New Moon Coven Mabon — High Ceremony Edition

I. Opening the Sacred Space

High Priestess:
“Blessed Mabon — season of balance, gratitude, and the turning of the wheel — welcome to each of you.
Though miles may lie between us, our spirits gather in one sacred place.

Take a moment now to settle, to breathe, and to arrive.”

Participant Preparation:

- Mute microphones unless speaking
- Keep cameras on if comfortable
- Light a candle or hold a seasonal stone (amethyst, citrine, jasper)

II. Physical Preparation

High Priestess:
“Sit comfortably with both feet grounded upon the floor.
Let your hands rest where they fall naturally — on your lap, your heart, or at your sides.
Release the tension in your shoulders.
Soften your jaw.

Allow your body to fully arrive at this moment.”

A brief pause is held.

III. Centering Through Breath

High Priestess:

“We begin with breath — the oldest magic.”

Three Cleansing Breaths

- “Inhale deeply… hold… exhale slowly.”
- “Let the noise of the day fall away.”
- “Inhale again… exhale what no longer serves.”
- “One final breath… let your spirit settle.”

Rhythmic Breathing

“Now breathe in for a count of four… and out for a count of four.

Let your breath become steady, like the turning of the seasons.”

Allow several cycles.

IV. Grounding Into the Earth

High Priestess:
“Feel a warm, golden light gathering at the base of your spine.
Let it flow downward through your legs, through your feet, and into the Earth.

See it traveling through soil, stone, and root.”

A pause.

“Though we sit in different places, our roots meet in the deep places.

The Earth beneath each of us is the same Earth that holds us all.”

Connection to the Land:
“Feel the strength of the land beneath you.
Feel the pulse of Mabon — its balance, its harvest, its gratitude.

Let the Earth hold you steady.”

V. Centering the Self

High Priestess:
“Draw your awareness inward.
Gather your thoughts, your emotions, your spirit into your center.

Let distractions fall away like autumn leaves drifting to the ground.”

A pause.

“Feel your energy settle into a calm, balanced point.
You are present.
You are steady.

You are here.”

VI. Weaving the Coven's Light

High Priestess:
"From your heart, see a thread of light extending outward.
It reaches across distance, across screens, across miles.

It touches the hearts of every member of this coven."

A pause.

"Our lights weave together — one circle, one hearth, one family.

Distance cannot break what is woven in spirit."

VII. Mabon Blessing

High Priestess:
"As the day and night stand in perfect balance, so do we.
May we enter this ritual grounded in Earth, centered in Spirit, and united in purpose.

The harvest is upon us — may gratitude fill our hearts."

△ NEW MOON COVEN — CASTING THE CIRCLE

Preparation & Tools

- Presence Lamp
- 2 Altar Candles
- Water Bowl
- Salt Dish
- Pentacle
- Censer
- Athame
- Bell
- Chalice
- Wand
- Four Quarter Candles

The Circle Caster waits until the moment feels right, then rises.

1. Lighting of the Candle

Light the Presence Lamp.

Circle Caster:
“I light this Candle in the name of that ancient presence —
which is, was, and ever shall be:
male, female, all-knowing, all-powerful, and present everywhere.
And in the names of the Four Mighty Ones, rulers of the elements,
may power and blessing descend in this hour

upon this place and those gathered within the New Moon Coven.”

Light the altar candles, incense, and quarter candles from the Presence Lamp.

(Online: quarter callers light their own candles.)

2. Exorcism of the Water

Kneel. Place the Water Bowl upon the Pentacle.

Plunge the Athame tip into the water.

Circle Caster:
“I exorcise thee, O Creature of Water,
that thou cast out from thee all impurity and uncleanliness
of the world of phantasm.

In the names of Hermes and Hecate.”

3. Blessing of the Salt

Set the Water Bowl aside. Place the Salt Dish upon the Pentacle.

Touch the salt with the Athame.

Circle Caster:
“Blessings be upon thee, O Creature of Salt.
Let all malignity and hindrance be cast forth from thee,
and let all good enter within.
Wherefore do I bless and consecrate thee,
that thou mayest aid me.

In the names of Hermes and Hecate."

Add three measures of salt to the water and stir deosil three times.

Circle Caster:
"But ever mind that as water and salt purifies the body,
so the scourge purifies the soul.

So mote it be!"

4. Casting the Circle

Draw a continuous circle from North, deosil, three times.

Circle Caster:
"I conjure thee, O Circle of Power,
that thou beest a boundary between the world of men
and the realms of the Mighty Ones;
a meeting place of love, joy, and truth;
a shield against all wickedness and evil;
a rampart and protection that shall preserve and contain
the power we raise within thee.
Wherefore do I bless thee and consecrate thee

in the names of Hermes and Hecate."

Consecration with the Four Elements

Water:
Sprinkle consecrated water around the Circle three times.
Touch each person with water; be touched in turn.

(Online: sprinkle your own space.)

Air:

Cense the Circle three times.

Calling the Quarters

East — Air

"Ye Lords of the Watchtowers of the East, ye Lords of Air;

I, (name), do summon, stir, and call you up
to witness our rites and guard the Circle!"
Draw the invoking pentagram of Air.

"Hail and welcome!"

South — Fire

"Ye Lords of the Watchtowers of the South, ye Lords of Fire;
I, (name), do summon, stir, and call you up
to witness our rites and guard the Circle!"
Draw the invoking pentagram of Fire.

"Hail and welcome!"

West — Water

"Ye Lords of the Watchtowers of the West, ye Lords of Water;
Lords of Death and Initiation;
I, (name), do summon, stir, and call you up
to witness our rites and guard the Circle!"
Draw the invoking pentagram of Water.

"Hail and welcome!"

North — Earth

"Ye Lords of the Watchtowers of the North, ye Lords of Earth;
Boreas, Guardian of the Northern Portals;
I, (name), do summon, stir, and call you up
to witness our rites and guard the Circle!"
Draw the invoking pentagram of Earth.

"Hail and welcome!"

All turn back to the East and salute.

The Invocation

Circle Caster:
"Ye Mighty Ones, Lords of the Watchtowers of the micro and macrocosm;
Thou powerful God, thou gentle Goddess —

we invite you to our rite.

O Loving Hermes, O Mighty Hecate,

we gather before you to spin the wheel and adore the moon.

We welcome… [state the intent: Mabon Sabbat, Esbat, etc.].

The Charge of the Goddess

Listen to the words of the Great Mother, Who of old was called Artemis, Astarte, Dione, Melusine, Aphrodite, Cerridwen, Diana, Arionrhod, Brigid, and by many other names: Whenever you have need of anything, once a month, and better it be when the moon is full, you shall assemble in some secret place and adore the spirit of Me Who is Queen of all the Wise. Sing, feast, dance, make music and love, all in My Presence, for Mine is the ecstasy of the spirit and Mine also is joy on earth. For My law of love is unto all beings. Mine is the secret that opens the door of youth, and Mine is the cup of wine of life that is the cauldron of Cerridwen, that is the holy grail of immortality. I give the knowledge of the spirit eternal, and beyond death I give peace and freedom and reunion with those that have gone before. Nor do I demand aught of sacrifice, for behold, I am the Mother of all things and My love is poured out upon the earth. Hear the words of the Star Goddess, the dust of whose feet are the hosts of Heaven, whose body encircles the universe: I Who am the beauty of the green earth and the white moon among the stars and the mysteries of the waters, I call upon your soul to arise and come unto Me, for I am the soul of nature that gives life to the universe. From Me all things proceed and unto Me they shall return. Let My worship be in the heart that rejoices, for behold, all acts of love and pleasure are My rituals. Let there be beauty and strength, power and compassion, honor and humility, mirth and reverence within you. And you who seek to know Me, know that your seeking and yearning will avail you not, unless you know the Mystery: for if that which you seek, you find not within yourself, you will never find it without. For behold, I have been with you from the beginning, and I am that which is attained at the end of desire.

Charge of the God

Hear the words of the Horned One, who has been called by many names through time:

Pan and Faunus, Herne and Bacchus, Cernunnos and Amon Ra, and who is also the Sun Lord and the Green Man, the Wounded Healer, the Guardian, the Lover of the World and the Good Father.

I am the Lord of Life. I am the music on the hill, the dance in the open field.

I am the sower of seed, the crack of lightning and roll of thunder, the rain that brings the fields to life.

I am the stag with antlers raised in moonlight, and the lion hunting under the high sun.

I hold the wisdom of beginnings and endings:

the heat of desire that becomes the spark of life, that becomes the fire of passion, that becomes the ember of a dream well lived.

I am the broken torc that ends and ever begins again.

Mine is the staff that flowers, the wand that transforms, and the bright lance that falls like a shooting star to earth.

If you seek me, do not look for me only in books or in temples closed off from the world.

I am in the grapes ripening in late summer sun.

I am in the wolves running free through wild forest. I am in the laughter and songs of friends gathered at table. I am in honest sweat, in the maker at the workbench, in the gardener with hands in the soil, in the artist lost in making.

I am life, and I am the celebration of life. When you need me, I will be with you. On bright full moon and dark moonless night, at first light and at high noon, I am with you. Together we will dance the circle of freedom, sing with joy, and raise the cup that overflows.

My door is open and there is always a place for you at my hearth. And there is an exchange.

Lay down on my altar what no longer serves you: your smallness, your doubt, your despair, your fear of becoming.

In return I will give you strength and steadiness, courage, and the will to act.

For when you stand up to protect your home and your land and the ones you love, I am with you. My shield is before you and my sword is in your hand, my strength is in your arm and my steel is in your heart.

And when you fall, as we all must, look for me in the quiet places, in bone and stone and silent tomb, in the jackal and the vulture keeping watch in the bare tree. I am the keeper of time and the guide who walks with you between worlds. There I am King on the ebony throne, Lord of Death and the great Comforter.

I give rest to the weary who have fought the good fight.

I give healing to wounded body and wounded heart.

I give reunion with those you love who have gone on, and with the mighty dead, the heroes of old.

I am life, I am death, and I am the dancer between the worlds.

I am the honor in your soul, the love in your heart, and the good work of your hands.

I am with you now, and I will be with you to the end.

The Witches Rune

Darksome night and shining moon, Hearken to the witches' rune. East, then south, west then north, Here come I to call thee forth. Earth and water, air and fire, Work ye unto my desire. Wand and Pentacle and Sword Hearken ye unto my word. Cords and Censer, Scourge and Knife, Waken all ye into life. Powers of the Witches Blade, Come ye as the charm is made. Queen of Heaven, Queen of Hell, Lend your aid unto the spell. Horned Hunter of the Night, Work my will by magic rite. By all the power of land and sea, As I do will, so mote it be. By all the might of moon and sun, Chant the spell and be it done.

The working HIGH PRIESTESS continues with the work at hand saying, “Now the work at hand!

1. Action: Put your covered dish with grain, fruit, or vegetable in the center of your space on camera, leave it covered.

2. Says: Now is the time of balance, when day and night are equal. From here night grows and day fades. Nothing stays the same, everything turns with earth and sky. What rises must set, and what sets will rise again. Let's dance the Dance of Going and Returning.

3. Action: Lead everyone slowly counter-clockwise, spiraling inward toward the dish. When close to the center, stop and have everyone sit in a tight circle around their dish.

4. Says: Behold the mystery - in silence, wisdom grows.

5. Action: Uncover the dish. Sit in silence looking at the grain.

6. Action: When ready, stand and go to your East candle.

7. Says: Farewell, Sun, light that always returns. You walked with us through summer. Now you travel to the place of rest, through the gate of endings, to sit as the wise one. Even when we cannot see you outside the circle, you live on inside the hidden seed. The seed of harvest, the seed of our bodies, seed hidden in earth, seed made of stars. In you is life, and life is light. What was never truly born and never truly dies. So we do not grieve, we remember and rejoice.

8. Action: Raise both hands high in blessing toward the High Priest.

9. Action: Lead everyone to stand and dance clockwise, spiraling outward back to the edge. When the circle feels open, close it by taking the hand of the last person on screen and speed up to fast and joyful. (Please research the spiral dance)

10. Says: Down! - everyone sits.

11. The talking stick gets passed around to explain what the Autumn Equinox means to them. After this the Priestess asks if anyone has magick to bestow or Prayer.

Cakes and Ale (or drink of choice) Traditionally wine

Priestess says:

“Please have your cakes and ale ready—whatever you’ve chosen to represent Earth and Water tonight.

Place them before you so they are visible in your space.”

Participants hold their items or place them where they can be seen on camera.

2. High Priestess Blesses the Cakes

The High Priestess raises her hand toward her camera, palm outward.

High Priestess:

“In the name of the Lady of Moonlight and the Lord of the Wild Places,

I bless these cakes—the gifts of Earth.

Though distance lies between us,

    our intention binds these blessings together.

May these cakes nourish your body

    as the Craft nourishes your spirit.”

She visualizes a soft glow flowing from her hand to each participant’s screen.

3. High Priest Blesses the Ale

The High Priest lifts his chalice toward the camera.

High Priest:

“In the name of the God who dances in the firelight

and the Goddess who sings in the tides,

    I bless this ale—the gift of Water and Spirit.

May it refresh you, renew you,

    and seal the magick we have raised tonight.”

He traces a pentacle in the air toward the camera.

4. High Priestess Unites the Blessings

The High Priestess extends both hands toward the camera.

High Priestess:

“By Earth and Water,

by Body and Spirit,

by the love that binds New Moon Eclectics,

let these gifts be blessed.

Across screens, across miles,

our circle stands unbroken.”

Participants are invited to lift their own cakes and ale toward their cameras.

🌕 5. Sharing the Cakes & Ale (Online)

High Priestess takes her piece of cake.

High Priestess:

“May you never hunger.”

She eats.

High Priest lifts his chalice.

High Priest:

“May you never thirst.”

He drinks.

Participants follow: all together and its ok if everyone goes at different times straight up chaos magic!

Each person says aloud:

“May you never hunger.”

and eats.

Then:

“May you never thirst.”

and drinks.

The High Priestess pauses to let everyone finish.

🌕 6. Coven Blessing After the Sharing (Online)

The High Priestess places her hands over her heart.

High Priestess:

“As we have shared these gifts,

so do we share our strength.

As we have taken nourishment,

    so do we take up our purpose.

Though we gather through screens,

    our spirits meet in the deep places.

New Moon Eclectics,

you are fed, you are blessed,

    you are one.”

🌕 7. Grounding the Magick (Online)

High Priestess:

“Let the power raised tonight

settle into the Earth,

into our bones,

into our work,

    and into the path we walk together.

What we have shared strengthens us.

    What we have blessed sustains us.

So mote it be.”

Coven responds:

“So mote it be.”

After the Cakes and Ale a discussion can continue with the talking stick.

Closing the Circle

1. Releasing the Quarters

The Quarter Caller (or Circle Caster) goes to each quarter, athame in hand, to release the energy.

East

Salute the East and draw a banishing pentagram:

> "Ye Lords of the Watchtowers of the East, ye Lords of Air; we thank you for attending our rites; and here ye depart to your beautiful realms, we bid thee Hail and Farewell!"

All: **"Hail and Farewell!"**

(Extinguish the East Quarter Candle)

South

Salute the South and draw a banishing pentagram:

> "Ye Lords of the Watchtowers of the South, ye Lords of Fire; we thank you for attending our rites; and ere ye depart to your beautiful realms, we bid thee Hail and Farewell!"

All: **"Hail and Farewell!"**

(Extinguish the South Quarter Candle)

West

Salute the West and draw a banishing pentagram:

> "Ye Lords of the Watchtowers of the West, ye Lords of Water; we thank you for attending our rites; and ere ye depart to your beautiful realms, we bid thee Hail and Farewell!"

All: **"Hail and Farewell!"**

(Extinguish the West Quarter Candle)

North

Salute the North and draw a banishing pentagram:

> "Ye Lords of the Watchtowers of the North, ye Lords of Earth; Boreas, Guardian of the Northern Portals; we thank you for attending our rites; and here ye depart to your beautiful realms, we bid thee Hail and Farewell!"

All: **"Hail and Farewell!"**

(Extinguish the North Quarter Candle)

2. Dismissals and Gratitude

The Circle Caster addresses the Altar:

> "Loving Hermes, Mighty Hecate, we thank you for your presence, your guidance, and your protection tonight. Stay if you will, go if you must. We bid you Hail and Farewell!"

(Extinguish the Altar Candles)

> "We thank and dismiss all spirits of light who have gathered to witness these rites. Go in peace."

3. Opening the Circle

The Circle Caster stands before the Altar:

> "The Circle is open but unbroken. Merry meet, merry part, and merry meet again."

Extinguish the Presence Lamp:

"This rite has ended!"

All: **"So mote that shit!"**

