

SALADO SENIOR CENTER

SEPTEMBER ACTIVITIES

EVERY MONDAY

- 9:00-10:00 — Exercise (Chair Yoga w/ Joette)
- 9:00-12:00 — Pinochle
- 9:00-3:00 — Open Pickleball Courts
- 9:00-3:00 — Cornhole
- 10:00-12:00 — Dominoes 42 Game
- 10:15-11:15 — Stretching (Beginner Yoga w/ Gary)
- 11:00-12:30 — Hooks & Needles w/ Joette
- 12:00-3:00 — Bridge

EVERY THURSDAY

- 9:00-10:00 — Pilates-Style Exercise Class
- 9:00-11:00 — Canasta
- 9:00-3:00 — Cornhole
- 10:00-12:00 — Dominoes 42 Game
- 10:00-12:00 — Learn to Play Mahjong
- 10:15-11:15 — Chair Tai Chi w/ Richard Trautman
- 12:00-3:00 — Mahjong
- 12:00-3:00 — Bridge
- 1:00-2:30 — BINGO

POP-UP EVENTS

MONDAY, SEPTEMBER 1st

* **CLOSED: Labor Day ***

THURSDAY, SEPTEMBER 4th

- 12:30-2:30 | Basic Watercolor w/ Elizabeth

MONDAY, SEPTEMBER 8th

- 9:00-10:00 | Beginner's Pickleball Lesson w/ Cindy
- 10:00-12:00 | Make "Christmas Diamond Art Coasters" w/ Friends of the Library
- 10:00-12:00 | Chess Gathering
- 12:00-3:00 | Siamese Mahjong
- 1:00-2:00 | Michael Bartley Woodworking Presentation
- 1:30-2:30 | Learn How to Play Handbells w/ Wes Roach

THURSDAY, SEPTEMBER 11th

- 10:00-11:15 | "Sunflower Mason Jar Centerpiece" w/ Salado Public Library
- 11:30-12:30 | Writing Class w/ Salado Public Library

MONDAY, SEPTEMBER 15th

- 11:30-12:30 | Lunch/Birthday Celebration: "Let's go to the State Fair" Theme

THURSDAY, SEPTEMBER 18th

- 12:00-1:00 | Book Club w/ Salado Public Library

MONDAY, SEPTEMBER 22nd

- 10:00-12:00 | Chess Gathering
- 11:30-12:30 | Simple Scrapbook Page Kit or Trio Card Kit
- 1:30-2:30 | Learn to Play Handbells w/ Wes Roach

THURSDAY, SEPTEMBER 25th

- 10:00-11:00 | One-on-One Technology Time w/ Salado Public Library
- 12:30-2:30 | Basic Watercolor w/ Elizabeth

MONDAY, SEPTEMBER 29th

- 10:00-11:00 | "Improving Your Blood Glucose Control w/ Physical Activity" w/ Bev Hodges
- 11:30-12:30 | Praying in Color

To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.