

SPONSORSHIP THROUGH THE STEPS

STEP 1

Read the big book from the forward to the first edition until you find, “We learned we had to fully concede to our innermost selves that we were alcoholics”, “What seemed at first a flimsy reed has proved to be the loving and powerful hand of God”. Write down the pages you found them on.

Read the first chapter of the 12x12

1. Do I see the insanity of my mental obsession?
2. Do I see the physical illness in my allergy?
3. Is my bottom bad enough that I’ll work the remaining eleven steps enthusiastically enough to recover?
4. Am I as open-minded and willing as only the dying can be?

Big Book (Pg. 20)

5. Describe and discuss the “real alcoholic” verses the other 2 types of drinkers.

TALK TO THESE THREE PEOPLE

Ask them about their experience with step one

After completing the above Read to the end of pg. 43 this is the conclusion of step 1.