



2023 Program Member & Player Weigh-In Information

Schedule: The Great Plains Youth Football League will schedule a date and time to conduct a weigh-in within your local program. Please check with your local Program Leader on or after Thursday, July 27th for the specific date and time for your program. The cost for the league to visit your program to conduct weigh-ins will be \$5 per player for the 2023 season.

Please refer to the Great Plains Youth Football 2023 Rule Book for specific details regarding weigh-in procedures, exceptions and limitations.

Program Leaders and Coaches:

All paperwork will be collected by our league representative at weigh-ins. If a player does not have their signed Parent/Guardian Consent Form with them at weigh-ins, then that player will not be eligible to play until that paperwork is turned in to the league.

Be at weigh-ins at least 15 minutes before your scheduled time!

Have all of this done before your weigh-in time. **DO NOT ORGANIZE AT WEIGH-INS!**

- ✓ Each player must have a signed Parent/Guardian Form.
- ✓ Have your player roster sheet completed and entered into Tourney Machine via the link emailed to the Head Coach. This must be completed a minimum of 48 hours prior to your teams scheduled weigh-in. No roster entered = No team weigh-in.
- ✓ Make sure each player has their game jersey on at weigh-ins.

Players over the established weight limit for their division of play for playing a skill position will be considered a STRIPER for the season and designated by a single horizontal stripe around their helmet and will be required to play between the tackles on both offense and defense. Players that are considerably lighter than other players at their grade/age may qualify an Older/Lighter player and can be considered a DOUBLE STRIPER. Double Stripers are designated by two horizontal halos around their helmet. Double Stripers cannot play the QB or RB positions, cannot receive a direct snap or advance the ball except by catching a forward lateral beyond the line of scrimmage.

Every player must weigh-in or they will automatically be assigned as a striper for the season on the team roster. Every player must submit a signed Parent / Guardian Consent Form to be eligible to compete in games.