

22-23 Breakfast November 2022

Mon	Tue	Wed	Thu
<p>31</p> <p>Cereal Variety</p> <p>Fresh Orange</p> <p>Assorted 100% Fruit Juice</p> <p>Milk, Variety</p> <p>Mozzarella String Cheese</p>	<p>1</p> <p>Sausage Links</p> <p>Applesauce</p> <p>Assorted 100% Fruit Juice</p> <p>Texas Style French Toast</p> <p>Milk, Variety</p>	<p>2</p> <p>Yogurt, Asst</p> <p>Chilled Blueberries</p> <p>Assorted 100% Fruit Juice</p> <p>Mini Banana Chocolate Chunk BeneFIT Bar</p> <p>Milk, Variety</p>	<p>3</p> <p>Breakfast Burrito</p> <p>Tater Tots</p> <p>Mixed Fruit</p> <p>Assorted 100% Fruit Juice</p> <p>Milk, Variety</p>
<p>7</p> <p>Cereal Variety</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Orange</p> <p>Milk, Variety</p> <p>Mozzarella String Cheese</p>	<p>8</p> <p>Yogurt, Asst</p> <p>Assorted 100% Fruit Juice</p> <p>Chilled Blueberries</p> <p>Blueberry Muffin</p> <p>Milk, Variety</p>	<p>9</p> <p>Breakfast Pizza with Sausage</p> <p>Assorted 100% Fruit Juice</p> <p>Pineapple Tidbits</p> <p>Milk, Variety</p>	<p>10</p> <p>English Muffin Breakfast Sandwich</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Banana</p> <p>Milk, Variety</p>
<p>14</p> <p>Cereal Variety</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Orange</p> <p>Milk, Variety</p> <p>Mozzarella String Cheese</p>	<p>15</p> <p>Ham</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Strawberries</p> <p>Whole Wheat Waffle</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p>	<p>16</p> <p>Yogurt, Asst</p> <p>Chilled Blueberries</p> <p>Assorted 100% Fruit Juice</p> <p>WG Bagel w/ Cream Cheese</p> <p>Milk, Variety</p>	<p>17</p> <p>Cinnamon Roll</p> <p>Scrambled Eggs</p> <p>Assorted 100% Fruit Juice</p> <p>Applesauce</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p>
<p>21</p> <p>Cereal Variety</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Orange</p> <p>Milk, Variety</p> <p>Mozzarella String Cheese</p>	<p>22</p> <p>Hard Boiled Egg</p> <p>Assorted 100% Fruit Juice</p> <p>Sliced Pears</p> <p>English Muffin</p> <p>Milk, Variety</p>	<p>23</p> <p>No School</p>	<p>24</p> <p>No School</p>
<p>28</p> <p>Cereal Variety</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Orange</p> <p>Milk, Variety</p> <p>Mozzarella String Cheese</p>	<p>29</p> <p>Sausage Links</p> <p>Assorted 100% Fruit Juice</p> <p>Fresh Strawberries</p> <p>Pancakes</p> <p>Milk, Variety</p>	<p>30</p> <p>Ham</p> <p>Assorted 100% Fruit Juice</p> <p>Pineapple Tidbits</p> <p>Maple Bar</p> <p>Milk, Variety</p>	<p>1</p> <p>Flatbread Pizza, Breakfast</p> <p>Assorted 100% Fruit Juice</p> <p>Mixed Fruit</p> <p>Milk, Variety</p>

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22-23 Lunch November 2022

Mon	Tue	Wed	Thu
<p>31 Hamburger on a Bun French Fries Veggie Bar Peaches, Canned Milk, Variety</p>	<p>1 Seasoned Chicken Fajitas Refried beans Veggie Bar Fresh Grapes Milk, Variety</p>	<p>2 Pizza Rippers Veggie Bar Pineapple Tidbits Milk, Variety</p>	<p>3 Egg Salad Sandwich Veggie Bar Fresh Apple Slices Milk, Variety Lays Potato Chips</p>
<p>7 Chicken Nuggets Veggie Bar French Fries Peaches, Canned Milk, Variety</p>	<p>8 Cheese Quesadilla Refried beans Veggie Bar Fresh Grapes Milk, Variety</p>	<p>9 Beef Stroganoff w/ Noodles Veggie Bar Cut Green Beans Fresh Orange Milk, Variety</p>	<p>10 Turkey Gravy and Mashed Potatoes Whole Kernel Corn Veggie Bar Fresh Orange Dinner Roll Milk, Variety</p>
<p>14 Sloppy Joe Cut Green Beans Veggie Bar Peaches, Canned Milk, Variety</p>	<p>15 Beef, Bean & Cheese Burrito Tater Tots Veggie Bar Fresh Grapes Milk, Variety</p>	<p>16 Goulash Cut Green Beans Veggie Bar Sliced Pears Milk, Variety</p>	<p>17 Classic Grilled Cheese Sandwich Tomato Soup Veggie Bar Mixed Fruit Milk, Variety</p>
<p>21 Chicken Patty Sandwich Veggie Bar French Fries Peaches, Canned Milk, Variety</p>	<p>22 Chicken Corn Dog Veggie Bar Fresh Apple Slices Fat Free Chocolate Milk 1% Milk</p>	<p>23 No School,</p>	<p>24 No School</p>
<p>28 BBQ Pork Sandwich Baked Beans Veggie Bar Peaches, Canned Milk, Variety</p>	<p>29 Beef Soft Taco Veggie Bar Fresh Grapes Mexi Rice Milk, Variety</p>	<p>30 Beef Vegetable Soup Veggie Bar Sliced Pears Biscuit Milk, Variety Honey</p>	<p>1 Tuna Salad Sandwich Veggie Bar Fresh Apple Slices Milk, Variety Lays Potato Chips</p>

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