

# A MORE RELAXING SOLUTION THAN BAD COFFEE.

Feel merry again — without swearing off your busy holiday office party schedule.

A hangover is essentially a combination of fatigue, dehydration, inflammation, and sluggish recovery from a big night. With oxygen therapy, you feel better afterward because your body absorbs more oxygen, which supports natural energy production.

Bounce back from the holiday fun a little faster at [O2Suites.com](https://O2Suites.com).

