



Luncheon Menus

The Kensington

\$33.50

INCLUDED:

Challa for Moitze
Assorted Rolls and Flat Breads

Mandarin Salad with Crunchy Noodles, Mandarin Oranges, and Honey Mustard Dressing
Scoops of Salmon, Egg, and Tuna Salad
Grilled Vegetable Platters with Virgin Olive Oil and Balsamic Vinegar
Farfalle Salad Jardinière
Chick Pea Salad with Virgin Olive Oil, Fresh Herbs, and Diced Red Onion

Rogelach and Assorted Coffee Cakes

Coffee and Tea
Assorted Soft Drinks and Juices

The St. Lawrence

\$39.50

INCLUDED:

Challa for Moitze
Assorted Rolls and Flat Breads

Three Leaf Lettuces with Baby Spinach, Slivers of Mango and Strawberry and a Lemon Poppy Seed Dressing
Israeli Cous Cous with Wilted Baby Spinach and Roasted Roma Tomato
Pan Seared and Oven-finished Tilapia Fillet
Large Spring Rolls cut on the Bias with Plum Sauce
Tri-Colour Fusilli with Sun-Dried Tomato, Sliced Olive and Basil Pesto

Mini Muffins, Rogelach, and Chelsea Buns, Mini Danish
Coffee and Tea
Assorted Soft Drinks and Juices

*******ALL PRICES ARE PLUS TAXES AND SERVICE 18%*******

100 Elder Street, Toronto, Ontario M3H 5G7 | T: (416) 636-9000 F: (416) 636-9002 | E: uptowngourmet@gmail.com

The Old Spadina

\$39.50

INCLUDED:

Challa for Moitze
Assorted Flat Breads

Three Leaf Lettuce Salad with Slivers of Strawberry and Citrus Vinaigrette
Assortment of Party Sandwiches on White, Whole Wheat, and Multigrain Breads to Include Vegetarian, Egg, Tuna and Salmon Options

Mini Pitas Stuffed with Shredded Lettuce, Falafel, and Tahini
Thai Salad Rolls cut on the Bias with a Thai Chilli Dipping Sauce
Wild and Basmati Rice Salad with Sun-dried Cranberries
Platter of Grilled Vegetables with Virgin Olive Oil and Balsamic Vinegar
Penne Pasta Served Warm with Tomato Sauce and Fresh Basil

OR

Tri-Colour Quinoa Salad with Julienne of Vegetables

Cubed Fruit Display
Rogelach, Bite Size Brownies, and Mini Fancy Pastries, Lemon Squares

Coffee and Tea
Assorted Soft Drinks and Juices

The Manor

\$41.50

INCLUDED:

Challa for Moitze
Assorted Breads; to include Rye, Pumpernickel, Rolls and Flat Breads
Mini Bagels with Parve Cream Cheese

Fresh Greens with Sundried Cranberries and a Raspberry Vinaigrette
Assorted Smoked Fish Platters including Smoked Salmon decorated with Capers, Bermuda Onion, Egg Whites, and Honey Mustard on the side

Platters of Tuna and Egg Salad Scoops
Farfalle Pasta Salad Jardinière
Individual Mini Vegetarian Quiche Served Warm
Wild and Basmati Rice Salad with Sun-dried Cranberries

Cubed Fruit Display
Rogelach and Mini Danish

Coffee and Tea
Assorted Soft Drinks and Juices

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The Oriental

\$41.50

INCLUDED:

Challa for Moitze
Assorted Rolls, Flat Breads, Won Ton Chips and Fortune Cookies
Mandarin Salad with Crunchy Noodles, Mandarin Oranges, and Honey Mustard Dressing
Vegetable Fried Rice
Shanghai Noodles with Wok Style Vegetables and Baby Bok Choy
Shanghai Noodle Can Be Substituted with Rice Noodle
Chicken Stir Fry OR Beef Stir Fry
Large Vegetarian Thai Salad Roll with Sweet Chilli Dipping Sauce
Asian Slaw Salad
Large Vegetarian Egg Rolls with Plum Sauce

Cubed Fruit Display
Rogelach and Mini Danish

Coffee and Tea
Assorted Soft Drinks and Juices

The Muskoka

\$42.50

INCLUDED:

Challa for Moitze
Assorted Rolls, Flat Breads, and Bagels, Home Style Corn Bread
Parve Cream Cheese, Jams and Margarine

Caesar Salad with Nut-Free Croutons
Grilled Corn on the Cob
Green Bean Salad with Diced Mushrooms and Garlic
Penne Pasta Served Warm with Tomato Sauce and Fresh Basil
Herbed Wedge Fries Served Warm
Wild and Basmati Rice Salad with Sun-dried Cranberries
Ball Park Hot Dogs with Full Condiments Ketchup, Mustard, and Relish
OR
Hand Made 4oz Hamburgers with Full Condiments
Ketchup, Mustard, Mayonnaise, Sliced Pickle, Lettuce, and Sliced Tomato
OR
Herb Grilled Chicken Skewers
OR
Deli Meat Submarine Sandwiches with Lettuce, Sliced Tomato, Mayonnaise, and Mustard
Cubed Fruit Display
Biscotti and Chocolate Chunk Cookies, Assorted Mini Fruit Pastries
Coffee and Tea
Assorted Soft Drinks and Juices

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The Thornhill

\$50.50

INCLUDED:

Challa for Moitze
Flat Breads, Assorted Rye Breads, and Sandwich Breads
Hummus and Babaganoush

Platters of Traditional Deli Meats to Include Montreal Smoked Meat, Corned Beef, Pastrami, and Salami

****Grilled Chicken Breast can Replace Assorted Deli Meats****

Grilled Vegetable Wraps
Fresh Green Salad with Diced Button Mushroom and Italian Style Vinaigrette
Israeli Salad OR Coleslaw
Tri-Colour Fusilli with Sun-dried Tomato and Basil Pesto
Traditional Mushroom Crepe with White Sauce OR Warm Mushroom Strudel
Green Bean Salad with Diced Mushrooms and Garlic

Cubed Fruit Display
Biscotti and Fancy Tarts

Coffee and Tea
Assorted Soft Drinks and Juices

The Forest Hill

\$51.50

INCLUDED:

Challa for Moitze
Assorted Rolls, Flat Breads, and Grissini

Five Leaf Lettuce with Sun-dried Cranberries and Roasted Pear with a Poppy Seed Dressing
Poached OR Grilled 3oz Salmon Fillet Served at Room Temperature with Choice of Condiments

*****4oz and 6oz Fillets Also Available*****

Platters of Grilled Vegetable Wraps, Tuna Salad Wraps, and Egg Salad Wraps
Individual Mini Vegetarian Quiche Served Warm
Farfalle Salad with Sun-dried Tomato and Wilted Baby Bok Choi
Green Bean Salad with Diced Mushrooms and Garlic
Wild and Basmati Rice Salad with Sun-dried Cranberries

Cubed Fruit Display
Mini Croissants, Bite Size Brownies and Fancy Mini Pastries

Coffee and Tea
Assorted Soft Drinks and Juice

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The New York Deli

\$52.50

INCLUDED:

Challa for Moitze

ON THE TABLE:

Hummus, Babaganoush and Red Pepper Tapenade

Pita and Wonton Chips

ON THE BUFFET:

Assorted Rolls, Rye Breads, and Flat Breads

Full Carvery Station with Corned Beef, Montreal Smoked Meat, Pastrami, Grilled Salami, and Oven Roasted Turkey Breast

Assorted Fancy Mustards, Sliced Pickles, Banana Peppers, and Cranberry Sauce

Oven Roasted Chicken Breast can Substitute for Turkey Breast

Labour Charge for Chef on Carving Station WILL Apply

Mandarin Salad with Crunch Noodles, Mandarin Oranges and a Honey Mustard Dressing

Creamy Coleslaw

Israeli Salad

Platter of Sliced Tomato with Virgin Olive Oil and Basil Drizzle

Mushroom Strudel Served Warm

Grilled Vegetable Platters with Virgin Olive Oil and Balsamic Vinegar

Tri-Colour Fusilli with Sun-dried Tomato and Basil Pesto

Green Bean Salad with Diced Mushrooms and Garlic

NOTE: Add Herbed Wedge Fries for \$1.00

Cubed Fruit Display

Assorted Mini Pastries and Fancy Cookies

Coffee and Tea

Assorted Soft Drinks and Juices

The Old World

\$22.50

Traditzia: Members Only

INCLUDED:

Challa for Moitze

Sweet Kugel Served Warm

Platter of Herring (Schmaltz or White Wine)

Gefilte Fish with Red Horseradish

Cholent Served Warm

Platters of Chopped Egg Salad

Assorted Sponge Cakes

Coffee and Tea

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Assorted Soft Drinks and Juice

NOTE: This is a Stand up Kiddish and there are no tables, no coffee and tea service, there are chairs set around the room

NOTE

All Menus Can Be Made Nut Free

Setup Fees May Apply

Labour Charges May Apply

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