

Select Biblical Topics

# The Two Laws BY DESIGN

A SERIES FOR THE MATURE DISCIPLE AND NOT FOR  
THE WEAK OF CONSCIENCE

Presented by Bill Ireland



## What are the Two Laws?

*The law of Sin and Death & Law of the Spirit of life*

*2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. (Romans 8:2-4)*

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*This study will use scripture giving preference to the King James version of the Bible*

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Empowering the Believer in Christ to live Righteously and Sin Not

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The Two Laws – By Design, volume 9

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## Introduction

### **The Two Adams, Two Laws, and two Choices**

This chapter explores the biblical teaching on the “first Adam” and the “second Adam,” their lives gave us the two spiritual laws that govern humanity. The practical implication for the Christian life is to realize they have been empowered to live victoriously without sin. We examine what it means to walk by faith, the ongoing struggle with sin, the call to live in the Spirit, and the necessity of victory until the end. Let us answer the question of how to live without sin and not be drawn away by any deception of the evil one. Claim the victory offered by the Faith and remain obedient until the end and life evermore reigning with Christ.



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## Forward

The journey of faith is often marked by questions about identity, purpose, and the struggle between old and new natures. “Two Adams - Two Laws - Two Choices” is a lengthy study that explores the biblical foundations of humanity’s spiritual heritage, the laws that govern humanity, and the choices that determine our destiny. Drawing from scripture, this work invites readers to examine the profound contrast between the legacy of the first Adam—marked by the law of sin and death—and the law of Spirit of life in Christ as the victory found in the second Adam, Jesus Christ.

This study is one of the most significant in terms of the depth of subject matter into the mystery of Christ. The sanctification says the scriptures are good for doctrine and this one study is designed to empower believers with clarity and conviction. It presents a systematic collection of scriptural references, organized by theme and section, to guide readers through the likelihood of living unrighteous or righteous before and after salvation. And then consider, the call of God to live without sin through Christ. Whether you are seeking deeper understanding, teaching resources, or encouragement for your spiritual walk, this study offers a roadmap for victorious living, rooted in the Word of God.

May this work inspire you to embrace the law of the Spirit of life in Christ, to walk in the Spirit, and to persevere in faith and obedience until the end.

## Summary

“Two Adams - Two Laws - Two Choices” provides a thorough exploration of the Christian’s journey from bondage to liberty, from the law of sin and death to the law of the Spirit of life. Through an organized table of scriptures, the study highlights key biblical themes:

- The distinction between the first Adam (fallen humanity) and the second Adam (risen Lord, all things become new), and the spiritual laws each represent.
- The ongoing struggle with sin, the reality of free will, and the necessity of choosing to walk in the Spirit.
- Assurance and responsibility: the believer’s security in Christ and the call to perseverance, obedience, and victory.
- Practical guidance for living sinlessly after salvation, supported by a wealth of scriptural references.

The study’s scripture table serves as both a reference and a teaching tool, enabling readers to trace the biblical narrative across certain Old and New Testament passages. It underscores that while grace offers assurance, it is not a license for complacency; rather, it is the power to live victoriously.

In closing, this study encourages believers to finish well, to overcome, and to be counted among those whose names are written in the Lamb’s Book of Life. The journey from the first Adam to the second Adam is not merely a theological concept, but a call to daily surrender, faithfulness, and hope in Christ.

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## 1. The Two Adams: Humanity's Spiritual Heritage

Scripture presents two “Adams”:

- The **first Adam** is the original man, whose disobedience brought sin and death to all humanity (Romans 5:12). The temptation was presented to Adam to disobey God. When he willingly disobeyed and his failure led to the fallen state and enjoined all as a class who would be under **the law of sin and death**.
- The **second Adam** is Jesus Christ, whose obedience made him a quickening spirit. His life of obedience led to a restorative reconciliation for all who would believe upon his finished work. Sinful man could change classes because the debt concerning Satan's claim over fallen man was a new class, having paid off the debt of the old law for all who would come after that opt in much like a class action lawsuit joining the new class that is under **the law of the Spirit of life in Christ Jesus**. The opting in shared the victory over sin and death we call being born again (Romans 5:17-19; 1 Corinthians 15:45-49).

Every person is born under the legacy of the first Adam—subject to the law of sin and death. Only through faith in Christ, the second Adam, can one enter under the law of the Spirit of life in Christ Jesus having victory over the law of sin and death.

The Adamic creations are called Federated creations of man. Of necessity they start with a clean slate. They represent in scripture a class of man that has no earthly father and there are just two of them called the first and second Adams. Jesus' virgin birth by being overshadowed and conceived by the Spirit represent the totality of this class. What one did by sin, and then what the other did by obedience gave two outcomes, one to death and one to life. They were born with a sinless beginning. And how they lived their life, the first Adam, as disobedient cast all descendants of the first Adam as servants of unrighteousness reveals that by their respective disobedience and their obedience sets forth the characteristics of the two different laws. One the garden curse: the law of sin and death, and the other, risen Lord of the law of the Spirit of life.

### Two Adams, Two Laws

- **First Adam (fallen humanity):**  
All who remain in Adam are under “the law of sin and death.”
  - Romans 5:12 (KJV): “Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned.”
- **Second Adam (Christ):**  
All who are “in Christ” are under “the law of the Spirit of life.”
  - Romans 8:2 (KJV): “For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.”

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- 1 Corinthians 15:22 (KJV): “For as in Adam all die, even so in Christ shall all be made alive.”
- James 1:25 (KJV): “But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.”
- Galatians 5:1 (KJV): “Stand fast therefore in the liberty wherewith Christ hath made us free and be not entangled again with the yoke of bondage.”

## Key Insights

- **The “law of sin and death”** is the spiritual principle inherited from Adam: all are born under sin’s power and its penalty (death). Slave to unrighteousness and disobedience.
- **The “law of the Spirit of life in Christ Jesus”** (or “law of liberty”) is the new principle for those who are in Christ: freedom from sin’s power and condemnation, by the Spirit. Free to obey God.
- **Transition:** One moves from the first to the second class by faith in Christ—being “born again,” receiving a new nature, and enabled to live by the Spirit.

### Summary Table of the Adamic Class: one to disobedience and one to life.

Adam / Law	Condition	Key Verse(s)
First Adam / Law of Sin and Death	Under the curse, bound to sin	Romans 5:12; Romans 8:2
Second Adam / Law of the Spirit of kufe in Christ	Under grace, free in the Spirit	Romans 8:2; James 1:25; Galatians 5:1

## In short:

- The “old man” (first Adam) cannot escape sin or its penalty.
- The “new man” (in Christ, the second Adam) is set free from sin’s dominion and is called to walk in the Spirit, under the “law of the Spirit of Life” in Christ Jesus. This is also found as the perfect law of liberty or just the liberty in Christ.

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## 2. The Two Laws: Sin and Death vs. Liberty in Christ

Paul describes two spiritual laws:

- **The law of sin and death:**  
“For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.” (Romans 8:2, KJV)
- **The law of the Spirit of life:**  
“Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.” (Galatians 5:1, KJV)  
“But whoso looketh into the perfect law of liberty, and continueth therein... this man shall be blessed in his deed.” (James 1:25, KJV)

In Christ, believers are set free from sin’s dominion and called to walk in the Spirit.

One may wonder as to the role of free will or choice. Even the angels were found to have 1/3 choose to follow after Satan and 2/3 remaining loyal to God. There have been popular notions that getting saved is easy and on the other hand, living by faith is hard. It might be easy if those living under the law of the Spirit of life we were forced to walk in the Spirit as in an irresistible force would make one walk by faith but what does the scripture say, does a believer have to keep choosing life? Can they choose to sin, even though it’s not a good idea? And lastly is there any impact to the hope in the resurrection promised at Christ’s return?

### Direct Biblical Answer

**Believers in Christ (“the of the Spirit of life”) are not forced to walk in the Spirit.**

- The New Testament teaches that, though believers are set free from the law of sin and death and empowered by the Spirit, they must continually choose to walk in the Spirit and “choose life.”
- The ability to sin is not removed, but the power and resources to overcome sin are now present in Christ.

### Key Scriptures (KJV)

- **Galatians 5:16, 25**  
“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh... If we live in the Spirit, let us also walk in the Spirit.” This verse beautifully bridges both lists: it acknowledges the struggle but also the victory possible in Christ.  
*(Walking in the Spirit is a command and a choice, not automatic.)*
- **Romans 6:12-13**  
“Let not sin therefore reign in your mortal body, that ye should obey it in the lusts

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thereof. Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God...

*(Believers are told not to let sin reign—implying they have a choice.)*

- **Romans 8:12-13**

“Therefore, brethren, we are debtors, not to the flesh, to live after the flesh. For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.”

*(There is a Warning and a call to action.)*

- **Deuteronomy 30:19** (quoted in principle in the New Testament)

“I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live.”

*(The principle of choosing life continues in the New Testament walk.)*

- **1 John 2:1**

“My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:”

*(Sin is still possible, but not inevitable.)*

## Theological Summary

- **Freedom in Christ is not compulsion:**

The “law of liberty” means believers are free from sin’s dominion, but not from the possibility of sin. They are called to “walk in the Spirit,” but must choose to do so daily.

- **The power to overcome sin is present:**

The Spirit enables victory, but believers must yield to Him.

- **Sin is still possible:**

Believers can still choose to sin but are called to continually choose obedience and life.

## In short:

- Christians are not forced to walk in the Spirit; they must choose to do so.
- The possibility of sin remains, but the power to overcome it is now available in Christ.
- The Christian life is a continual call to “choose life” and walk in the Spirit.

## 3. The Old Nature is Bound by the Law of Sin and Death

The old nature, inherited from Adam, cannot live sinless.

- “For I know that in me (that is, in my flesh,) dwelleth no good thing...” (Romans 7:18, KJV)

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- “Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.” (Romans 8:7, KJV)

No amount of self-effort or religious discipline can overcome the law of sin and death. The flesh is inherently fallen and incapable of righteousness.

**Can the old nature under the federated first Adam’s fall live sinless? Is a sinless life only possible under the second Adam by opting into the second Adam’s victory over sin? Is there a key to sinless living once saved, under the second Adam’s new nature?**

## Biblical Analysis

### 1. The “First Adam” and the “Second Adam”

- The “first Adam” refers to the original man, whose fall brought sin and death to all humanity (Romans 5:12).
- The “second Adam” is Christ, whose obedience and resurrection offer new life and victory over sin (Romans 5:17-19; 1 Corinthians 15:45-49).

### 2. Can the Old Nature Live Sinless?

- The New Testament teaches that the old nature (“the flesh,” inherited from the first Adam) cannot live sinless.
- Romans 7:18 (KJV): “For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not.”
- Romans 8:7 (KJV): “Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.”

### 3. Only in Christ (the Second Adam) Is Victory Over Sin Possible

- Romans 6:6 (KJV): “Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.”
- 2 Corinthians 5:17 (KJV): “Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”
- Romans 8:2 (KJV): “For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.”
- 1 Corinthians 15:22 (KJV): “For as in Adam all die, even so in Christ shall all be made alive.”
- Romans 8:2 (KJV): “For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.”

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- 1 Corinthians 15:22 (KJV): “For as in Adam all die, even so in Christ shall all be made alive.”

## 4. The New Nature is Bound by the Law of the Spirit of life

Only in Christ—the second Adam—can a believer walk in victory over sin.

- “Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.” (Romans 6:6, KJV)
- “Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.” (2 Corinthians 5:17, KJV)

This new nature is received by faith, through the Spirit, and the believer is empowered to live in obedience.

This parallels the teaching about “walking in the Spirit” versus “walking in the flesh.” Just as a well cannot produce both sweet and bitter water simultaneously, a believer cannot walk in the Spirit (by faith) and in the flesh (sinful nature) at the same time.

### The First and Second Adam and Effect due to Sin or Obedience to the Father.

Free Will Choice to disobey / obey.	Result	Key Scriptures (KJV)
First Adam (made flesh from the dust of the earth) Disobedient to the Father.	Law of Sin and Death, Satan’s claim over fallen man.	Romans 7:18; Romans 8:7; Romans 5:12
Second Adam (made flesh by virgin being overshadowed by the Spirit) Obedience to the Father, without sin.	Law of the Spirit of life or the law of liberty in Christ, Resurrection	Romans 6:6; 2 Corinthians 5:17; Romans 8:2; Galatians 5:16; Romans 8:13-14; 1 Corinthians 15:22

### Conclusion:

- The old nature inherited from the first Adam cannot live sinless; it is inherently fallen and subject to sin.
- Only by being “in Christ” (the second Adam) and living by the Spirit can a believer walk in victory over sin.
- The key is not self-effort, but surrender to Christ and obedience to the Spirit.

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## 5. Walking in the Flesh vs. Spirit, Subjected to the Two Laws

The New Testament contrasts “walking in the flesh” with “walking in the Spirit”

- “This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.” (Galatians 5:16, KJV)
- “For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.” (Romans 8:5, KJV)
- As pointed out earlier a fountain cannot produce both sweet and bitter water (James 3:11-12), a believer cannot walk in the Spirit and in the flesh at the same time. The two ways of living are mutually exclusive.

### Key Verses that declare we can live sin free:

Reference	Scripture (KJV)
<b>Galatians 5:16</b>	“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.”
<b>1 John 3:6</b>	“Whosoever abideth in him sinneth not: whosoever sinneth hath not seen him, neither known him.”
<b>1 John 3:9</b>	“Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God.”
<b>Romans 6:1-2</b>	“What shall we say then? Shall we continue in sin, that grace may abound? God forbid. How shall we, that are dead to sin, live any longer therein?”
<b>Romans 6:12</b>	“Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.”
<b>Romans 8:1-4</b>	“There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit... That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.”

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Reference	Scripture (KJV)
<b>1 John 2:6</b>	“He that saith he abideth in him ought himself also so to walk, even as he walked.”
<b>1 John 5:18</b>	“We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not.”

## Careful Analysis

### 1. Verses about walking by faith and sinning at the same time:

There are no New Testament verses that explicitly say a person can “walk by faith” and “walk in sin” simultaneously. The New Testament consistently presents “walking by faith” (or “walking in the Spirit”) as being opposed to living in sin or obeying and walking after the flesh or the lusts therein.

### 2. Verses about walking by faith and not sinning:

Several verses teach that walking by faith (or in the Spirit) is incompatible with living in sin. Here are the most relevant passages (KJV):

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## Summary

- The New Testament teaches that walking by faith (or in the Spirit) and living in sin are mutually exclusive.
- There are no verses that say you can walk by faith and live in sin at the same time.
- Instead, the call is to walk by faith, which results in victory over sin.

In the New Testament, the contrast is consistently between “walking by faith” (or “walking in the Spirit”) and “walking in the flesh.” “Walking in the flesh” refers to living according to sinful human desires, while “walking by faith” or “walking in the Spirit” means living in obedience to God, empowered by the Holy Spirit.

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## Additional verses as to walking according to the Spirit vs. Walking according to the Flesh

- **Romans 8:5 (KJV):**  
“For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.”
- **Romans 8:8-9 (KJV):**  
“So then they that are in the flesh cannot please God. But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.”
- **Galatians 5:24 (KJV):**  
“And they that are Christ’s have crucified the flesh with the affections and lusts.
- **Romans 13:14 (KJV):**  
“But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.”

### Summary:

- “Walking in the flesh” is living according to lustful desires that may draw us away to sin. We are not to provision for this walk of shame when we can be free of sin.
- “Walking by faith” or “walking in the Spirit” is living in obedience to God.

## 6. The Christian’s Ongoing Choice

Believers are not forced to walk in the Spirit.

- “yield yourselves unto God.” (Romans 6:13, KJV)
- “If we live in the Spirit, let us also walk in the Spirit.” (Galatians 5:25, KJV)

Freedom in Christ means the power to overcome sin, but not the impossibility of sin. Christians must continually choose to walk in the Spirit and “choose life.” The possibility of sin remains, but the resources for victory are present in Christ.

Recall the New Testament uses the metaphor of “sweet water and bitter water” to illustrate that two opposing natures cannot flow from the same source at the same time. This is found in James:

- **James 3:11-12 (KJV):**  
“Doth a fountain send forth at the same place sweet water and bitter? Can the fig tree, my brethren, bear olive berries? either a vine, figs? so can no fountain both yield salt water and fresh.”

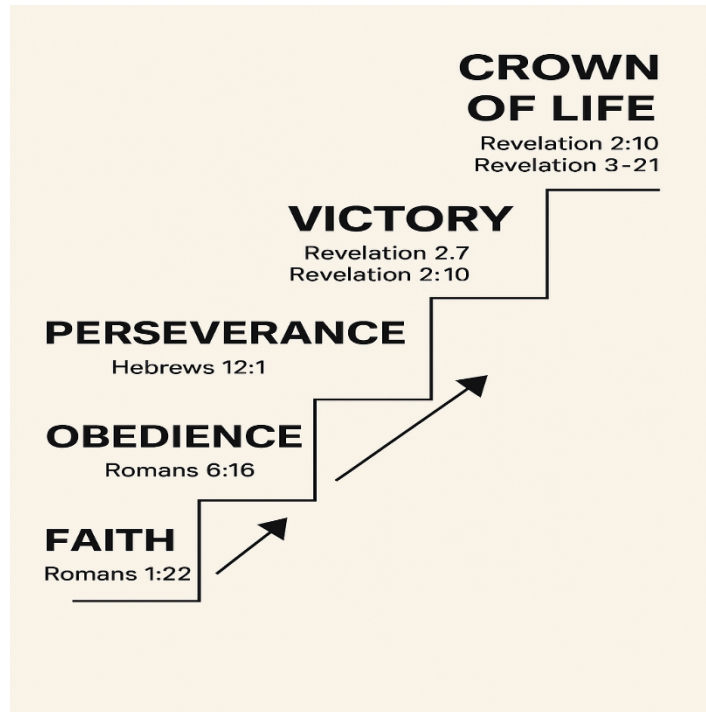
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## 7. Victory Until the End: The Call of Revelation

The New Testament, especially Revelation, emphasizes the necessity of being victorious until the end.

- “He that overcometh shall inherit all things; and I will be his God, and he shall be my son.” (Revelation 21:7, KJV)
- “To him that overcometh will I grant to sit with me in my throne...” (Revelation 3:21, KJV)
- “He that overcometh... I will not blot out his name out of the book of life...” (Revelation 3:5, KJV)

Revelation uses the phrase “he that overcometh” (or “is victorious”) nine times, underscoring that perseverance in faith and obedience is essential for being counted in the Lamb’s Book of Life. The Christian life is not merely about beginning well but finishing well—remaining faithful and victorious until the end.



### Final Reflection: Security and Perseverance

Scripture offers profound assurance that nothing external can remove a believer from God’s hand:

“And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father’s hand.”

(John 10:28-29, KJV)

This promise speaks to threats from without—persecution, spiritual attack, or any force that might try to separate us from God. The believer’s security is anchored in God’s power and faithfulness.

Yet, as we’ve discovered, the New Testament also calls believers to perseverance, obedience, and victory. The Warnings and exhortations are not about external threats, but about the believer’s own choices—whether to walk in the Spirit, to overcome, and to remain faithful until the end.

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## 8. Holding Fast our Profession of Faith

### **Paul's words echo this balance:**

“Who shall separate us from the love of Christ? ... For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers... shall be able to separate us from the love of God, which is in Christ Jesus our Lord.”

*(Romans 8:35, 38-39, KJV)*

### **But also:**

“Let us hold fast the profession of our faith without wavering...”

*(Hebrews 10:23, KJV)*

### **And remembering Revelation's call that is not without a warning:**

“He that overcometh shall inherit all things... I will not blot out his name out of the book of life...”

*(Revelation 3:5, 21:7, KJV)*

### **Ribbon and Bow:**

- The believer's security is absolute against external threats—no one can snatch us from God's hand.
- The call to perseverance is about our response: to keep choosing life, to walk in the Spirit, and to be victorious until the end.
- Grace is not a license for sin, but the power to live in victory.
- Let us encourage one another to finish well, so that all may be counted in Lamb's Book of Life.
- “He that overcometh... I will not blot out his name out of the book of life...” (Revelation 3:5, KJV)

## 9. Closing Statement

While “once saved, always saved” seems to offer assurance, it is not a scriptural doctrine. Our call to walk by faith is an active requirement and must not be used as an excuse for sin or complacency. Scripture repeatedly warns against abusing grace and encourages believers to walk in the Spirit, continually choosing life and righteousness.

**“Once saved, always saved” (OSAS) may have contingencies. To be sure, we should not excuse sin when there is a path to victory, and we must be victorious until the end to enjoy the resurrection and avoid judgment and hell. Is this the advice to give the OSAS community to reduce sinful leanings and abuse of grace?”**

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## Closing Statement for the Chapter

As we have seen throughout this chapter, the New Testament presents salvation as a gift of grace, but also as a call to perseverance, obedience, and victory. While the doctrine of “once saved, always saved” offers assurance, it is but an excuse for sin or complacency. Scripture repeatedly warns against abusing grace and requires believers to walk in the Spirit, continually choosing life and righteousness for life evermore.

### Paul writes:

- “What shall we say then? Shall we continue in sin, that grace may abound? God forbid.” (Romans 6:1-2, KJV)
- “Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.” (Romans 6:12, KJV)

### John echoes:

- “My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous.” (1 John 2:1, KJV)

### Revelation emphasizes:

- “He that overcometh shall inherit all things... I will not blot out his name out of the book of life...” (Revelation 3:5, 21:7, KJV)

The repeated call to “overcome” or “be victorious until the end” underscores that perseverance is essential for being counted in the Lamb’s Book of Life. The Christian life is not merely about beginning well, but finishing well—remaining faithful and victorious until the end.

### Advice to the OSAS Community:

- Let us not use grace as a license for sin, but as the power to live victoriously.
- Let us encourage one another to walk in the Spirit, to choose life daily, and to persevere in faith and obedience.
- Let us heed the Warnings of Scripture, knowing that the path to resurrection and eternal life is marked by continual surrender, faithfulness, and victory.

### Final exhortation:

“Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.” (Hebrews 4:16, KJV)

“Be thou faithful unto death, and I will give thee a crown of life.” (Revelation 2:10, KJV)

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May all our brothers and sisters be encouraged to finish the race, to overcome, and to be counted among those whose names are written in the Lamb's Book of Life.

## **Conclusion**

The journey from the first Adam to the second Adam is a journey from bondage to liberty, from the law of sin and death to the law of the Spirit of life. The Christian is called to walk in the Spirit, continually choosing life, and to persevere in faith and obedience until the end. The promise of victory and inclusion in Lamb's Book of Life reserved for those who overcome.

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## 10 A. Living Sinfully Before and After Salvation

In the following table many familiar scriptures touch on the struggle faced by man as a result of the fall of the first Adam. Here man was under the law of sin and death as slaves to unrighteousness. Satan governs the lawless as the Spirit of lawlessness in the earth. Even when man “opts-into” the finished work of the Savior who overcame the law of sin and death wherein the saved man, regenerated man, where all things become new man, the forgiven man, the man with the indwelling of the Holy Ghost carries forward the memory of his old life. Sanctification is the process of renewing the mind to have the mind of Christ. A related quasi doctrine just as dangerous is the attractiveness of teaching to “sin less” rather than be sinless. Carefully observe the scriptures call the new-man to live righteous.

The movement is from defeated to realizing who you have become in Christ and how to live anew. A note under each reference gives some context that the given scriptures are used for instruction with the realistic goal of being holy even as Christ is holy, in this earth by becoming obedient by faith. Now some will not agree with this transition from sinful man to righteous man, but the scriptures are true and you can decide the victory is yours or wallow in the mud. No shame for being in the mud. Plenty of shame for staying in it. Each of the scriptures that inform as to the struggle there is hope for your mind as to the new man and victory ahead.

### Scriptures that Support the Sanctification Process towards living Without Sin (KJV)

Reference	Scripture (KJV)
<p><b>Romans 7:15, 18-19</b> (The unrenewed Mind influenced by the memory of the Law of Sin and death)</p>	<p>For that which I do I allow not: for what I would, that do I not; but what I hate, that do I... For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil which I would not, that I do.</p>
<p><b>Romans 3:23</b> (Under the Law of Sin &amp; Death)</p>	<p>For all have sinned, and come short of the glory of God;</p>
<p><b>1 John 1:8, 10</b> (Under the Law of Sin &amp; Death)</p>	<p>If we say that we have no sin, we deceive ourselves, and the truth is not in us... If we say that we have not sinned, we make him a liar, and his word is not in us.</p>
<p><b>James 3:2</b> (The perfect man is in control of his tongue)</p>	<p>For in many things we offend all. If any man offend not in word, the same is a perfect man, and able also to bridle the whole body.</p>
<p><b>James 1:14-15</b> (Mechanism of Sin; Lust &gt;Temp &gt; Sin)</p>	<p>But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.</p>

# Select Biblical Topics

<p><b>Galatians 5:17</b> (The unrenewed Mind influenced by the memory of the Law of Sin and death)</p>	<p>For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.</p>
<p><b>1 Corinthians 10:13</b> (The mechanism of sin in tension but God is providing the escape)</p>	<p>There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.</p>
<p><b>Hebrews 4:15</b> (The unrenewed Mind influenced by the memory of the Law of Sin and death)</p>	<p>For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.</p>
<p><b>Philippians 4:13</b> (Law of Liberty at work, being sanctified – declaring your victory as part of the process)</p>	<p>I can do all things through Christ which strengtheneth me.</p>
<p><b>2 Corinthians 12:9</b> (Law of Liberty at work, being sanctified – declaring your victory as part of the process)</p>	<p>And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness...</p>
<p><b>James 4:17</b> (Under the Law of the Spirit of Life but choosing to sin)</p>	<p>Therefore to him that knoweth to do good, and doeth it not, to him it is sin.</p>
<p><b>1 John 2:1</b> (Instruction - Under the Law of the Spirit of life but choosing to sin – the immature disciple)</p>	<p>My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:</p>
<p><b>Galatians 5:16</b> (Instruction - Under the Law of the Spirit of life - that you do not have to obey your lusts)</p>	<p>This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.</p>
<p><b>Matthew 26:41</b> (Lord's prayer – unrenewed mind but the disciple has a choice to submit their will to God who strengthens)</p>	<p>Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.</p>
<p><b>1 Peter 2:11</b> (Instruction - to make the choice not to sin)</p>	<p>Dearly beloved, I beseech you as strangers and pilgrims, abstain from fleshly lusts, which war against the soul;</p>
<p><b>1 John 1:9</b> (Instruction - to recover from sin and start clean – do not let Satan defeat you about your prior life)</p>	<p>If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.</p>
<p><b>Hebrews 12:1</b> (maybe running with patience is walking by faith – Instruction on renewing the mind and making a choice)</p>	<p>...let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,</p>
<p><b>Ephesians 6:10-11</b> (Instruction - be strong and powerful - This is midway maturity standing against but not resisting)</p>	<p>Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil.</p>

# Select Biblical Topics

<p><b>1 John 5:16-17</b> (Instruction - apostate cannot be helped, they made their choice. Help your brother in the liberty)</p>	<p>If any man see his brother sin a sin which is not unto death, he shall ask, and he shall give him life for them that sin not unto death... All unrighteousness is sin: and there is a sin not unto death.</p>
<p><b>1 Corinthians 6:9-10</b> (Warning about continuing to sin and missing out)</p>	<p>Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God.</p>
<p><b>Romans 6:12</b> (Instruction - that you do not have to obey lust, choose to Obey God under the law of liberty)</p>	<p>Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.</p>
<p><b>Romans 7:21-23</b> (Instruction - to renew your mind to obey the word and not the flesh)</p>	<p>I find then a law, that, when I would do good, evil is present with me. For I delight in the law of God after the inward man: But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.</p>
<p><b>1 Peter 5:8-9</b> (The new-man is instructed to resisting – there is a battle)</p>	<p>Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: Who resist steadfast in the faith...</p>
<p><b>2 Timothy 2:22</b> (Instruction - immature can have victory over sin but he is to flee rather than the mature where the devil flees)</p>	<p>Flee also youthful lusts: but follow righteousness, faith, charity, peace, with them that call on the Lord out of a pure heart.</p>
<p><b>James 4:7</b> (Instruction -resisting did not work – submit to God – try again).</p>	<p>Submit yourselves therefore to God. Resist the devil, and he will flee from you.</p>
<p><b>1 John 3:20</b> (Instruction – do not listen to self talk! God might have the big picture than the devil in your mind – renew your mind)</p>	<p>For if our heart condemns us, God is greater than our heart, and knoweth all things.</p>
<p><b>Romans 8:13</b> (Instruction – consequences if you keep choosing sin – back to the law of sin and death. While you have a chance choose life – use the law of the Spirit of Life.</p>	<p>For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.</p>
<p><b>Colossians 3:5</b> (Instruction – we need to be morticians of the old man – renew your mind)</p>	<p>Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:</p>
<p><b>1 Corinthians 9:27</b> (Warning preacher – devil will attack - the Gospel is the power of God unto salvation – those under the law of sin and death can Opt-in to the Law of the Spirit of life in Christ)</p>	<p>But I keep under my body and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.</p>

# Select Biblical Topics

<p><b>2 Corinthians 5:17</b> (Reminder – believe this – now pray and find out God’s will for you and do it)</p>	<p>Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.</p>
<p><b>Hebrews 10:26</b> (Warning – renew your mind, stop choosing sin and death it will be worse than if you never knew)</p>	<p>For if we sin wilfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins,</p>
<p><b>1 John 2:16</b> (Instruction – to know between good and evil – hate evil, obey under the law of Spirit of life – the world is not worth it)</p>	<p>For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.</p>
<p><b>1 John 3:4</b> (Instruction and Warning – do not be lawless – walk by faith)</p>	<p>Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law.</p>
<p><b>Romans 6:23</b> (Warning – the payoff for choosing to obey your lusts; Choose life)</p>	<p>For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.</p>
<p><b>Matthew 5:28</b> (Warning –Satan is at war – do not be ignorant – take thoughts captive and submit to God – walk in the spirit and obey. It is the decision to act, not the act that is sin)</p>	<p>But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.</p>
<p><b>1 John 1:6</b> (Instruction – no time to be a hypocrite. Easy to say something but God looks at the heart.</p>	<p>If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth:</p>
<p><b>1 John 2:4</b> (Instruction – no time to be a hypocrite, Easy to say something but God looks at the heart)</p>	<p>He that saith, I know him, and keepeth not his commandments, is a liar, and the truth is not in him.</p>
<p><b>1 John 3:8</b> (Instruction – if you sin your Father is the devil. Choose to opt-in to the law of Spirit of life in Christ as Christ did destroy the works of the devil).</p>	<p>He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.</p>
<p><b>1 John 5:18</b> (Instruction – Examine yourself – sinning? We have been begotten of God, the new man, You, not God keeps one devil free)</p>	<p>We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not.</p>
<p><b>Hebrews 12:4</b> (Instruction – complaining? Striving against sin - Rather submit to God under the law of Spirit of life in Christ)</p>	<p>Ye have not yet resisted unto blood, striving against sin.</p>
<p><b>Matthew 6:13</b> (Instruction –immature then flee youthful lusts. You resist the devil. The Lord’s prayer says use me, your will be done in me in the earth)</p>	<p>And lead us not into temptation, but deliver us from evil...</p>
<p><b>Luke 22:46</b> (Instruction – entering into temptation is seeking the devil and praying will get you into the throne room to get the will of God, not by magic and not being lazy)</p>	<p>And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation.</p>
<p><b>1 Corinthians 15:56</b> (Instruction – this is being under the law of sin and death – we are all in need of a savior let the sting remind us to come to Christ)</p>	<p>The sting of death is sin; and the strength of sin is the law.</p>

# Select Biblical Topics

<p><b>Romans 7:7</b> (Instruction – how easily we have been deceived under the law of sin and death – but now you know – what will you do?)</p>	<p>What shall we say then? Is the law sin? God forbid. Nay, I had not known sin, but by the law: for I had not known lust, except the law had said, Thou shalt not covet.</p>
<p><b>Ephesians 4:26-27</b> (Instruction – The wrath of man is not righteousness of God. Use the angry as a signal to seek the will of God on the matter as sin is knocking at your door where the devil wants a stronghold on you. Show mercy might be an option?)</p>	<p>Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil.</p>
<p><b>1 Corinthians 6:18</b> (Instruction – reminder to flee from youthful lusts – this is for the immature believer. But specifically, your body in the new man is the temple of the Holy Ghost)</p>	<p>Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.</p>

# Select Biblical Topics

## 10 B. After Salvation Living Sinlessly

### Scriptures in support of Living a Sinless Life (KJV)

Reference	Scripture (KJV)
<p><b>Romans 6:1-2</b> (Instruction – if you are dead to sin then be alive unto God)</p>	<p>What shall we say then? Shall we continue in sin, that grace may abound? God forbid. How shall we, that are dead to sin, live any longer therein?</p>
<p><b>Romans 6:6</b> (Instruction – affirming we are dead to sin. Now choose to live free to obey the Father)</p>	<p>Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.</p>
<p><b>Romans 6:12</b> (Instruction – stop letting sin in as it wants to reign – serve God instead)</p>	<p>Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof.</p>
<p><b>Romans 6:14</b> (Instruction – command sin – “sin, you shall not have dominion”)</p>	<p>For sin shall not have dominion over you: for ye are not under the law, but under grace.</p>
<p><b>Romans 6:18</b> (Instruction – Recognize, believe, live righteously as you have been set free)</p>	<p>Being then made free from sin, ye became the servants of righteousness.</p>
<p><b>Romans 8:1-2</b> (Warning – you might be reading this wrong if you think it is ok to sin. If you do not walk after the flesh then there is no condemnation)</p>	<p>There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.</p>
<p><b>Galatians 5:16</b> (Instruction – you can’t say this verse does not exist – do some spirit led stepping today)</p>	<p>This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.</p>
<p><b>1 John 3:6</b> (Instruction – belly button check – are you abiding if not then you do not get in)</p>	<p>Whosoever abideth in him sinneth not: whosoever sinneth hath not seen him, neither known him.</p>
<p><b>1 John 3:9</b> (Instruction – if you have opted into the second Adam class action lawsuit (salvation by grace) – then this is what it wrought in you – you cannot sin – examine yourself and restart – this is the seed of the second Adam – the one that forgives, the one who saves – the one who heals you)</p>	<p>Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God.</p>
<p><b>1 John 2:1</b> (Reminder – don’t sin or stop sinning – contact your advocate and get things right)</p>	<p>My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous:</p>
<p><b>1 John 5:18</b> (Instruction – Born or Begotten of God – then we know you do not sin, and you keep your self – take care be vigilant, be prepared – and the bad guy cannot touch you)</p>	<p>We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not.</p>

# Select Biblical Topics

<p style="text-align: center;"><b>Matthew 5:48</b></p> <p>(Instruction – one of my favorites – whereas (include the list what Jesus did for you – time to be perfect – patience perfect, tongue perfect, perfect will of God, perfect and complete wanting nothing – do not let God waste His time telling you without you also believing this – don’t let the other crabs in the bucket call you out on this – they can read and you call them out for the sinner excuses they like to use)</p>	<p>Be ye therefore perfect, even as your Father which is in heaven is perfect.</p>
<p style="text-align: center;"><b>1 Peter 1:15-16</b></p> <p>(Instruction – being perfect is also being holy in conversation... as he is so you can be – control that tongue be the governor of the ship steering it through God’s kingdom. Let us glorify Him together).</p>	<p>But as he which hath called you is holy, so be ye holy in all manner of conversation; Because it is written, Be ye holy; for I am holy.</p>
<p style="text-align: center;"><b>Hebrews 12:14</b></p> <p>(Warning – This is just following Jesus. Affirming you are holy as he is holy right now. You’re going to have to have a very big eraser to hide these verses)</p>	<p>Follow peace with all men, and holiness, without which no man shall see the Lord:</p>
<p style="text-align: center;"><b>Colossians 3:5</b></p> <p>(Instruction - Here it is again – one of your giftings is being a mortician – let us burry this old man he stinketh)</p>	<p>Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:</p>
<p style="text-align: center;"><b>1 Corinthians 15:34</b></p> <p>(Warning – you been sleeping at the helm of the ship God commissioned again? Further let us not be shamed – If this verse shames you – then come under its authority and start anew – awake really means rise up and pick up your bed and sin no more just like the man said)</p>	<p>Awake to righteousness, and sin not; for some have not the knowledge of God: I speak this to your shame.</p>
<p style="text-align: center;"><b>Ephesians 4:22-24</b></p> <p>(Instruction – there is work to do, but you have the faith given to you to exercise – get to the gym and let us not be deceived any longer and put on the true holiness that you thought wrongly about that it was not for you as you are just damaged goods)</p>	<p>That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness.</p>
<p style="text-align: center;"><b>2 Corinthians 5:17</b></p> <p>(Warning – is anyone in Christ? Not sure if your salvation is genuine? This is a legal question and not one of feelings – commit with your tongue out loud to someone in public – this will get you going and make sure your election the right way)</p>	<p>Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.</p>
<p style="text-align: center;"><b>1 John 2:6</b></p> <p>(Warning – Interesting the word war is in Warning – but is you are on the abiding couch – not sure whose living room you are sitting in? What would Jesus do – is finding out the perfect will of God and then doing it)</p>	<p>He that saith he abideth in him ought himself also so to walk, even as he walked.</p>
<p style="text-align: center;"><b>1 John 3:3</b></p> <p>(Instruction – Hope is not like faith that has works. But hope purifies even as Christ is pure – do you believe this word of God?)</p>	<p>And every man that hath this hope in him purifieth himself, even as he is pure.</p>

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<p style="text-align: center;"><b>1 John 3:5</b></p> <p>(Instruction – Jesus carried the heavy load – what can you say we contributed at that time – our sin killed him. Jesus was manifested (interesting word like a bill of lading) brought into the earth as the second Adam to face off against the evil one so we can now say there is no sin in me – trust in the manifestation)</p>	<p>And ye know that he was manifested to take away our sins; and in him is no sin.</p>
<p style="text-align: center;"><b>John 8:11</b></p> <p>(Instruction – Jesus was manifesting the Father’s love for us, as it came from the Father through Jesus as Jesus heard from the Father and then gave to us. The Father is not condemning us – do not believe the devil’s mind on you and yes)</p>	<p>...And Jesus said unto her, Neither do I condemn thee: go, and sin no more.</p>
<p style="text-align: center;"><b>Titus 2:11-12</b></p> <p>(Instruction – Is God fair and just – beyond fair and just he is merciful. And this life secured by the Second Adam makes righteously living in this present world – not the sweet by and by)</p>	<p>For the grace of God that bringeth salvation hath appeared to all men, teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world;</p>
<p style="text-align: center;"><b>James 4:7</b></p> <p>(Instruction – This is your only task)</p>	<p>Submit yourselves therefore to God. Resist the devil, and he will flee from you.</p>
<p style="text-align: center;"><b>1 Peter 2:24</b></p> <p>(Instruction – when we think that God will give us nothing, we should not complain too much. And there is a strong connection in the Word between forgiveness of sins and healing – do not miss this that by his stripes we were – past tense)</p>	<p>Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.</p>
<p style="text-align: center;">1 John 1:7</p> <p>(Instruction – Do you love conditional statements in the Bible? Do you want fellowship with one another and God? Then realized the completeness of your forgiveness and the forgiveness to those next to you who Christ also died.)</p>	<p>But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin.</p>

# Select Biblical Topics

## *Prayer: Under Liberty in Christ*

### ***Our Father in heaven, Hallowed be Thy Name.***

*Lord, You are the Creator of all, the One who gives life and liberty.*

*“Wherefore, as by one man (First Adam) sin entered the world, and death by sin; and so death passed upon all men, for that all have sinned.” (Romans 5:12, KJV)*

*“But as in Adam all die, even so in Christ (Second Adam) I have been made alive.” (1 Corinthians 15:22, KJV)*

### ***Thy kingdom come, Thy will be done, on earth as it is in heaven.***

*I submit myself humbly to you in obedience thankful that the Holy Spirit enables me to walk in the spirit and not in the flesh. “This I say then speaking your word, to Walk in the Spirit, and know I shall not fulfil the lust of the flesh.” (Galatians 5:16, KJV)*

*“Let not sin therefore reign in my mortal body, that I should obey it in the lusts thereof.” (Romans 6:12, KJV)*

### ***Give us this day our daily bread.***

*I am thankful that I am fed by Your Word the bread of life and you strengthen me when I hear and obey your word each day as “Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.” (Matthew 4:4, KJV)*

### ***Forgive us our debts, as I forgive our debtors.***

*Thank You for the blood of Christ that cleanses me from all sin.*

*I know that my confession of my sins, you have been faithful and just to forgive me my sins, and to cleanse me from all unrighteousness.” (1 John 1:9, KJV) enabling me to then continue in righteous living to your glory able to forgive others who have offended me.*

### ***Lead us not into temptation but deliver us from evil.***

*Thank you for empowering me to be victorious until the end, to overcome as You have overcome. “as he that overcometh shall inherit all things; and the Father speaking on this wise that He will be my God, and I shall be His son.” (Revelation 21:7, KJV) “I will be faithful unto death, and He will give me a crown of life.” (Revelation 2:10, KJV) as I have prayed in secret where He is and You will reward me openly.*

### ***For Thine is the kingdom, and the power, and the glory, forever.***

*Thank you for counting me among those whose names are written in the Lamb’s Book of Life, and may Your grace continue to lead me and my house to victory, faithfulness, and eternal joy in Your presence.*

***Amen.***

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1 John	1:9	Prayer for Victory and Faithfulness
Revelation	21:7	Prayer for Victory and Faithfulness
Revelation	2:10	Prayer for Victory and Faithfulness
Romans	7:15, 18-19	Living Sinfully Before and After Salvation (10A)
Romans	3:23	Living Sinfully Before and After Salvation (10A)
1 John	1:8, 10	Living Sinfully Before and After Salvation (10A)
James	3:2	Living Sinfully Before and After Salvation (10A)
James	1:14-15	Living Sinfully Before and After Salvation (10A)
Galatians	5:17	Living Sinfully Before and After Salvation (10A)
1 Corinthians	10:13	Living Sinfully Before and After Salvation (10A)
Hebrews	4:15	Living Sinfully Before and After Salvation (10A)
Philippians	4:13	Living Sinfully Before and After Salvation (10A)
2 Corinthians	12:9	Living Sinfully Before and After Salvation (10A)

# Select Biblical Topics

James	4:17	Living Sinfully Before and After Salvation (10A)
1 John	2:1	Living Sinfully Before and After Salvation (10A)
Galatians	5:16	Living Sinfully Before and After Salvation (10A)
Matthew	26:41	Living Sinfully Before and After Salvation (10A)
1 Peter	2:11	Living Sinfully Before and After Salvation (10A)
1 John	1:9	Living Sinfully Before and After Salvation (10A)
Hebrews	12:1	Living Sinfully Before and After Salvation (10A)
Ephesians	6:10-11	Living Sinfully Before and After Salvation (10A)
1 John	5:16-17	Living Sinfully Before and After Salvation (10A)
1 Corinthians	6:9-10	Living Sinfully Before and After Salvation (10A)
Romans	6:12	Living Sinfully Before and After Salvation (10A)
Romans	7:21-23	Living Sinfully Before and After Salvation (10A)
1 Peter	5:8-9	Living Sinfully Before and After Salvation (10A)
2 Timothy	2:22	Living Sinfully Before and After Salvation (10A)
James	4:7	Living Sinfully Before and After Salvation (10A)
1 John	3:20	Living Sinfully Before and After Salvation (10A)
Romans	8:13	Living Sinfully Before and After Salvation (10A)
Colossians	3:5	Living Sinfully Before and After Salvation (10A)
1 Corinthians	9:27	Living Sinfully Before and After Salvation (10A)
2 Corinthians	5:17	Living Sinfully Before and After Salvation (10A)
Hebrews	10:26	Living Sinfully Before and After Salvation (10A)
1 John	2:16	Living Sinfully Before and After Salvation (10A)
1 John	3:4	Living Sinfully Before and After Salvation (10A)
Romans	6:23	Living Sinfully Before and After Salvation (10A)
Matthew	5:28	Living Sinfully Before and After Salvation (10A)
1 John	1:6	Living Sinfully Before and After Salvation (10A)
1 John	2:4	Living Sinfully Before and After Salvation (10A)
1 John	3:8	Living Sinfully Before and After Salvation (10A)
1 John	5:18	Living Sinfully Before and After Salvation (10A)
Hebrews	12:4	Living Sinfully Before and After Salvation (10A)
Matthew	6:13	Living Sinfully Before and After Salvation (10A)
Luke	22:46	Living Sinfully Before and After Salvation (10A)
1 Corinthians	15:56	Living Sinfully Before and After Salvation (10A)
Romans	7:7	Living Sinfully Before and After Salvation (10A)
Ephesians	4:26-27	Living Sinfully Before and After Salvation (10A)
1 Corinthians	6:18	Living Sinfully Before and After Salvation (10A)

# Select Biblical Topics

Romans	6:1-2	After Salvation Living Sinlessly (10B)
Romans	6:6	After Salvation Living Sinlessly (10B)
Romans	6:12	After Salvation Living Sinlessly (10B)
Romans	6:14	After Salvation Living Sinlessly (10B)
Romans	6:18	After Salvation Living Sinlessly (10B)
Romans	8:1-2	After Salvation Living Sinlessly (10B)
Galatians	5:16	After Salvation Living Sinlessly (10B)
1 John	3:6	After Salvation Living Sinlessly (10B)
1 John	3:9	After Salvation Living Sinlessly (10B)
1 John	2:1	After Salvation Living Sinlessly (10B)
1 John	5:18	After Salvation Living Sinlessly (10B)
Matthew	5:48	After Salvation Living Sinlessly (10B)
1 Peter	1:15-16	After Salvation Living Sinlessly (10B)
Hebrews	12:14	After Salvation Living Sinlessly (10B)
Colossians	3:5	After Salvation Living Sinlessly (10B)
1 Corinthians	15:34	After Salvation Living Sinlessly (10B)
Ephesians	4:22-24	After Salvation Living Sinlessly (10B)
2 Corinthians	5:17	After Salvation Living Sinlessly (10B)
1 John	2:6	After Salvation Living Sinlessly (10B)
1 John	3:3	After Salvation Living Sinlessly (10B)
1 John	3:5	After Salvation Living Sinlessly (10B)
John	8:11	After Salvation Living Sinlessly (10B)
Titus	2:11-12	After Salvation Living Sinlessly (10B)
James	4:7	After Salvation Living Sinlessly (10B)
1 Peter	2:24	After Salvation Living Sinlessly (10B)
1 John	1:7	After Salvation Living Sinlessly (10B)

# Select Biblical Topics

## Student Workbook, with answer key

### Workbook: “Two Laws – Two Adams – Two Choices”

#### True or False (T/F)

1. The “law of sin and death” applies only to those who have faith in Christ.
2. The second Adam refers to Christ, whose obedience brings life and liberty.
3. According to the study, believers are forced to walk in the Spirit and cannot choose to sin.
4. The old nature inherited from the 1<sup>st</sup> Adam helps one live sinlessly through self-effort.
5. The New Testament teaches that walking in the Spirit and walking in the flesh are mutually exclusive ways of living.

#### Multiple Choice

6. What does the “law of liberty in Christ” provide for believers?
  - a) Freedom from sin’s power and condemnation
  - b) License to sin without consequence
  - c) Assurance of earthly riches
  - d) The ability to opt-into salvation and live righteously
7. Who is described as the “first Adam” in the study?
  - a) Moses who was in the transfiguration with Jesus
  - b) The original man whose disobedience brought sin and death
  - c) Christ who was made flesh and lived sinlessly
  - d) Paul who had a personal confrontation with Jesus
8. Which scripture supports the idea that believers must choose to walk in the Spirit?
  - a) Romans 3:23
  - b) Galatians 5:16
  - c) John 10:28
  - d) Hebrews 12:1
9. What is the main practical implication for Christians discussed in the study?

# Select Biblical Topics

- a) They must live in poverty
  - b) They are empowered to live victoriously without sin
  - c) They are required to memorize scripture and do their best
  - d) They must avoid all contact with non-believers
10. According to the study, what is NOT a characteristic of the “law of sin and death”?
- a) Slave to unrighteousness
  - b) Freedom to obey God
  - c) Inherited from the 1<sup>st</sup> Adam
  - d) Subject to sin’s penalty

## Fill in the Blank

11. The “first Adam” is associated with the law of \_\_\_\_\_ and \_\_\_\_\_.
12. The “second Adam” is associated with the law of \_\_\_\_\_ in \_\_\_\_\_.
13. Believers are called to \_\_\_\_\_ in the Spirit, not after the flesh.
14. The Christian life is a continual call to “choose \_\_\_\_\_” and walk in the Spirit.
15. Grace is not a license for sin, but being \_\_\_\_\_ by faith is living victoriously.

## Open-Ended Questions

16. Explain the difference between the “first Adam” and the “second Adam” as described in the study.
17. What does it mean to “walk in the Spirit” according to the study, and why is it important?
18. How does the study address the concept of free will and the believer’s ongoing choice?
19. Summarize the study’s teaching on assurance and responsibility for believers.
20. What practical steps does the study suggest for living sinlessly after salvation?

## Group Discussion Questions

21. Discuss the implications of the “law of liberty in Christ” for daily Christian living. How might this affect attitudes toward sin and obedience?
22. Reflect on the concept of perseverance and victory until the end. How can believers encourage one another to “finish well” according to the teachings in the study?

# Select Biblical Topics

## Answer Key

### True or False

1. False – The “law of sin and death” applies to all who remain in Adam, not those in Christ.
2. True – The second Adam is Christ, whose obedience brings life and liberty.
3. False – Believers are not forced to walk in the Spirit; they must choose to do so.
4. False – The old nature inherited from Adam cannot live sinlessly; self-effort is insufficient.
5. True – Walking in the Spirit and walking in the flesh are mutually exclusive.

### Multiple Choice

6. a) Freedom from sin’s power and condemnation.
7. b) The original man whose disobedience brought sin and death.
8. b) Galatians 5:16.
9. b) They are empowered to live victoriously without sin.
10. b) Freedom to obey God – this is characteristic of the law of the Spirit of life, not the law of sin and death.

### Fill in the Blank

11. sin; death
12. liberty; Christ
13. walk
14. life
15. obedient

### Open-Ended Questions (Suggested Answers)

16. The “first Adam” is the original man whose disobedience brought sin and death to humanity, placing all under the law of sin and death. The “second Adam” is Christ, whose obedience and sacrifice offer reconciliation and liberty, enabling believers to live victoriously.
17. To “walk in the Spirit” means to live in obedience to God, empowered by the Holy Spirit, rather than following the desires of the flesh. It is important because it leads to victory over sin and fulfills the law of Spirit of life.

# Select Biblical Topics

18. The study teaches that believers are not compelled to walk in the Spirit; they must continually choose to do so. Free will remains, and the possibility of sin exists, but resources for victory are present in Christ.
19. Assurance is found in God's faithfulness—nothing external can remove a believer from God's hand. Responsibility lies in perseverance, obedience, and choosing to walk in the Spirit until the end.
20. Practical steps include renewing the mind, yielding to God, resisting temptation, and relying on the Spirit's power. The study emphasizes continual surrender, faithfulness, and obedience.

## **Group Discussion Questions (Suggested Prompts)**

21. Consider how the “law of liberty in Christ” changes the approach to sin and obedience. Discuss ways this principle can be applied in daily life, including attitudes toward temptation, grace, and accountability.
22. Explore the importance of perseverance and finishing well. Share strategies for mutual encouragement, accountability, and maintaining faithfulness, drawing from the teachings in Revelation and other scriptures.