

SALADO SENIOR CENTER

OCTOBER ACTIVITIES

EVERY MONDAY

- 9:00-10:00 — Exercise (Chair Yoga w/ Joette)
- 9:00-12:00 — Pinochle
- 9:00-3:00 — Open Pickleball Courts
- 9:00-3:00 — Cornhole
- 10:00-12:00 — Dominoes 42 Game
- 10:15-11:15 — Stretching (Beginner Yoga w/ Gary)
- 11:00-12:30 — Hooks & Needles w/ Joette
- 12:00-3:00 — Bridge

EVERY THURSDAY

- 9:00-10:00 — Pilates-Style Exercise Class
- 9:00-11:00 — Canasta
- 9:00-3:00 — Cornhole
- 10:00-12:00 — Dominoes 42 Game
- 10:00-12:00 — Learn to Play Mahjong
- 10:15-11:15 — Chair Tai Chi w/ Richard Trautman
- 12:00-3:00 — Mahjong
- 12:00-3:00 — Bridge
- 1:00-2:30 — BINGO

POP-UP EVENTS

THURSDAY, OCTOBER 2nd

- 10:00-12:00 | Halloween Earrings w/ Joe DiStefano

MONDAY, OCTOBER 6th

- 9:00-10:00 | Beginner's Pickleball Lesson w/ Cindy
- 10:00-12:00 | Make "Country Farmhouse Pumpkin" w/ Friends of the Library
- 1:30-2:30 | Learn How to Play Handbells w/ Wes Roach

THURSDAY, OCTOBER 9th

- 10:00-11:15 | "Creepy Table Centerpiece" w/ Salado Public Library
- 11:30-12:30 | Writing Class w/ Salado Public Library
- 3:30 | After Hours Social Event: Beer Tasting at Barrow Brewing (\$10/person)

MONDAY, OCTOBER 13th

* **CLOSED: Columbus Day** *

To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.

THURSDAY, OCTOBER 16th

- 10:00-11:00 | Diabetes Class: "How Food Affects Your Blood Glucose" w/ Bev Hodges
- 12:00-1:00 | Book Club w/ Salado Public Library

MONDAY, OCTOBER 20th

- 11:30-12:30 | Lunch/Birthday Celebration: "Halloween" Theme
- 12:15 | Costume Contest
- 12:30-2:30 | Holiday Bird House w/ Susan & Bruce
- 1:30-2:30 | Learn How to Play Handbells w/ Wes Roach

THURSDAY, OCTOBER 23rd

- 10:00-11:00 | One-on-One Technology Time w/ Salado Public Library

MONDAY, OCTOBER 27th

- 11:30-12:30 | Simple Scrapbook Page Kit or Trio Card Kit
- 12:00-2:00 | Pinochle Class
- 1:00-2:30 | "Decorative Pumpkin" w/ Joan Smith
- 1:30-2:30 | Learn How to Play Handbells w/ Wes Roach

THURSDAY, OCTOBER 30th

- (Time TBD) | Trick or Treat for Parents Day Out Program