

# Steele County Public Health

## Long Term Care Program Directory of Resources

**Notice:** This list is intended for informational purposes only and is not all-inclusive. All persons, agencies, vendors, and businesses listed are presented as resources for the Steele County area and are not being promoted, endorsed or condoned by Steele County Public Health or any of its personnel.

For changes and additions to this list, please contact Steele County Public Health at [scphn@co.steele.mn.us](mailto:scphn@co.steele.mn.us)

### Customized Living Facilities/Nursing Homes

<b>Birchwood Cottages</b> Care Type: (Housing with Services) (Dementia Unit or Dementia Program) 1905 Austin Road Owatonna, MN 55060 507-413-6800 Fax: 507-413-6452	<b>Heather Haus</b> Care Type: (Housing with Services) (Assisted Living Services) 223 4 <sup>th</sup> Street NW Blooming Prairie, MN 55917 507-583-7399 Fax: 507-583-2401
<b>Birchwood Cottages</b> Care Type: (Housing with Services) (Dementia Unit or Dementia Program) 1845 Austin Road Owatonna, MN 55060 507-413-6800 Fax: 507-413-6452	<b>Medford Senior Care</b> Care Type: (Housing with Services) (Assisted Living Services) (Apartments & Independent Catered Living) 108 3 <sup>rd</sup> Street NE Medford, MN 55049 507-214-3344 Fax: 507-214-3345
<b>Brookdale Owatonna</b> Care Type: (Housing with Services) (Assisted Living Services) 334 Cedardale Drive SE Owatonna, MN 55060 507-451-6914 Fax: 507-451-7083	<b>Park Place</b> Care Type: (Housing with Services) (Assisted Living Services) 125 Park Street E Owatonna, MN 55060 507-451-0808 Fax: 507-446-8116
<b>Brookdale Owatonna – Memory Care</b> Care Type: (Housing with Services) (Dementia Unit or Dementia Program) 364 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 Fax: 507-446-8601	<b>Prairie Manor Care Center</b> Care Type: (Nursing Home) 220 Third Street NW Blooming Prairie, MN 55917 507-583-4434 Fax: 507-583-2401

<p><b>Countryside (Ecumen) – A Catered Senior Living Community</b> Care Type: (Housing with Services) (Assisted Living Services) 650 El Dorado Street Owatonna, MN 55060 507-446-8334</p>	<p><b>Traditions of Owatonna I</b> Care Type: (Housing with Services) (Dementia Unit or Dementia Program) 195 24<sup>th</sup> Place NW Owatonna, MN 55060 507-455-0700 Fax: 507-583-0011</p>
<p><b>Ecumen Brooks</b> Care Type: (Housing with Services) (Assisted Living Services) 2480 St Paul Road Owatonna, MN 55060 507-446-0611 Fax: 507-446-5858</p>	<p><b>Traditions of Owatonna II</b> Care Type: (Housing with Services) (Dementia Unit or Dementia Program) 150 24<sup>th</sup> Street NE Owatonna, MN 55060 507-451-0433 Fax: 507-583-0011</p>
<p><b>Koda Living Community</b> Care Type: (Nursing Home) 2255 30<sup>th</sup> Street NW Owatonna, MN 55060 507- 444-4200 Fax: 507-446-4944</p>	<p><b>Valleyview of Owatonna LLC</b> Care Type: (Housing with Services) (Assisted Living Services) 1212 W Frontage Road Owatonna, MN 55060 507-451-0722 Fax: 507-455-3731</p>
<p><b>Frazier Recovery Home LLC</b> Care Type: (Housing with Services) 231 17<sup>th</sup> Street NE Owatonna, MN 55060 651-895-4440</p>	<p><b>Whispering Oak Assisted Living Community</b> Care Type: (Housing with Services) (Assisted Living Services) 903 Calverly Court Ellendale, MN 56026 507-684-3026 Fax: 505-684-3194</p>
<p><b>Frazier Recovery Home LLC</b> Care Type: (Housing with Services) 315 Cedar Avenue Owatonna, MN 55060 651-895-4440</p>	

<b>Board &amp; Lodge Facilities</b>	
<p><b>Mineral Springs Board &amp; Lodge</b> 800 Mineral Springs Road Owatonna, MN 55060 507-455-1652</p>	<p><b>Youngdahl LLC</b> 1985 4<sup>th</sup> Avenue SE Owatonna, MN 55060 507-451-2630 Fax: 507-455-8133</p>

## Emergency/Hospitals/Shelters

### 9-1-1

**Austin Medical Center**  
 1000 First Drive NW  
 Austin, MN 55912  
 General: 507-433-7351  
 Appointments: 507-433-8758  
 Toll-free: 888-609-4065

**Owatonna Clinic (Mayo)**  
 26<sup>th</sup> Street Clinic  
 2200 26<sup>th</sup> Street NW  
 Owatonna, MN 55060  
 507-451-1120  
 Toll free: 1-800-628-2538  
 (or 911)

**Crisis Resource Center**  
 125 Front Street W  
 Owatonna, MN 55060  
 507-451-1202 or  
 Toll free: 1-800-451-1202

**Owatonna Clinic (Mayo) - Urgent Care**  
 2200 26<sup>th</sup> Street NW  
 Owatonna, MN 55060  
 507-451-0686  
 Regular Appts-507-451-0684 (or 911)

**Gold Cross Ambulance**  
 1005 Cedar Avenue S  
 Owatonna, MN 55060  
 507-451-6403  
 Fax: 507-451-8100

**Owatonna Hospital (Allina)**  
 2250 26<sup>th</sup> Street NW  
 Owatonna, MN 55060  
 507-451-3850  
 (or 911)

**Hospitality House of Owatonna**  
 Emergency men's shelter  
 250 E Main Street  
 Owatonna, MN 55060  
 507-444-4042

**Safe Return**  
 For wandering & medical emergencies  
 1-888-572-8566

## Financial & Legal Resources

**Disability Linkage Line**  
 Phone/Toll free: 1-866-333-2466  
  
 Resource Connection

**Ombudsman for Long Term Care**  
 PO Box 64971  
 St Paul, MN 55164-0971  
 651-431-2555  
 Toll Free to St. Paul Office: 800-657-3591

**Disability Professionals**  
 PO Box 3408  
 Mankato, MN 56002  
 Business: 507-625-1832  
 Toll Free: 866-678-1832  
 Fax: 507-625-5606  
  
 Disability Certification Assistance

**SEMCAC – Senior/Caregiver Advocate**  
 545 Dunnell Drive  
 Owatonna, MN 55060  
 507-451-7134  
 TDD: 1-800-627-2433  
 Fax: 507-451-7210  
 Senior Citizens Legal Services Representative  
 2<sup>nd</sup> Wednesday of every month  
 8:30 a.m. – 12:00 p.m.

<p><b>Disability Specialist, Inc.</b>  1-218-666-2676  Toll free: 1-800-642-6393  Fax: 218-666-3136  e-mail: <a href="mailto:Disabil@northlc.com">Disabil@northlc.com</a>  <a href="http://www.DisabilitySpecialist.net">www.DisabilitySpecialist.net</a></p> <p>Disability Certification Assistance</p>	<p><b>Senior Place</b>  500 Dunnell Drive  Owatonna, MN 55060  507-444-4280 for appointment  Fax: 507-444-2470</p>
<p><b>Health Care Coverage Options and the New Laws:</b>  <a href="http://healthcare.gov">http://healthcare.gov</a></p>	<p><b>Social Security Administration</b>  404 2<sup>nd</sup> Street NW  Austin, MN 55912  507-433-1838 Ext. 0  Toll free: 1- 800-772-1213  <a href="http://www.ssa.gov">www.ssa.gov</a></p>
<p><b>Options for the Uninsured/Underinsured to Obtain Medications or Medical Services:</b>  <a href="http://www.needymeds.org">http://www.needymeds.org</a></p>	<p><b>Southern Minnesota Regional Legal Services</b>  Albert Lea, MN 55060  1-888-575-2954 or 1-800-223-0280</p>
<p><b>Medicare</b>  Toll free: 1-800-382-2000 or 1-800-392-0343  <a href="http://www.medicare.gov">http://www.medicare.gov</a></p>	<p><b>Minnesota Prairie County Alliance – Steele Site</b>  630 Florence Avenue  PO Box 890  Owatonna, MN 55060  507-431-5600  888-600-5169  TDD: 507-635-6200</p>
<p><b>Medicare Part D-Senior Linkage Line</b>  Toll free: 1-800-333-2433 or  <a href="http://www.medicare.gov">http://www.medicare.gov</a></p>	<p><b>USDA Rural Development Service Center Office</b>  Housing loans and grants  1810 30<sup>th</sup> St NW  Faribault, MN 55021  507-332-7418  Fax: 855-804-4099  Contact: Charles Phillips, Rural Development Specialist</p>
<p><b>MNHelp.Info</b>  <a href="http://www.mnhelp.info">www.mnhelp.info</a></p> <p>Resource Connection</p>	<p><b>NAELA – National Association of Elder Law Attorneys</b>  To find an elder law attorney in greater Minnesota or in other states, go to <a href="http://www.naela.org">www.naela.org</a></p>

Food Programs & Dining Sites	
<p><b>SEMCAC Meals on Wheels</b>  SEMCAC Owatonna Mobile Meal Program  Blooming Prairie: 507-583-7369  Ellendale: 507-684-3311  Owatonna/Medford: 507-455-3195 or 507-331-6651</p>	<p><b>Meals in Motion</b>  Food Resource &amp; Education Delivery for Steele County  The Steele County Food Shelf delivers food to those in Steele County who are unable to come to their location in Owatonna.  507-455-2991 (ask for Rich)</p>

<p><b>Mom's Meals</b> Arrives through the mail Orders can be placed Monday-Friday 8am-5pm Gluten-free meals are available to waiver customers if there is a medical need Toll free: 1-866-716-3257 (waiver, press 1) or 1-866-971-6667 (Private Pay) Fax: 515-382-3789 E-mail: <a href="mailto:info@momsmeals.com">info@momsmeals.com</a> <a href="http://www.momsmeals.com">www.momsmeals.com</a></p>	<p><b>Steele County Food Shelf</b> Income/asset based Hours: Monday &amp; Wednesday 9am - 5:30pm; Tuesday, Thursday &amp; Friday 9am - 3:30pm; Saturday: 8am - 11:30am 155 Oakdale Street Suite A Owatonna, MN 55060 507-455-2991 Email: <a href="mailto:foodshelf@steelecountyfoodshelf.org">foodshelf@steelecountyfoodshelf.org</a> <a href="http://www.steelecountyfoodshelf.org">www.steelecountyfoodshelf.org</a></p>
<p><b>Meals of Hope</b> Trinity Lutheran Church 609 Lincoln Ave Owatonna, MN 55060 Sundays 5:00 – 6:15 p.m. (no charge) Transportation/pick-up available to the meal is provided at Cedar Place (high rise), Ivanhoe, and Maple Trails on the church bus. Call for pick-up times and details. Call 507-451-4520 before noon on Friday to request a ride. <a href="http://www.tlcowatonna.org">www.tlcowatonna.org</a></p>	<p><b>Ellendale Area Food Shelf</b> Ellendale United Methodist Church 200 6<sup>th</sup> Street Ellendale, MN 56026 Thursdays 4:30 – 6:30 p.m. or by appointment 507-684-2731</p>
<p><b>St. Vincent's Table</b> St. Joseph Parish 512 Elm Ave S Owatonna, MN 55060 Tuesdays 5:30 – 6:30 p.m. 507-451-4845 <a href="http://www.stjosephowatonna.org">www.stjosephowatonna.org</a></p>	<p><b>Bethel Community Supper</b> Bethel Church 1611 Hemlock Ave Owatonna, MN 55060 Wednesdays 5:00 – 6:00 p.m. 507-451-8548 <a href="http://www.bethelowatonna.com">www.bethelowatonna.com</a></p>
<p><b>NAPS: Nutrition Assistance Program for Seniors</b> Income/asset based (pick up is usually the 2<sup>nd</sup> Tuesday of every month from 4pm-7pm at Trinity Lutheran Church in Owatonna) Toll-free 1-877-500-8699, ext. 104</p>	

<b>Dining Sites</b>	
<p><b>Cedar Place Apartments</b> 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693</p>	<p><b>Blooming Prairie Senior Center</b> 134 3<sup>rd</sup> Ave SE Blooming Prairie, MN 55917 507-583-7369</p>
<p><b>Ellendale Community Center</b> 507-684-2731</p>	<p><b>Senior Place</b> 500 Dunnell Drive Owatonna, MN 55060 507-444-4280</p>

## Health Services/Home Care/Hospice

<p><b>Adara Home Health</b>          1961 Premier Drive, Suite 340          Mankato, MN 56001          1-800-598-5546 / 507-345-8591          Corporate Office: 1-800-852-4267</p>	<ul style="list-style-type: none"> <li>- RN/LPN</li> <li>- Home Health Aide</li> <li>- Physical Therapy</li> <li>- Occupational Therapy</li> <li>- Speech Therapy</li> <li>- Live-in services</li> <li>- Homemaker</li> </ul>
<p><b>Albert Lea Hospice (Mayo)</b>          1705 SE Broadway Avenue          Albert Lea, MN 56007          507-377-6393          Contact: Marcia Smith, RN, Director          Marcia's email: <a href="mailto:smith.marcia@mayo.edu">smith.marcia@mayo.edu</a></p>	<ul style="list-style-type: none"> <li>- Hospice-related services</li> </ul>
<p><b>Albert Lea Medical Center (Mayo)</b>          404 Fountain Street W          Albert Lea, MN 56007          507-373-2384  <a href="http://www.almedcenter.org">www.almedcenter.org</a></p>	<ul style="list-style-type: none"> <li>- Hospice</li> <li>- Social Worker</li> <li>- Chaplain</li> <li>- Therapy</li> </ul>
<p><b>All Generations Home Care, Inc.</b>          135 Main Street W, Suite G          Owatonna, MN 55060          507-214-8007          Fax: 507-214-8010</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Homemaking</li> <li>- Respite</li> </ul>
<p><b>All Home Health, Inc.</b>          2626 82<sup>nd</sup> Street E, Suite #180          Bloomington, MN 55425          952-814-7400</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Homemakers</li> </ul>
<p><b>Alliance Health Care</b>          600 S Riverfront Drive, Suite #100          Mankato, MN 56001          507-386-1953          Toll Free: 877-386-7515          Fax: 507-386-1692</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Residential waived housing</li> <li>- HHA</li> <li>- Assisted living services</li> <li>- Chore services</li> <li>- Fiscal support entity</li> <li>- Respite care</li> <li>- Companion services</li> </ul>
<p><b>Allina Home Care, Hospice and Hospice House</b>          2350 26<sup>th</sup> Street NW          Owatonna, MN 55060          (next to Owatonna Hospital)          507-446-0936</p>	<ul style="list-style-type: none"> <li>- Hospice Care</li> <li>- Home Health Care</li> <li>- Residential Home Hospice (in home &amp; at a residential facility)</li> <li>- Staff include: RNs, HHA, Social workers, Chaplain, PT, OT, Speech therapists.</li> </ul>
<p><b>Cascade Care Services</b>          301 West Avenue          Zumbrota, MN 55992          507-214-2800          Fax: 507-451-0690</p>	<ul style="list-style-type: none"> <li>- PCA services</li> <li>- Homemakers</li> <li>- Companion services</li> </ul>

<p><b>District One Hospital - Hospice Program</b>  200 State Avenue  Faribault, MN 55021  507-334-6451  Toll free: 866-773- 2022  Email: <a href="mailto:hospice@districtonehospital.com">hospice@districtonehospital.com</a></p>	<p>- Hospice-related services</p>
<p><b>Divine Healthcare</b>  856 University Avenue W  St Paul, MN 55104  651-665-9795  Fax: 651-665-9796</p>	<p>- Short term and Long term care  - Skilled nursing and therapy services  - Companions and Homemakers  - Home Infusion Therapy Services</p>
<p><b>Ecumen Home Care &amp; Hospice</b>  634 Bridge St W  Owatonna, MN 55060  507-774-3221  Fax: 507-451-1851  <a href="http://www.ecumen.org">www.ecumen.org</a></p>	<p>- Home Health Care: Skilled Nursing, Physical/Occupational/Speech Therapy and Home Health Aid  - Hospice: End-of-Life Care wherever the individual calls home</p>
<p><b>Heartland Hospice Services - Rochester</b>  821 3<sup>rd</sup> Avenue SE, Suite 15  Rochester, MN 55901  507-292-1170  Fax: 800-254-9581</p>	<p>- Hospice-related services</p>
<p><b>Helping Hands Homecare of Minnesota, Inc</b>  507-993-7500  Fax: 888-691-4965  <a href="http://www.helpingcareforyou.com">www.helpingcareforyou.com</a>  Email: <a href="mailto:helpingcareforyou@gmail.com">helpingcareforyou@gmail.com</a></p>	<p>- PCA  - RN Supervision  - Homemaking  - Respite</p>
<p><b>Home Health Care, Inc</b>  800 Boone Avenue N, Suite 200  Golden Valley, MN 55427  763-417-8888  Fax: 763-417-0055  <a href="http://www.hhcare.net">www.hhcare.net</a></p>	<p>- Skilled Nursing  - PT, OT, ST  - Social Work  - Home Health Aide  - Live-in, overnight</p>
<p><b>Home Instead Senior Care</b>  1059 Madison Avenue  Mankato, MN 56001  507-550-1395</p>	<p>- Private pay  - Companionship  - Home helper and light housekeeping  - Medication reminder  - Personal long-term care insurance</p>
<p><b>Interim HealthCare of Rochester</b>  2659 Superior Drive NW, Suite 200  Rochester, MN 55901  507-200-1111  Fax: 507-208-7598  <a href="http://www.interimhealthcare.com/rochestermn/home/">www.interimhealthcare.com/rochestermn/home/</a></p>	<p>Home Care Services:  Private pay, IV therapy, skilled nursing, physical therapy, occupational therapy, speech pathology, medical social services, dietician, home health aide, personal care, extended hours, 24-hour care, homemaker services, companionship, manage oxygen.</p> <p>Hospice Services:  Core hospice team (skilled nursing, medical social services, chaplain/counseling, physician), pharmacist, dietician, PT/OT/SLP, respiratory therapy, hospice aides, homemaker services, volunteer program, certified music therapy, certified massage therapy, "We Honor Veterans" program.</p>

<p><b>International Quality Home Care</b>  577 State Avenue, Suite 2  Owatonna, MN 55060  507-451-6262  Fax: 507-451-6288</p>	<ul style="list-style-type: none"> <li>- PCA</li> <li>- HHA</li> <li>- Homemaking</li> <li>- Skilled nursing</li> <li>- Medical supplies</li> </ul>
<p><b>Koda Rehabilitation Center</b>  2255 30<sup>th</sup> Street NW  Owatonna, MN 55060  507- 444-4200  Fax: 507-446-4950</p>	<ul style="list-style-type: none"> <li>- Rehabilitation Therapies</li> <li>- Home Health Care</li> <li>- Outpatient Therapy</li> </ul>
<p><b>Mayo Clinic Health System – Austin</b>  101 14<sup>th</sup> Street NW  507-434-1415  TDD phone number 507-437-7754  Toll free: 888-609-4065 ext. 1416  <a href="http://www.austinmedicalcenter.org">www.austinmedicalcenter.org</a></p>	<ul style="list-style-type: none"> <li>- Hospice</li> <li>- Social Worker, Chaplain, Volunteers</li> </ul>
<p><b>Mayo Health System – Albert Lea</b>  1705 Broadway Avenue SE  Albert Lea, MN 56007  507-377-5900</p>	<ul style="list-style-type: none"> <li>- Physical Therapy</li> <li>- Occupational Therapy</li> <li>- Sports Medicine</li> <li>- Industrial Medicine</li> <li>- Pulmonary Rehabilitation</li> </ul>
<p><b>Private Duty Home Health Aide</b>  Owatonna, MN 55060  507-451-3410  Contact: Julie Summy  Email: <a href="mailto:luellashouseofcare@yahoo.com">luellashouseofcare@yahoo.com</a></p>	<ul style="list-style-type: none"> <li>- Home Health Aide</li> <li>- Private pay only</li> </ul>
<p><b>Recover Health</b>  300 11<sup>th</sup> Avenue NW, Suite 201  Rochester, MN 55901  507-282-2246  Fax: 507-288-1437</p>	<ul style="list-style-type: none"> <li>- Home Health Aide</li> <li>- Nursing (RN, LPN)</li> <li>- Personal Care Attendant</li> <li>- Homemaker</li> <li>- Independent Living Services</li> <li>- Companion Services</li> <li>- Diabetic Program</li> <li>- Cardiac Care</li> <li>- Medication Management, IV therapy, wound care</li> <li>- Occupational Therapy, Physical Therapy, Speech Therapy</li> </ul>
<p><b>SEMCIL</b>  2200 Second Street SW  Rochester, MN 55902  Toll-free: 1-888-460-1815  Fax: 507-285-0898</p>	<ul style="list-style-type: none"> <li>- RN Supervision</li> <li>- Personal Care Attendant</li> <li>- Pre-employment skills training</li> <li>- Peer mentor services</li> <li>- Independent Living Skills</li> <li>- Senior Companion Program</li> <li>- Disability Linkage Line</li> <li>- Transition Services</li> <li>- Nursing Home Relocation Program</li> </ul>



<p><b>Seniors Helping Seniors</b> 507-396-8080 <a href="http://www.seniorcareseminnesota.com">www.seniorcareseminnesota.com</a></p>	<ul style="list-style-type: none"> <li>- Private pay</li> <li>- Up to 24 hr care</li> <li>- Light housekeeping</li> <li>- Meal preparation</li> <li>- Doctor appointments</li> <li>- Yard work</li> <li>- Respite care</li> <li>- Escort/errands</li> <li>- Transportation</li> <li>- House maintenance and small repairs</li> <li>- Companion</li> </ul>
<p><b>Spectrum Home Care – Rochester</b> 1530 Greenview Drive SW, Suite #117 Rochester, MN 55901 507-282-8052 Fax: 507-292-1382 Contact: Vicki Thornton</p>	<ul style="list-style-type: none"> <li>- Skilled Nursing</li> <li>- Therapy Services</li> <li>- IV Therapy</li> <li>- Diabetic Foot Care</li> <li>- Homemaker</li> <li>- Home Health Aide</li> <li>- Physical and Occupational Therapy</li> </ul>
<p><b>St. Croix Hospice</b> 101 N 2<sup>nd</sup> Street, Suite #102 Mankato, MN 56001 507-779-7227 Fax: 507-779-7231 Email: <a href="mailto:info@stcroixhospice.com">info@stcroixhospice.com</a></p>	<ul style="list-style-type: none"> <li>- Hospice-related services</li> </ul>
<p><b>Steele County Public Health</b> 635 Florence Avenue Owatonna, MN 55060 From Owatonna: 507-444-7650 From Blooming Prairie: 507-583-2283 From Ellendale: 507-684-2211</p>	<ul style="list-style-type: none"> <li>- Home Health: skilled nursing, physical therapy, maintenance nursing, home health aide, homemaker</li> <li>- Long term care consultation</li> <li>- PCA assessments</li> <li>- Immunization clinics</li> </ul>
<p><b>Straight River Enterprises</b> 405 First Avenue SE Medford, MN 55049 507-444-2427</p>	<ul style="list-style-type: none"> <li>- Prevocational counseling and employment support for persons with developmental disabilities only</li> <li>- Chore service</li> </ul>
<p><b>Visiting Angels</b> 577 State Avenue, Suite #3 Owatonna, MN 55060 507-451-1124 Fax: 507-451-1930 <a href="http://www.visitingangels.com/owatonna">www.visitingangels.com/owatonna</a></p>	<ul style="list-style-type: none"> <li>- Private pay &amp; long-term care insurance</li> <li>- Up to 24 Hour Care (Live in/Live out Care)</li> <li>- Assistance in personal care</li> <li>- Light housekeeping</li> <li>- Errand and shopping</li> <li>- Companion</li> <li>- Respite</li> </ul>

<b>Independent Senior Housing</b>	
<p><b>Cedardale Place Apartments</b> (Senior High Rise) 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693</p>	<p><b>Morehouse Place (Cooperative)</b> 353 Lemond Road Owatonna, MN 55060 507-451-2223</p>

<p><b>Kay Knutson Apartments</b>  905 El Dorado Street SE  Owatonna, MN 55060  1-800-466-7722  TTY/TDD: 1-800-627-3529  <a href="http://www.accessiblespace.org">www.accessiblespace.org</a></p>	<p><b>Owatonna Housing and Redevelopment Authority</b>  540 West Hills Circle  Owatonna, MN 55060  507-444-4346</p>
<p><b>Life Style, Inc.</b>  311 Cedar Avenue N  Owatonna, MN 55060  507-451-8524  <a href="http://www.lifestyleinc.net">www.lifestyleinc.net</a>  Manages Apache, Cedar Ridge, Cedardale North &amp; South, Ivanhoe, North Court, Parkview, Subland I &amp; II and West Hills Estates apartment complexes in Owatonna, Prairie Villa I apartment complex in Blooming Prairie and Medford Manor in Medford</p>	<p><b>Park Place Apartments</b>  125 E Park Street  Owatonna, MN 55060  507-451-0808</p>
<p><b>Maple Trails Apartments</b>  165 24<sup>th</sup> Place NW  Owatonna, MN 55060  1-800-466-7722, Ext. 284</p>	<p><b>Real Life Cooperative of Owatonna</b>  235 22<sup>nd</sup> Street SE  Owatonna, MN 55060  507- 455-3735</p>
<p><b>Prairie Villa II</b>  440 3<sup>rd</sup> Street SE  Ellendale, MN 56026  507-437-2074</p>	<p><b>Ellendale Square</b>  208 7<sup>th</sup> Avenue W  Ellendale, MN 56026  507-688-2336</p>

## Medical Equipment/Supplies

*(For area pharmacies, please see yellow pages in your local phone book.)*

<p><b>ActivStyle</b>  1701 Broadway Street NE  Minneapolis, MN 55411  Toll free: 1-800-651-6223</p>	<p><b>HDIS (Home Delivery Incontinent Supplies)</b>  Toll free: 1-800-269-4663</p>
<p><b>Allina Home Oxygen &amp; Medical Equipment and Lifeline</b>  507-451-7469</p>	<p><b>Lincare Inc.</b>  200 4<sup>th</sup> Street SE  Rochester, MN 55904  507-529-8140</p>
<p><b>American Legion</b>  (Loan Closet)  137 West Broadway Street  Owatonna, MN 55060  507-451-6080  Lends out equipment only</p>	<p><b>Low Vision Store</b>  821 3<sup>rd</sup> Avenue SE, Suite #75  Rochester, MN 55904  507-282-7512</p>
<p><b>Anderson's Wheelchairs Inc</b>  1117 2<sup>nd</sup> Street SW  Rochester, MN 55902  507-288-0113  Fax: 507-288-0414  <a href="http://www.andersonwheelchair.com/">http://www.andersonwheelchair.com/</a></p>	<p><b>Mayo Clinic Store</b>  Toll Free 1-888-303-9354</p>

<p><b>Assisted Living Store, Inc.</b> Warehouse 199 Bridgepoint Drive South Saint Paul, MN 55075 Toll Free: 1-888-388-5862 651-769-1574 Fax: 1-651-768-7575 <a href="http://www.assistedlivingstore.com">http://www.assistedlivingstore.com</a></p>	<p><b>Med City Mobility</b> Toll free: 1-866-334-2602 507-334-2602 (Faribault) 507-433-9000 (Austin) 507-252-0555 (Rochester)</p>
<p><b>Blooming Prairie Serviceman's Club</b> Lends equipment only 507-583-7884</p>	<p><b>Metro Medical</b> 1408 Riverfront Drive N Mankato, MN 56001 507-388-1801</p>
<p><b>Ellendale Lions Club</b> Lends equipment only 507-684-2472</p>	<p><b>Omega Medical Supply</b> Rochester, MN LLC: 1-877-252-8413 507-252-8413</p>
<p><b>Freedom Medical Equipment &amp; Supply</b> PO Box 1502 St Cloud, MN 56302 1-866-882-0664</p>	<p><b>Phillips Lifeline</b> (Lifeline provider) 111 Lawrence Street Framingham, MA 01702-8156 1-800-368-2925</p>
<p><b>Hearing Impaired Equipment Loan</b> Phone Equipment Distribution 1-800-311-1148 or 1-800-657-3663 TTY: 1-800-657-3513</p>	<p><b>Praxair HealthCare Services</b> 23 Center Street W Rochester, MN 55902-3031 507-529-7676</p>
<p><b>Heartland Security</b> (Lifeline provider) 1-888-264-6380</p>	<p><b>State Services for the Blind</b> Regional Office in Rochester 2070 College View Road E Rochester, MN 55904 507-923-2820 Toll-free: 1-800-366-2715 Fax: 507-280-5592</p>

<b>Memory Care Resources</b>	
<p><b>Alzheimer's Association of Minnesota – North Dakota</b> Toll free: 1-877-474-8259 <a href="http://www.alz.org">http://www.alz.org</a></p>	<p><b>Lewy Body Dementia Association, Inc.</b> PO Box 451529 Atlanta, GA 31145-9429 Phone/Lewy Body Caregivers' Helpline: 1-800-539-9767 E-mail: <a href="mailto:lbda@lbda.org">lbda@lbda.org</a></p>
<p><b>The Alzheimer's Store</b> 3197 Trout Place Road Cumming, GA 30041 Toll free: 1-800-752-3238 <a href="http://www.alzstore.com">http://www.alzstore.com</a></p>	<p><b>Medic Alert and Safe Return Program</b> 1-888-572-8566 <a href="http://www.medicalert.org/safereturn">http://www.medicalert.org/safereturn</a></p>

<b>Mental Health Services</b>	
<b>Associates in Psychiatry and Psychology</b> 125 Landmark Drive NE, Suite #1 Owatonna, MN 55060 507-455-0992	<b>Lutheran Social Services</b> 609 Lincoln Avenue Owatonna, MN 55060 507-451-7811
<b>Catholic Charities</b> 577 State Avenue Owatonna, MN 55060 507-455-2008	<b>Mental Health Professionals, Inc.</b> 1880 Austin Road, Suite #2 Owatonna, MN 55060 507-444-8123
<b>Commonality Youth and Family Development</b> 560 Dunnell Drive Owatonna, MN 55060 507-214-1840	<b>The Mill Street House</b> Otteson Associates, Inc. 209 Mill Street E Owatonna, MN 55060 507-446-0002 Fax: 507-451-8003
<b>Fernbrook Family Center</b> 2575 Harvest Lane NW Owatonna, MN 55060 507-446-0431 Fax: 651-925-0337	<b>South Central Human Relations Center</b> 610 Florence Avenue Owatonna, MN 55060 507-451-2630 or 1-800-722-0590 24 Hour Emergency Line: 507-455-8100

<b>Miscellaneous</b>	
<b>Clothesline</b> (income & asset based) 155 Oakdale Street Owatonna, MN 55060 507-451-2550 Office Hours: M, T, W: 8 a.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Shopping Hours: M, T, W: 12 p.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Donations accepted: M/T 8 a.m. to 5 p.m.	<b>Salvation Army</b> Thrift Store, Eviction Counseling 1810 Cedar Avenue S Owatonna, MN 55060 507-455-2023
<b>Dept. of Vocational Rehabilitation</b> 115 Landmark Drive NE, Suite #1 Owatonna, MN 55060-5702 507-446-1467	<b>Southeastern Minnesota Area Agency on Aging</b> 2720 Superior Drive NW Rochester, MN 55901 507-288-6944 <a href="http://semaaarochestermn.org/">http://semaaarochestermn.org/</a>
<b>Driving Evaluations – Department of Public Safety</b> 1-651-296-3790 OR 1-651-284-2000 <a href="https://dps.mn.gov/divisions/dvs/Pages/default.aspx">https://dps.mn.gov/divisions/dvs/Pages/default.aspx</a> Enter driver's license w/o dashes to check driving status.	<b>Medication Awareness Services for Seniors</b> 20 minute consultations with a Pharmacist 507-774-7648 On Call Neighbor: Grace Steele 507-446-0007 or 507-456-6755
<b>SEMCAC</b> Energy Assistance, Weatherization, Home Improvement Loans 545 Dunnell Drive Owatonna, MN 55060 507-451-7134 Fax: 507-451-7210	<b>Healthy Seniors of Steele County</b> Volunteer programs and falls prevention 500 Dunnell Drive Owatonna, MN 55060 507-774-7648

<p><b>Owatonna Work Force Center</b>  Riverland College  965 Alexander Drive SW  Owatonna, MN 55060  507-431-2275  Email: <a href="mailto:owatonna.wfc@state.mn.us">owatonna.wfc@state.mn.us</a>  <a href="https://mn.gov/deed/job-seekers/workforce-centers/">https://mn.gov/deed/job-seekers/workforce-centers/</a>  8:00 AM – 12:30 PM; 1:30 PM -4:30 PM M-F</p>	<p><b>Disability Benefits 101</b>  Tools and information on health coverage, benefits, and employment.  <a href="http://www.mn.db101.org">www.mn.db101.org</a>  1-866-333-2466</p>
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Parish Nurses	
<p><b>Associated Church</b>  800 Havana Road,  Owatonna, MN 55060  507-451-1546</p>	<p><b>Sacred Heart Catholic Church</b>  810 S Cedar Avenue  Owatonna, MN 55060  507-451-1588  Fax: 507-446-9979</p>
<p><b>Good Shepherd Lutheran Church</b>  2500 7<sup>th</sup> Avenue NE  Owatonna, MN 55060  507-451-4125</p>	<p><b>St. Joseph’s Catholic Church</b>  512 S Elm Avenue  Owatonna, MN 55060  507-451-4845  Fax: 507-451-4651</p>
<p><b>Our Saviors Lutheran</b>  1909 Saint Paul Road,  Owatonna, MN 55060  507-451- 4853  Fax: 507-446-0688</p>	<p><b>Trinity Lutheran</b>  609 Lincoln Avenue  Owatonna, MN 55060  507-451-4520</p>
<p><b>Redeemer Lutheran</b>  1054 Truman Avenue  Owatonna, MN 55060  507-451-2720</p>	<p><b>United Methodist</b>  815 E University Street  Owatonna, MN 55060  507-451-4734  Fax: 507-451-4738</p>

Respite/Care Giver Support Groups	
<p><b>Alanon Newcomers Meeting</b>  605 Florence Avenue  Owatonna, MN 55060  507-455-3677  Toll-free: 1-888-425-2668</p>	<p><b>Healthy Seniors</b>  500 Dunnell Drive  Owatonna MN 55060  507-774-7648</p>
<p><b>Alcoholic Anonymous Newcomers Meeting</b>  605 Florence Avenue  Owatonna, MN 55060  507-451-8610  Sunday @ 7:00 p.m.</p>	<p><b>Gluten-Free Support Group</b>  Contact: Eleanor Simon (for location)  507-451-5752  3<sup>rd</sup> Thursday of every month @ 1:30 pm</p>

<p><b>Alzheimer's Support Groups</b>  1-800-272-3900  Albert Lea: 507-373-0683 or 507-373-8226  Austin: 507-433-1808 or 507-433-3462  Rochester: 507-284-8966  <a href="http://www.alz.org">http://www.alz.org</a></p>	<p><b>Lotsa Helping Hands</b>  Create a free, private, web-based community to organize volunteers during times of need.  <a href="http://lotsahelpinghands.com">http://lotsahelpinghands.com</a>  E-mail: <a href="mailto:info@lotsahelpinghands.com">info@lotsahelpinghands.com</a></p>
<p>Alzheimer's/Dementia Caregiver Support Group  Owatonna Public Library  105 N Elm Ave  Owatonna, MN 55060  507-676-0411  3<sup>rd</sup> Tuesday of every month @ 2:30 pm</p>	<p><b>Minnesota MS Support Group</b>  1-800-582-5296  <a href="http://www.nationalmssociety.org">www.nationalmssociety.org</a></p>
<p><b>Brookdale Senior Living</b>  364/334 Cedardale Drive SE  Owatonna, MN 55060  507-446-8600 or 507-451-6914  (subject to availability)</p>	<p><b>Narcotics Anonymous – Alano Building</b>  605 Florence Avenue  Owatonna, MN 55060  Alano Club 7:00 p.m. (Monday)  St. Paul's Lutheran Church 8:00 p.m. (Wednesday)  Our Savior's Lutheran Church 7:00 p.m. (Friday)  8:00 p.m. (Saturday)  NA Helpline: 612-822-7965</p>
<p><b>Diabetes Support Group</b>  Owatonna Clinic  2200 26<sup>th</sup> Street NW  Owatonna, MN 55060  507-455-4496  Monday @ 6:00 p.m.  Call for specific dates for group meetings.</p>	<p><b>Owatonna Arthritis/Fibromyalgia Support Group</b>  1-800-333-1380  3<sup>rd</sup> Monday of every month at the Brooks  (September – May)  2480 St Paul Road  Owatonna, MN 55060  507-446-0611</p>
<p><b>Ecumen Brooks</b>  2480 St Paul Road  Owatonna MN 55060  507-446-5855  Fax: 507-446-5858  (subject to availability)</p>	<p><b>Traditions of Owatonna I</b>  Customized Living Services  (subject to availability)  195 24<sup>th</sup> Place NW  Owatonna, MN 55060  507-455-0700</p>

<p><b>Senior Linkage Line &amp; Elder Care Locator</b></p>
<p>1-800-333-2433 or 1-800-677-1116 or dial 211  <a href="http://www.mnaging.org">www.mnaging.org</a> or <a href="http://www.minnesotahelp.info/">www.minnesotahelp.info/</a></p>

## Social Services/Guardianships/Conservatorships

<p><b>Alternative Resolutions</b>                  PO Box 887                  Owatonna, MN 55060                  507-214-1700</p>	<p><b>Julie Nelson</b>                  Contracted Guardianship/Conservator                  507-475-2141</p>
<p><b>Catholic Charities</b>                  577 State Avenue                  Owatonna, MN 55060                  507-455-2008</p>	<p><b>Lutheran Social Service of Minnesota</b>                  1605 Eustis Street, Suite 406                  Saint Paul, MN 55108                  888-205-3770                  Email: <a href="mailto:seniorcorps@lssmn.org">seniorcorps@lssmn.org</a>  <a href="http://www.lssmn.org">www.lssmn.org</a></p>
<p><b>Elder Care Services</b>                  1110 Park Road                  Madison Lake, MN 56063                  507-243-3603</p>	<p><b>Social Security Administration</b>                  (Rep payee)                  404 2<sup>nd</sup> Street NW                  Austin, MN 55912                  507-433-1838 Ext. 0                  Toll free: 1-800-772-1213  <a href="http://www.ssa.gov">www.ssa.gov</a></p>
<p><b>Independent Management Services</b>                  Contact: Stephen Thorson                  110 1<sup>st</sup> Avenue SE                  Austin, MN 55912                  507-437-6389</p>	<p><b>Minnesota Prairie County Alliance – Steele Site</b>                  630 Florence Avenue                  PO Box 890                  Owatonna, MN 55060                  507-431-5600                  888-600-5169                  TDD: 507-635-6200</p>

## Substance Abuse Providers

<p><b>Fountain Centers of Owatonna</b>                  134 Southview Street                  Owatonna, MN 55060                  507-451-0511</p>	<p><b>Dual Recovery Program</b>                  610 Florence Avenue                  Owatonna, MN 55060                  507-444-2250</p>
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## Transportation

<p><b>American Cancer Society</b>                  Only transports patients to appointments for treatment or physician appointments                  No Charge                  1-800-227-2345</p>	<p><b>SMART Bus</b> (Southern Minnesota Area Rural Transit)                  507-451-7777                  Toll-free: 1-855-762-7821  <a href="http://smartbusmn.org/">http://smartbusmn.org/</a></p>
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<b>Blooming Prairie Volunteer Transportation</b> 507-583-7369 (SEMCAC for info.)	<b>SEMCAAC's Volunteer Driver Program</b> 1-800-528-7622
<b>Land to Air Express</b> Travel between many cities on their Highway 14 and I90 routes for \$8 each way. Three trips daily. 507-625-3977 <a href="http://www.landtoairexpress.com">www.landtoairexpress.com</a>	<b>Taxi First Choice</b> 122 Mill Street W Owatonna, MN 55060 507-444-0020 Toll free: 1-866-444-9696 <a href="http://www.youarriveontime.com">www.youarriveontime.com</a>
<b>Americare Mobility Van, Inc. (AMV)</b> Specialized Medical Transportation Services 307 Pine Street Mankato, MN 56001 507-625-6741 Toll-free: 1-800-963-7233 Email: <a href="mailto:dispatch@amvan.com">dispatch@amvan.com</a>	<b>Tonna Taxi</b> 507-451-4215
<b>Royal Transportation Owatonna Inc.</b> 660 W Bridge Street Suite #400 Owatonna, MN 55060 507-214-2781	

Veterans Services	
<b>Minneapolis VA Medical Center</b> One Veteran's Drive Minneapolis, MN 55417 612-725-2000 Toll free: 1-866-414-5058	<b>Veterans Linkage Line</b> Toll free: 1-888-546-5838 <a href="http://www.minnesotaveteran.org">http://www.minnesotaveteran.org</a>
<b>Steele County Veteran's Affairs</b> 630 Florence Ave PO Box 890 Owatonna, MN 55060 507-444-7460 Fax: 325-793-9537	