

# What We Offer

## Caregiving

- Assistance with daily activities such as bathing, dressing, and grooming
- Providing companionship and engaging in meaningful activities, like exercise, reading, or social games
- Meal planning, preparation, and feeding assistance based on dietary needs
- Monitoring client well-being and providing emotional support

## Household Maintenance

- Light housekeeping, including cleaning, laundry, and tidying
- Grocery shopping and running errands as needed
- Organizing and maintaining a safe home environment
- Conducting home safety checks and assisting with minor accessibility adjustments
- Helping with bills or letters as needed
- Providing assistance with pet care

## Medical Support

- Reminders for medications and assistance with scheduling
- Monitoring general well-being of clients and updating family members as requested
- Supporting medical appointment transportation and follow-ups

