

Norris Youth Football Association - PANCAKE Blocks - Program Guidelines

Program objective

A pancake block is a point of pride and often celebrated as a measure of dominance on the field. It's a term that highlights not just technical skill but also a player's physical and mental attributes. The Norris Youth Football program rewards players that show effort, attitude, tenacity and mental toughness. A successful pancake block by a player will show some or all these traits

Pancake Block tracking

Each team must designate a Pancake stat tracker. Stat tracker submits stats to the Program Manager by Monday evening each week. This may be a coach or a volunteer parent. This is their only game-time duty.

Pancake Block(s) - Definition

The opposing player must leave their feet and must:

- Lay on their back or
- Have both feet and hands on the ground
- If a pancake causes a penalty, then the player will not be awarded a pancake

Eligibility

Offensive Players are eligible to receive or be scored a pancake.

Defensive Players are eligible to receive or be scored a pancake

Special Team Players are eligible to receive or be scored a pancake

Weekly Award

Each team will announce their Top Pancake Giver during the last practice of the week following the previous week's game. (The most pancakes given during the previous weekend's game)

The Team Pancake Player of the Week will receive a pancake sticker to be placed on the helmet.

End of Year Award

Each Weekly Team Pancake Player of the week is invited to the end-of-season Pancake Breakfast.

Top Program Pancake Player is awarded the Pancake Player of the Year award for each team level