEST.

# !SWIMMERS ARE REQUIRED TO PROVIDE THEIR OWN TIMER AND COUNTER AS REQUIRED

### SESSION II SATURDAY APRIL 20, 2024 WARM UP 8:00AM COMPETITION 9:00AM

- 3. 8 & Under 200 Medley Relay
- 4. 12 & Under 200 Medley Relay
- 5. 8 & Under 50 Free
- 6. 12 & Under 100 Free
- 7. 8 & Under 50 Back
- 8. 12 & Under 100 Back
- 9. 8 & Under 50 Breast
- 10. 12 & Under 50 Breast
- 11. 8 & Under 50 Fly
- 12. 12 & Under 100 Fly
- 13. 8 & Under 100 Free
- 14. 12 & Under 400 Free\*

AT THE REFEREE'S DESCRETION THERE WILL BE A 10 MINUTE BREAK, BETWEEN THE 8 & UNDER 100 FREE AND 12 & UNDER 400 FREE \*EVENTS WILL BE DECK SEEDED, SWUM FASTEST TO SLOWEST, SWIMMERS WILL PROVIDE THEIR OWN TIMER, CHECKIN AT BEGINNING OF WARM UP

### SESSION III SATURDAY APRIL 20, 2024 WARM UP 12:00N COMPETITION 1:00PM

- 15. Senior 200 Medley Relay
- 16. Senior 100 Free
- 17. Senior 200 Back
- 18. Senior 200 IM
- 19. Senior 100 Breast
- 20. Senior 200 Fly
- 21. Senior 400 Free\*

AT THE REFEREE'S DESCRETION THERE WILL BE A 10 MINUTE BREAK, BETWEEN THE 200 FLY AND 400 FREE

\*EVENTS WILL BE DECK SEEDED, SWUM FASTEST TO SLOWEST, SWIMMERS WILL PROVIDE THEIR OWN TIMER. CHECKIN AT BEGINNING OF WARM UP

## SESSION IV SUNDAY APRIL 21, 2024 WARM UP 8:00AM COMPETITION 9:00AM

- 22. Senior 200 Free Relay
- 23. 12 & Under 200 Free Relay
- 24. Senior 200 Free
- 25. 12 & Under 200 Free
- 26. Senior 100 Back
- 27. 12 & Under 50 Back
- 28. Senior 200 Breast
- 29. 12 & Under 100 Breast
- 30. Senior 100 Fly
- 31. 12 & Under 50 Fly
- 32. Senior 50 Free
- 33. 12 & Under 50 Free
- 34. Senior 400 IM\*

AT THE REFEREE'S DESCRETION THERE WILL BE A 10 MINUTE BREAK,
BETWEEN THE 50 FREE AND 400 IM

\*EVENTS WILL BE DECK SEEDED, SWUM FASTEST TO SLOWEST, SWIMMERS WILL PROVIDE THEIR OWN TIMER, CHECKIN AT BEGINNING OF WARMUP

By attending or participating in this competition, you voluntarily assume all risks and forever release and hold harmless USA Swimming, Mississippi Swimming and the City of Laurel and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease, or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

SIGNED:					
	COACH/TEAM REPRESENTATIVE				
	LAUREL	SWIM ASSOCIATION			

Tax Dodge Invitational
April 19-21, 2024

	7.p	,	-	
CLUB NAME:			ABBREVIATION	
COACHES:				<u>.                                    </u>
TEAM ADDRESS				
PHONE:				
NUMBER OF INDIVIDU	AL ENTRIES:	@\$	55.00/ENTRY=\$_	
NUMBER OF RELAY ENT	TRIES:	@	\$10.00/ENTRY=\$	s
NUMBER OF TOTAL ATH	ILETES	@\$20	).00/ENTRY=\$	
TOTAL AMOUNT OF FEE	S ENCLOSED		=\$	
IN CONSIDERATION OF CLAIM AGAINST USA O OF LAUREL, AND THE C	R MS SWIMMING	, THE LAURE	L SWIM ASSOCIA	
SIGNATURE OF COACH	OR CLUB REPRES	SENTATIVE:		

Mail entries to: LAUREL SWIM ASSOCIATION

P O BOX 1007

**LAUREL, MS 39441** 

**EMAIL** 

PREFERRED hwholladay@hotmail.com