

# SALADO SENIOR CENTER

## MAY ACTIVITIES

### EVERY MONDAY

9:00-3:00 — Open Pickleball Courts (3 Courts Available: Beginner, Intermediate, Advanced)

### EVERY MONDAY & THURSDAY

9:00-2:00 — Coffee Time

9:00-3:00 — Game Time

9:00-3:00 — Cornhole

### MONDAY, MAY 6th

9:00-10:00 — Beginner's Pickleball Lesson w/ Cindy

9:00-10:00 — Exercise (Chair Yoga w/ Joette)

9:00-11:00 — Quilting w/ Lyna

10:00-12:00 — Dominoes 42 Game

10:15-11:15 — Stretching (Beginner Yoga w/ Gary)

11:00-12:30 — Crochet w/ Joette

12:00-3:00 — Bridge

\* 12:30-1:30 — Create Your Own Balloon Buddies w/ Norma Milligan

### MONDAY, MAY 13th

9:00-10:00 — Exercise (Chair Yoga w/ Joette)

9:00-11:00 — Quilting w/ Lyna

10:00-12:00 — Dominoes 42 Game

10:15-11:15 — Stretching (Beginner Yoga w/ Gary)

11:00-12:30 — Crochet w/ Joette

12:00-3:00 — Bridge

12:00-3:00 — Siamese Mahjong

### MONDAY, MAY 20th

9:00-10:00 — Exercise (Chair Yoga w/ Joette)

9:00-11:00 — Quilting w/ Lyna

10:00-12:00 — Dominoes 42 Game

10:15-11:15 — Stretching (Beginner Yoga w/ Gary)

11:00-12:30 — Crochet w/ Joette

\* 11:30-1:30 — Back to the 50s Birthday

Celebration/Lunch for All

12:00-3:00 — Bridge

### MONDAY, MAY 27th

\* CLOSED — Memorial Day \*

\* To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.

### THURSDAY, MAY 2nd

9:00-10:00 — Exercise Class w/ Alice Cooper

10:00-12:00 — Dominoes 42 Game

\* 10:00-11:30 — Simple Scrapbook Page Kit -OR- Trio Card Kit w/ Linda Bruggman

10:00-12:00 — Learn to Play Mahjong

10:15-11:15 — Chair Tai Chi w/ Richard Trautman

12:00-3:00 — Mahjong

12:00-3:00 — Bridge

1:00-2:30 — BINGO

### THURSDAY, MAY 9th

9:00-10:00 — Exercise Class w/ Alice Cooper

10:00-12:00 — Dominoes 42 Game

10:00-12:00 — Learn to Play Mahjong

\* 10:00-12:00 — Arts & Crafts w/ Salado Public Library

10:15-11:15 — Chair Tai Chi w/ Richard Trautman

12:00-3:00 — Mahjong

12:00-3:00 — Bridge

1:00-2:30 — BINGO

\* 3:00 — After Hours Fellowship - Wine Flight and Tasting at Axis Winery

### THURSDAY, MAY 16th

9:00-10:00 — Exercise Class w/ Alice Cooper

10:00-12:00 — Learn to Play Mahjong

10:00-12:00 — Dominoes 42 Game

10:15-11:15 — Chair Tai Chi w/ Richard Trautman

12:00-3:00 — Mahjong

12:00-3:00 — Bridge

\* 12:30-1:30 — Book Club w/ Salado Public Library

1:00-2:30 — BINGO

### THURSDAY, MAY 23rd

9:00-10:00 — Exercise Class w/ Alice Cooper

\* 10:00-11:00 — One-on-One Technology Time w/ Salado Public Library

10:00-12:00 — Learn to Play Mahjong

10:00-12:00 — Dominoes 42 Game

10:15-11:15 — Chair Tai Chi w/ Richard Trautman

12:00-3:00 — Mahjong

12:00-3:00 — Bridge

\* 1:00-2:00 — "Be Well, Live Well" Nutrition Program: "Be Independent: Eat Well" by Texas A&M AgriLife Extension

1:00-2:30 — BINGO

### THURSDAY, MAY 30th

9:00-10:00 — Exercise Class w/ Alice Cooper

10:00-12:00 — Dominoes 42 Game

10:00-12:00 — Learn to Play Mahjong

10:15-11:15 — Chair Tai Chi w/ Richard Trautman

12:00-3:00 — Mahjong

12:00-3:00 — Bridge

1:00-2:30 — BINGO