

Using AAC in Daily Activities

Helping your child use their AAC device in daily routines makes communication meaningful!

Making a Peanut Butter Sandwich

Start with with core words:

'Put', 'Want', 'More', 'Spread', 'All done'

Examples of phrases to model:

1. *'Put bread'* (placing bread)
2. *'Want peanut butter'* (choosing an ingredient)
3. *'Spread peanut butter'* (describing action)
4. *'More jelly?'* (asking question)
5. *'All done!'* (finishing up)

Expand communication: Talk about texture ('sticky'), taste ('sweet'), and sequence ('first', 'next', 'last')

Reading a Book

Start with core words:

'Look', 'Turn', 'Like', 'More', 'Go'

Examples of phrases to model:

1. *'Look!'* (point to pictures)
2. *'Turn Page.'* (encourage interaction)
3. *'I like that.'* (expressing preference)
4. *'More book?'* (asking to continue)
5. *'Go again!'* (reading again)

Expand communication:

Ask questions (*'What next?'*), describe pictures (*'Big dog!'*), and make comments (*'Fun!'*)

Getting Dressed

Start with core words:

'On', 'Off', 'Want', 'Help', 'Like'

Examples of phrases to model:

1. *'Shirt on'* (putting on shirt)
2. *'Shoes off.'* (taking off shoes)
3. *'Want blue?'* (choosing a color)
4. *'Help pants.'* (asking for assistance)
5. *'I like this'* (commenting)

Expand communication:

Talk about textures (*'soft', 'rough'*), preferences (*'I like red.'*), and weather choices (*'Hot?' 'Wear shorts!'*).