

# SALADO SENIOR CENTER

## APRIL ACTIVITIES

### MONDAY, APRIL 1st

9:00-10:00 — Beginner's Pickleball Lesson w/ Cindy  
9:00-10:00 — Exercise (Chair Yoga w/ Joette)  
9:00-11:00 — Quilting w/ Lyna  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Stretching (Beginner Yoga w/ Gary)  
11:00-12:30 — Crochet w/ Joette  
12:00-3:00 — Bridge

### MONDAY, APRIL 8th

\* **CLOSED** — Solar Eclipse \*

### MONDAY, APRIL 15th

9:00-10:00 — Exercise (Chair Yoga w/ Joette)  
9:00-11:00 — Quilting w/ Lyna  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Stretching (Beginner Yoga w/ Gary)  
10:30-12:30 — Discuss Travel Opportunities w/ Local Travel Agents  
11:00-12:30 — Crochet w/ Joette  
11:30-12:30 — Lunch for All/Birthday Celebration  
12:00-3:00 — Bridge  
12:00-3:00 — Siamese Mahjong

### MONDAY, APRIL 22nd

9:00-10:00 — Exercise (Chair Yoga w/ Joette)  
9:00-11:00 — Quilting w/ Lyna  
\* 10:00-11:00 — Fraud Prevention Class w/ Cadence Bank & Constable Rolly Correa  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Stretching (Beginner Yoga w/ Gary)  
11:00-12:30 — Crochet w/ Joette  
12:00-3:00 — Bridge  
\* 1:00-2:30 — Paint a Birdhouse w/ Helen Alexander

### MONDAY, APRIL 29th

9:00-10:00 — Exercise (Chair Yoga w/ Joette)  
9:00-11:00 — Quilting w/ Lyna  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Stretching (Beginner Yoga w/ Gary)  
11:00-12:30 — Crochet w/ Joette  
12:00-3:00 — Bridge  
1:00-2:30 — Arts & Crafts w/ Joan Smith

### THURSDAY, APRIL 4th

9:00-10:00 — Exercise Class w/ Alice Cooper  
10:00-12:00 — Dominoes 42 Game  
10:00-12:00 — Learn to Play Mahjong  
10:15-11:15 — Chair Tai Chi w/ Richard Trautman  
12:00-3:00 — Mahjong  
12:00-3:00 — Bridge  
1:00-2:30 — BINGO

### THURSDAY, APRIL 11th

9:00-10:00 — Exercise Class w/ Alice Cooper  
10:00-12:00 — Dominoes 42 Game  
10:00-12:00 — Learn to Play Mahjong  
\* 10:00-12:00 — Arts & Crafts w/ Salado Public Library (Floral Wreath)  
10:15-11:15 — Chair Tai Chi w/ Richard Trautman  
12:00-3:00 — Mahjong  
12:00-3:00 — Bridge  
1:00-2:30 — BINGO  
\* 1:00-2:30 — Overview of "Be Well/Live Well" Nutrition Program by Texas A&M AgriLife Extension

### THURSDAY, APRIL 18th

9:00-10:00 — Exercise Class w/ Alice Cooper  
10:00-12:00 — Learn to Play Mahjong  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Chair Tai Chi w/ Richard Trautman  
11:00-12:00 — Medicare 101 w/ Sherese Reed  
12:00-3:00 — Mahjong  
12:00-3:00 — Bridge  
\* 12:30-1:30 — Book Club w/ Salado Public Library  
1:00-2:30 — BINGO

### THURSDAY, APRIL 25th

9:00-10:00 — Exercise Class w/ Alice Cooper  
\* 10:00-11:00 — Technology Time w/ Salado Public Library  
\* 10:00-12:00 — Master Gardeners Present "Drought Tolerant Plants"  
10:00-12:00 — Learn to Play Mahjong  
10:00-12:00 — Dominoes 42 Game  
10:15-11:15 — Chair Tai Chi w/ Richard Trautman  
12:00-3:00 — Mahjong  
12:00-3:00 — Bridge  
1:00-2:30 — BINGO

\* **To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.**

#### EVERY MONDAY

9:00-3:00 — Open Pickleball Courts (3 Courts Available: Beginner, Intermediate, Advanced)

#### EVERY MONDAY & THURSDAY

9:00-2:00 — Coffee Time  
9:00-3:00 — Game Time  
9:00-3:00 — Cornhole