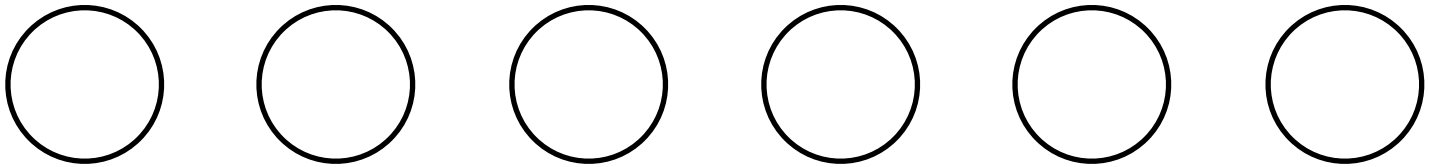
First/Then Board

Place picturesintheboxes.Useasasimple'dothis,then that' visual.

FIRST	THEN

Token/Sticker Strip (optional):



Visual Schedule – 6 Steps

Add pictures/words. Check off each step.

1 ☐	**2** ☐	**3** ☐
4 ☐	**5** ☐	**6** ☐

All Done

Visual Schedule – 8 Steps

Add pictures/words. Check off each step.

1 ☐	2 ☐	3 ☐	4 ☐
5 ☐	6 ☐	7 ☐	8 ☐

Picture Cards – Page 1

Cut out and use with your First/Then or Visual Schedule.

Brush Teeth

Wash Hands

Toilet

Get Dressed

Shoes

Breakfast

Snack

Dinner

Homework

Playtime

Picture Cards – Page 2

Cut out and use with your First/Then or Visual Schedule.

Car/Go

School

Clinic

Park

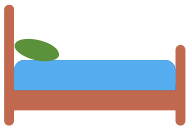
Tablet

Reading

Music

Bath

Brush Hair



Bedtime