

NEW TO G32? HERE'S WHAT WE'RE ABOUT.

Grounded32 is a nonprofit community center where people find reprieve from stress, discover their strengths, and develop friendships.

Our mission is to eradicate loneliness and foster connection. We host donation-based gatherings with altruistic causes — book studies, support meetings, artist meetups, game nights, open mics, potlucks, and writing workshops.

THAT SPECIAL THING YOU GOTTA KNOW ABOUT

WE WERE ON THE NEWS! The Arizona Republic (also known as AZ Central) came to interview volunteers and film the Drum Circle on July 25th. [Click here to see the article online.](#) Thank you to Jeff, Katelyn, Meg, and our patrons for sharing your experiences!

CHECK OUT OUR FEATURED ARTIST, KATELYN D.

HERE'S KATELYN'S STORY: "I've been painting and drawing since I was a kiddo. It started with gel pens and doodles, but I currently use watercolor the most. I'm working on a couple commissions and hope to make prints next year! I discovered I won't always 'feel inspired,' but simply picking up the brush to start propels me forward, and often births its own inspiration. My favorite quote is by Joseph Pearce: 'To live a creative life we must first lose the fear of being wrong.'"

GET TO KNOW OUR RAD VOLUNTEER, STEVE S.

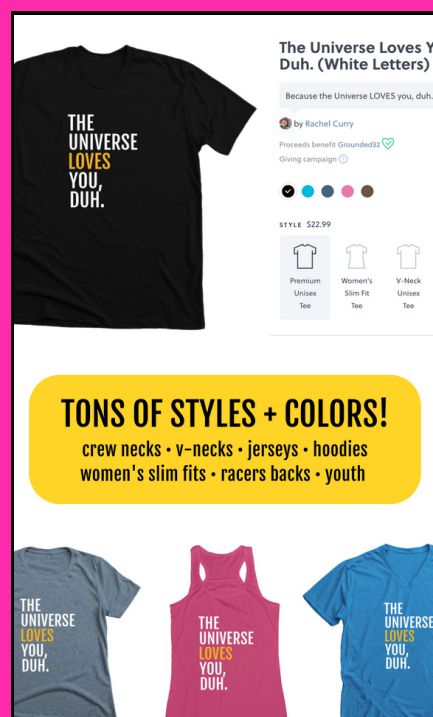
A COOL BLURB FROM STEVE: "At G32, I occasionally run Lit 150 and I help run the Open Mic and Arts monthly event. I connect with the mission, it's super close to home, and I was looking for a creative community to connect with. Volunteering, I have an increased sense of ownership of the space. Instead of just being a person that benefits from G32, I feel like I am helping other people benefit from the resources G32 provides."

BIG EVENTS — MARK YOUR CALENDARS!

NOVEMBER 5: Save the date for our fancy-pants Gratitude Dinner! Tickets sold on the website (\$125/person).

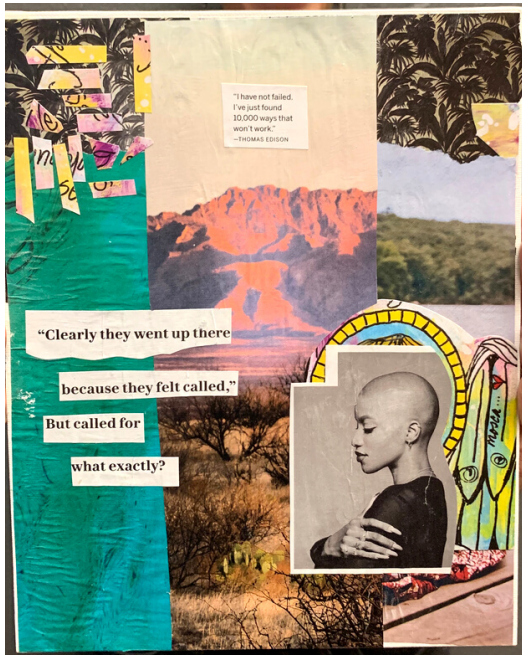
DECEMBER 10: Plans for Thanxchrismukkah, our annual winter outdoor festival, are in the works! Call to volunteer!

OMG, WE HAVE A STORE!



**APPAREL +
STICKERS
DESIGNED BY
G32 ARTISTS
GROUND32.ORG >
SHOP + SUPPORT**

ART + WRITING FROM KATELYN + STEVE



Top: Collage with magazine photos
Bottom: Collaboration w/ other G32 art attendees

A POEM BY STEVE S.

Bad Romance

"I'm not very good at this"
he said as he reached
for her hand
and fell face first
onto the floor
of the car he borrowed
from his best friend

she struggled to stifle
a giggle
a laugh
and what emerged
was a snort
that sounded
like the horses
she rode when she was 10

as he slowly rose
from the depths of embarrassment
he rocked back on his heels
and extended his knees
feeling for a moment
like an ostrich
a crane
a stork
one of those birds with backward knees
that have found a way
to be graceful despite themselves

there was time to save this moment
time to redeem himself
with the right words
if only he could find them

WEEKEND STUFF YOU GOTTA TRY

1ST WEEKEND

Friday's Alternative Date Night (Sept 2):

Join us at 7pm for game night, food, and fun.

Saturday's Poetry + Arts Open Mic (Sept 3):

Hear writers + artist's share their work at 5:30.

2ND WEEKEND

Friday's Evening Yoga w/ Shylo (Sept 9):

Meet friends and get energy flowing at 7:00pm.

Saturday's Morning Yoga w/ Taylor (Sept 10):

Sign up to enjoy this kind + casual 10am class.

3RD WEEKEND

Friday's Story Slam Event (Sept 16):

Show up at 7pm for belly laughs + trophies.

Saturday's Personal Growth Group (Sept 17):

Meet counselor Al and learn something new.

Sunday's Zine Making Class (Sept 18):

Publish your own mini-magazine at 12:00pm.

Sunday's Art Group for Survivors (Sept 18):

3pm group for women healing from sex abuse.

4TH WEEKEND

Saturday's Reiki Shares (Sept 24):

Relax and enjoy healing vibes from 2 - 4pm.

Saturday's Evening Sound Healing (Sept 24):

Sign up for this amazing experience at 6:30pm.

WAYS TO SUPPORT US

Volunteer. We're always looking for volunteers to help substitute teach, clean the facility, organize fundraisers, and pick up donated supplies. If you wanna get involved, click here! We're eager to have you on board.

Monthly Giving + One-time Gifts. Consider becoming a patron, someone who gives \$25 every month to help keep our facility alive and well. [Click here to jump to our donation and patron webpage.](#) Thank you for helping us give people a place to belong.

FUN MEMORIES FROM OUR 1ST YEAR



Art Studio before the crowds come! (Katelyn, Meg, Tyler, & Jesse). G32 is filled w/ work from our local artists — attend our fancy dinner in November & take a special item home from the auction.



Another spoof Glamour Shots event might be coming around the corner. Trish published her first book while attending writing groups. When the weather cools, we'll start up our hikes again!



Throw back to our Friendsgiving potluck last November! 24 people, 13 stories about gratitude, homemade food, and tons of laughter. Need a safe place to go during the holidays? Join us.

COME VISIT US IN PERSON OR GIVE US A CALL

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