



AAC Facts Vs Myths

Myth: AAC will stop my child from talking.

- 1 **Fact:** Research shows that AAC does not prevent speech development. In fact, it encourages verbal speech by reducing frustration and supporting language learning.

Myth: AAC is only for children who are nonverbal.

- 2 **Fact:** AAC benefits children with all types of speech and language challenges. Many children use AAC to support their communication while continuing to develop speech.

Myth: AAC is only for children with severe disabilities.

- 3 **Fact:** AAC can help children with a wide range of conditions including autism spectrum disorder, apraxia of speech, Down syndrome, and speech delays. AAC is a tool for anyone who needs support to communicate more effectively.

Myth: AAC is a last resort when all options fail.

- 4 **Fact:** AAC should be introduced as early as possible. It is not a last resort but a valuable tool that can help children develop communication skills from the start.

Myth: AAC is too complicated for young children.

- 5 **Fact:** Children as young as infancy can learn to use AAC. Just like spoken language, AAC can be introduced early and adapted as the child grows.

Myth: AAC is just pictures and apps.

- 6 **Fact:** AAC includes many forms of communication, such as sign language, gestures, picture boards, speech-generating devices, and even eye-tracking technology.