



## LISTEN TO SEASON 1 EPISODE 5



### John 1:29-34 NIV

29 The next day John saw Jesus coming toward him and said, "Look, the Lamb of God, who takes away the sin of the world! 30 This is the one I meant when I said, 'A man who comes after me has surpassed me because he was before me.' 31 I myself did not know him, but the reason I came baptizing with water was that he might be revealed to Israel." 32 Then John gave this testimony: "I saw the Spirit come down from heaven as a dove and remain on him. 33 And I myself did not know him, but the one who sent me to baptize with water told me, 'The man on whom you see the Spirit come down and remain is the one who will baptize with the Holy Spirit.' 34 I have seen and I testify that this is God's Chosen One."



### Questions

- Why does the Holy Spirit come down from heaven like a dove?
- Why does Jesus need to undergo baptism?



### Application

- How does Jesus' baptism model our spiritual journey?
- What does it make you feel when you think about the Holy Spirit dwelling in you?
- When you hit any low points this week, can you pause to pray knowing that the Holy Spirit is closely listening and guiding you?