

## MS Wrestling Schedule 2023-24

- First day of practice: No earlier than January 2, 2024
- Minimum practice days per individual: 8
- Regular start time: 5 PM
- Bold teams try and match up together, and underlined teams try and match up together and then mix between the two groups to get every wrestler at least 2 or 3 matches.
- Names and weights are sent to the host school the Monday before the meeting.

Wednesday, January 17 @Omak

**Liberty Bell, Lake Roosevelt, Okanogan, Omak, Nespelem, Tonasket, Oroville**

Wednesday, January 24@Tonasket

**Tonasket, Oroville, Okanogan, Omak, Liberty Bell, Nespelem**

Wednesday, January 31st@Oroville

**Oroville, Tonasket, Omak, Nespelem, Lake Roosevelt, Okanogan**

Wednesday, February 7@Liberty Bell

**Lake Roosevelt, Omak, Nespelem, Liberty Bell, Okanogan, Tonasket**

Wednesday, February 14@Lake Roosevelt

**Liberty Bell, Lake Roosevelt, Okanogan, Omak, Oroville, Nespelem,**

Wednesday, February 21 @Okanogan

**Liberty Bell, Pateros, Lake Roosevelt, Nespelem, Okanogan, Tonasket**

(Teams can weigh in for Friday's tournament on this day)

Friday, February 23 @Okanogan

Okanogan Highlands League Culminating Tournament, 3:30 Weigh-ins for anyone who missed

Wednesday. 4:30pm start time