



THE WINFIELD GLIMPSES

Celebrating Our Community

March-April 2020



Town Center Development Agreement with Winfield, Hospital Inches Toward Approval

By Phil Hardy

The Village of Winfield moved closer to reaching an agreement with Northwestern Medicine Central DuPage Hospital on the proposed Town Center development, after a lengthy and sometimes contentious village board meeting on February 21, 2020. There appears to be board consensus to approve the proposal, with only a few remaining issues. Discussions at the meeting did expose lingering differences of opinion between elected officials on some aspects of the Town Center development issue, but at the end of deliberations the Village appeared closer to finalizing terms with the hospital.



The Village is bargaining with the hospital on a \$96 million multi-faceted, multi-phase Town Center Development Agreement and an annual grant. The development would reconfigure a substantial portion of the Town Center north of the railroad tracks. The parties have discussed partnering on the Town Center development on and off since 2013 with negotiations getting stalled, at times, for a variety of reasons, including differences of opinion about reimbursements related to village costs. (In 2016, an agreement was reached whereby the hospital began reimbursing the village at \$900,000 annually, over a five-year period, to cover service costs.) Since the latest round of negotiations started in May, 2019, significant progress has been made, in part due to what Village Manager Curt Barrett describes as "major concessions" on the part of the board.

Throughout much of the more than three-hour board meeting, elected officials and Mr. Barrett appeared to be making progress toward resolving remaining points of disagreement with the hospital on a partnering agreement. There were relatively few moments when viewpoints clashed, with some board members revealing their frustration with others. Mr. Barrett and Village President Erik Spande summarized the most recent offer from the hospital, highlighting 17 "open issues," most of which were quickly put to rest and settled by the board. Some items remain unresolved and Manager Barrett out-

lined them in a PowerPoint presentation.

Trustees Carl Sorgatz and Dennis Hogan called for ending the back-and-forth and approving what they deem to be an acceptable and fair offer from

the hospital. Trustees Don Longacre and Emily Jacobs also expressed support for a final vote of approval. Most of the trustees voiced varying degrees of support for counteroffer proposals presented by Mr. Barrett, Mr. Spande and Trustee Philip Mustes. At one point, Mr. Sorgatz argued that the hospital's proposal totaled over \$96 million in commitments, consisting of \$14.8 million in grant money, tax revenue totaling \$17 million over 20 years, and Town Center construction of \$62 million. Mr. Hogan expressed frustration over what he considered some elected officials' willingness to continue allowing the Town Center to remain in its current depressed state. Trustee Mustes, however, stressed the revenue shortage the Village faces in the near future and pointed out what he sees as remaining inadequacies in the hospital's offer. (Manager Barrett stressed in a follow-up email that at the end of the 20 year agreed tax window, Winfield residents will face a revenue shortage that will result in an annual average property tax increase of \$260.)

At the end of the meeting, a few unresolved issues remained and the Board agreed to discuss those issues with the hospital. Among the issues, the Village would like to ensure best efforts from the hospital that the 7-11 convenience store may be part of the new development plan, and that it will stay in the same general vicinity as its current location. The hospital now owns the 7-11 property, controlling the entire block where John's Restaurant and Tavern used to exist. Additionally, the Village Board agreed to reduce the \$1 million Riverwalk park donation offered by the hospital by \$90,000 to cover costs associated with a design oversight in the proposed parking deck's location.

Another issue involves property exchanges proposed for the Jewell Road/High Lake Road corridor to ensure Winfield has adequate land for either a new village hall or for a reconfigured town hall in an existing (currently hospital owned) building. The Village also is requesting that the hospital make adjustments in the amount it grants annually over a 20-year period to cover police and road costs. The hospital is proposing a maximum one percent per year cost of living increase, while the Village

of Winfield wants a standard-of-practice regional/municipal CPI that ensures adjustments account for price increases over time.

The village board also agreed to ask for stronger contract language related to the 20-year tax window on hospital construction (which the hospital would place on the tax rolls for a minimum of 20 years even though they are property tax exempt) that includes the three story office building and the new parking deck along Winfield Road. President Spande pointed out that there is proposed legislation, which if passed, may shorten the length of time allowed by the State of Illinois for Tax Increment Financing or TIF districts, reducing those windows from 20 years to 10 (with a potential extension to 15 years). President Spande noted "the key issue here is not the property tax, but rather the revenue to the TIF. [We are] looking for assurances the much-publicized \$16.5M TIF will not be significantly impacted to the detriment of Winfield taxpayers due to assessment issues or legislative changes."

Frustrated by Slow Trains?

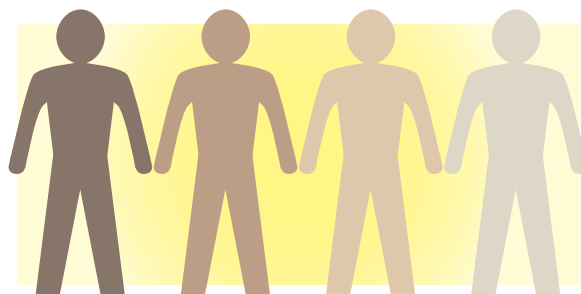
How often do Winfield residents sit fuming in their car while a seemingly endless freight train steals 20 minutes you'll never get back? There's now a place to report such occurrences. The Federal Railroad Administration wants you to notify them at www.fra.dot.gov/blockedcrossings so they can capture this data on blocked crossings to help identify chronic situations where trains cause traffic jams and hamstring first-responders for long stretches of time.

Time for the 2020 Census!

By Lisa Goodwin

The 2020 Census is very important to the Village of Winfield because our population is hovering just under the 10,000 population mark. If our Village hits 10,000, then more funding sources will open up. Also, due to the recent population declines in the state, Illinois is projected to lose one seat in the House of Representatives, so every Census response counts!

Information should arrive by mail in mid-March, and you should also take advantage of the new online response option for this Census. Only households that do not respond online will receive a paper Census form in the mail. The Census should be completed by the end of April. Remember, the Census Bureau will never ask for your social security number, money, or any bank account or credit card information. Don't fall victim to a scam!



Every person is counted in the Census according to where they sleep the majority of the time, as of April 1, 2020. Parents who have shared custody of their children should use this guideline, and count the child in the household where they spend the majority of their nights.

Everyone should be counted, even if they are not U.S. Citizens. The online Census report will support 13 languages. By law, your answers will never be shared with law enforcement or used against you.

If you don't respond to the Census by May, a Census taker may visit your home. If a Census taker knocks on your door, they will have a badge with a photograph. Don't hesitate to ask to see their badge. Anyone looking for a temporary job as a Census taker can visit 2020census.gov to apply.

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COMMUNITY CALENDAR

Knights of Columbus Council 8002 meets Monday nights (except the first Monday of each month) at 7pm. Fish Frys are from 5-7pm on March 6, March 13, March 27, and April 3. Pancake Breakfasts are from 7-11am on April 5, May 3, and June 7 in Sebahar Hall. A Memorial Day picnic will be held May 24 from 1-5pm at County Farm & Jewell Roads. All are welcome! For more information go to www.winfieldknights.org.

Knights of Columbus College Scholarship Applications are due by April 21, 2020, with a postmark no later than April 15, 2020. Application forms can be downloaded from the KOC website or picked up in the parish office.

Winfield Lion's Club will meet at 7pm on March 10 at Cooper's Corner, April 14 and May 10 at Klein Creek Golf Club. Their Annual Golf Outing will be held on May 30 at Klein Creek Golf Club. Contact Norb Herbert at 312-206-5977 for tickets or for sponsorships.

Winfield Historical Society board meetings are the 3rd Tuesday of the month at 11:30am at Hedges Station, for more information go to www.winfieldhistory.org

Winfield Area Gardeners meet the first Tuesday of each month at 6:30 pm, usually at Christ Our Savior Lutheran Church, 0S501 Summit Drive, Winfield. Exceptions are during the summer months when we meet at a member's home and view their garden before the meeting starts.

Council of Catholic Women/CCW meets the 1st Tuesday of each month at 7pm in Sebahar Hall at St. John the Baptist Catholic Church. For more contact the parish office 630-668-0918.

Winfield Centennial Celebration

In 1921, a group of residents petitioned for the Village to become officially incorporated. In 2021, the Village of Winfield will be commemorating 100 Years of Winfield by collaborating with local businesses and organizations to host fun, historical, and memorable events. Winfield's Centennial Celebration will be a year full of exciting events, both old and new!

If you have any ideas for commemorating Win-



field's Centennial, the Winfield Centennial Task Force encourages residents to attend our public meetings.

For more information on the Winfield Centennial Task Force, including meeting dates, please visit our Facebook Page, Winfield Centennial Celebration, or our website at www.villageofwinfield.com. To be added to

the mailing list, please contact: Winfield100th@gmail.com.

Shop and Dine Winfield—support your friends and neighbors!



Jim Brach of Brach's Service Center talked to and demonstrated tire changing and other car care lessons to a group of local students.

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THE WINFIELD GLIMPSES

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Tony Reyes, President
Thomas E. Sullivan, Secretary
Patti Weber, Editor
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Local Restaurant Tempts Tastebuds

By Annie Dragosh

My daughter and I are meeting my parents tonight, who've already arrived. I immediately notice the warm lighting and fresco on the wall, depicting a modern Italian town center. Sinatra and big band ballads serenade a warmly lit and inviting dining room with comfortable seating in various arrangements.

Our friendly server promptly greets us and takes our drink orders. Maciano's has a small, but respectable wine list and a well-rounded selection of domestic and local craft beers but tonight we stick with iced teas and coffee. While we take turns pulling apart an Italian round bread loaf straight from the oven and peruse the menu, we decide to share the Calamari Fritti. We place an order for the table and order our dinners which include chicken parmesan, chicken limone, deluxe beef sandwich, and linguini with meatballs.

The calamari arrives and is quickly devoured. The serving is plentiful – the calamari itself is petite. It's good. It's a little chewy and a bit crispy. My daughter appreciates the marinara because it isn't spicy (heaven forbid!), and while we eat I notice I've got the best seat in the house for people watching. It's Tuesday night in Winfield, yet the dining room is comfortably full. I notice families, couples, and friends and I admire the man in the corner booth who is immersed in his book while sipping a glass of red and nibbling on an appetizer. I think "This man has figured out how to enjoy a random Tuesday night." Although the room is full, the noise is seemingly absorbed by fixtures and furniture. It really is a calm and inviting space to enjoy time with friends and family – or alone doing your own thing. I may need to try that some time.

Dinner arrives and dishes are passed to their rightful owners. My daughter dives into her chicken parmesan and I'm not sure I hear another word from her until she leans back in her seat and proclaims herself stuffed. There is still a heaping portion of pasta leftover which I will enjoy tomorrow for lunch. She says the chicken was "AWESOME!" but I wouldn't know because she inhaled it before I could snag a bit.

Mom's beef sandwich has a "melt in your mouth" appearance and tastes as good as it looks. (Did I mention it's served on garlic bread?!) The beef is very thinly sliced, perfectly tender, lightly peppered, and juicy – but not overly so. It really is just like grandma used to make.

Dad raves about his pasta, which is perfectly *al dente*, and insists we all try the meatballs which he swears are a traditional beef and pork combination and the bite I try tastes like a tried and true homemade Italian meatball.

My favorite, however, is my chicken limone. The breast is well-seasoned and the lemon butter caper sauce is perfectly lemony and topped with a sautéed spinach that complements the dish. Roasted potatoes with a light brown crust make a perfect accompaniment. Alas, dessert calls and we decide to share double dark chocolate cake, which is the most decadent chocolate cake I've ever eaten. Coffee would ratchet this up a level, but it's getting late and I have to be up early.

Maciano's is a perfect meet up place for a fantastic dinner and while not expensive – sides must be ordered separately, which can quickly add up. Maciano's does offer plenty of dining-room specials, and coupons, so take advantage of this Winfield gem – I think you'll love it!



By Patti Weber

Hello! It's been awhile since I've written my last column, about seven years, but I'm excited to write again and share my ideas on how to live frugally given our family of six.

Our oldest is a sophomore in college, we have two daughters in high school, and our youngest is in middle school. As you can imagine, grocery bills are high given four teenagers, particularly when the college student is home on breaks, so shopping at Aldi is a must. Not only do I love their prices, but their quality is good too. If you like to buy organic products, Aldi has a good selection. I buy their organic produce, dairy, and meats and love knowing that I'm paying far less than if I purchased these items at other grocery stores. Let's compare organic unsweetened almond milk (which I use every morning in my smoothie). You'll pay about \$4.39 at Mariano's, \$3.79 at Jewel, and \$2.79 (\$1.99 for regular almond milk) at Aldi! How do they get away with selling good food at great prices? One way is that they have a quarter system for their carts. So, you put a quarter in and get a cart to shop with then put it back and get your quarter back. I usually leave my quarter in the cart for the next person as little way to brighten their day!

Stay tuned for the next issue when I write about ways to make college more affordable.

Stay Connected to District 200!

Visit our website, www.cusd200.org, to get connected to our social media, newsroom and sign up for e-news!

There are two upcoming opportunities for you to engage with your District 200 schools. We are accepting applications for our Citizens Advisory

Committee (CAC) through March 15. Information and application are on our website.

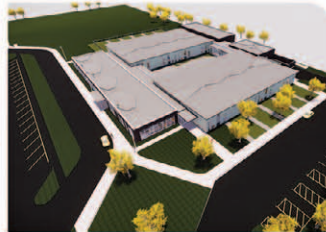
Community members are also invited to our next Parent Workshop, **When panic turns to pain**, helping to navigate teen anxiety, on April 14 at 7:00 p.m. at Prairie Path Books in Wheaton.

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Jefferson Early Childhood Center is now accepting applications for the tuition program for the 2020-21 school year. This will be the first year in the NEW school. Members of the community are encouraged to apply!

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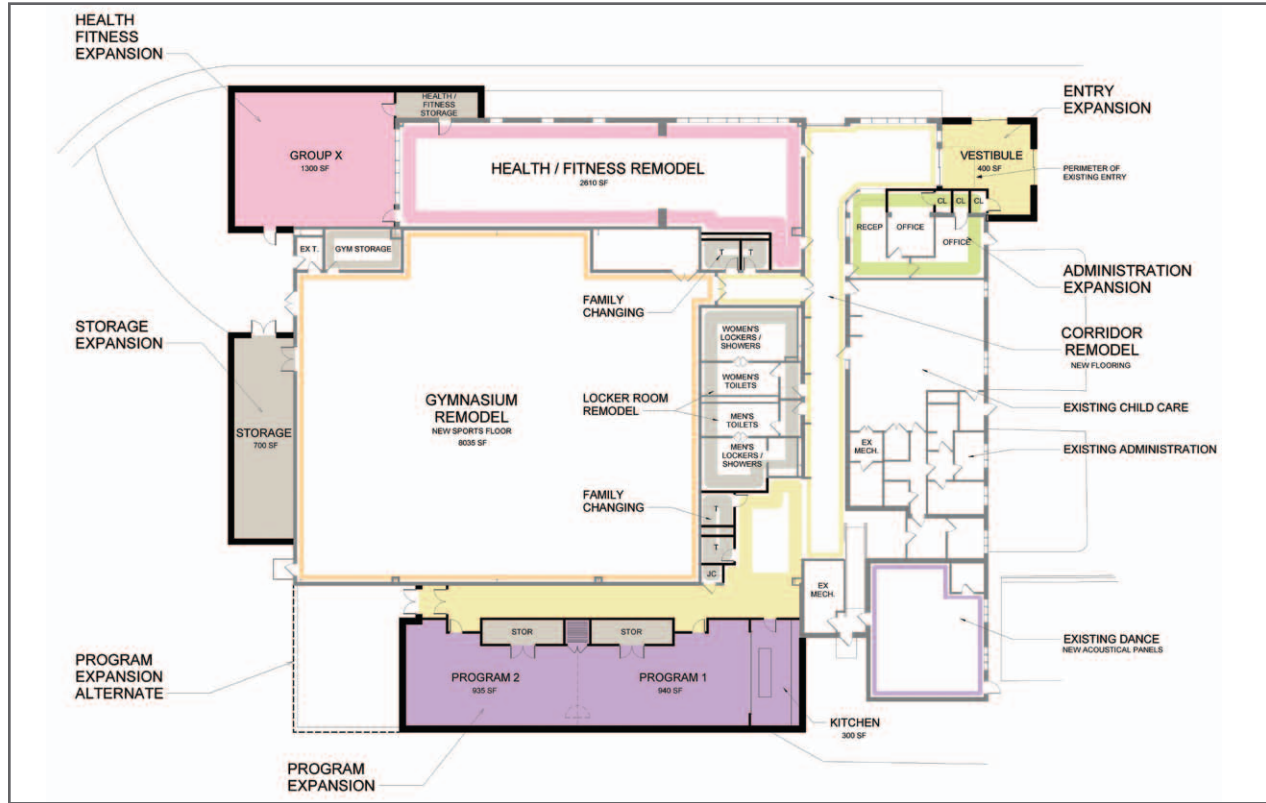
Winfield Park District Approves Capital Plan

By Dan Janowick

The Winfield Park District has recently completed a 5 year capital expenditure plan that will act as a guide for capital improvements in the coming years. Staff and Commissioners visited each of the district's 17 park sites to review current conditions

expanded fitness space, two additional program rooms, improved bathroom and locker room facilities and increased parking. The District hopes an improved facility will better serve residents needs and has applied for a PARC grant from the State of Illinois to cover nearly 75% of the total cost of the

project. Mark Pawlowski, Park District director said, "Feedback from the community was a key part of the process and we think the project is a great opportunity to improve services to District residents." Details of the proposed facility enhancements and details for all Park Board meetings are viewable at www.winfieldparkdistrict.com.



and consider improvement ideas and held 3 public meetings to receive input from the community. Improvement considerations to newer parks may include simple landscape enhancements and painting while a limited number of older parks are being considered for total replacement.

One of the first steps in the Capital Plan was to purchase property for Park development in the DuPage Highlands neighborhood, east of County Farm Road. This section of the Winfield Park District did not have direct access to any district parks and a neighborhood park is being planned to open in late summer of 2020.

The District also received input from over 80 residents during a process to consider an expansion and renovation of the Charles R. Beggs Recreation Center. The project would include an

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## Referendum on March ballot

Residents will be asked in the March 17, 2020, primary election to vote on a referendum for the **WINFIELD FIRE PROTECTION DISTRICT**

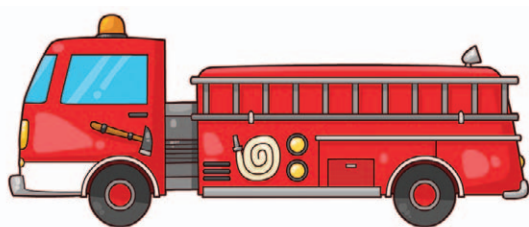
Shall the limiting rate under the Property Extension Limitation Law for the Winfield Fire Protection District, Winfield and Milton Townships, DuPage County, Illinois, be increased by an additional amount equal to 89.4% above the limiting rate for the 2018 levy year and be equal to .6900% of the equalized assessed valuation of the taxable property therein for the 2019 levy year?

The amount of taxes extended at the most recent limiting rate would be \$2,535,224. The amount of taxes that would be extended if this referendum passes would be \$4,803,143.

If the proposition were to pass, the owner of a single-family home with a fair cash market value of \$100,000.00 at the time of the referendum would pay \$121.40 in additional taxes.

If the proposition is approved, the aggregate extension for 2020 will be determined by the limiting rate set forth in the proposition, rather than the otherwise applicable limiting rate calculated under the provisions of the Property Tax Extension Limitation Law (commonly known as the Property Tax Cap Law).

**Referendum Information Session on Saturday, March 14 at 9am at 27W530 Highlake Road**



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# DuPage County Sheriffs Partner with Local Police Departments, Residents to Bring an End to Car Burglary Spree

Law enforcement agencies throughout the suburbs have been battling a rapidly increasing number of burglary to motor vehicle and vehicle theft calls that reach into the hundreds. While police do their best, it's residents who hold the single-most effective car burglary deterrent in their hands ... their key fobs.

The DuPage County Sheriff's Office, the DuPage County Chiefs of Police Association and DuPage County State's Attorney's Office are teaming up to develop new strategies to combat the crews, many who have been captured on doorbell cameras, sneaking into subdivisions in the late night and early morning hours, lifting door handles of every car they can find. In many cases, if the car is locked, they move on.

"Don't make it easy for them," DuPage County State's Attorney Robert Berlin said. "Car burglars troll neighborhoods pulling on door handles hoping to get lucky. The simple act of locking your doors and closing all the windows, including sunroofs, can go a long way in sending a would-be car burglar away. Additionally, do not leave valuables in your car and if you must, put your valuables in the trunk and out of sight."

Unlocked cars, however, have provided a treasure trove of everything from loose change to weapons for criminals. In several reported burglaries, the suspects have also used the garage door openers and stolen items from the garages. Suspects have also been reported stealing cars from garages and

driveways when the keyless fobs have been left on the car seats or in cup holders.

"The overwhelming majority of burglaries occur in unlocked vehicles. Burglars don't want to draw attention to themselves by breaking windows," said Wood Dale Police Chief Greg Vesta, who also presides over the Association. "Instead they choose easy targets. Residents can stop crime right in their front yards by doing one simple thing, locking their car every night."

## Tips for Household Crisis Planning

By Lisa Goodwin

A discussion about emergency planning or disaster planning brings to mind the doomsday preppers shows we see on television, which make viewers believe that they have to go to extraordinary lengths to prepare their households for disasters. Today, we are starting to see advice from the fringes on preparing to survive the next pandemic that they think will soon cripple our society.

It is far more likely that any inconveniences that Winfield, and the Chicago metro area, might incur can be avoided with some simple advice. Don't let critical medications run low – refill them in a timely manner. A reasonably stocked pantry with some non-perishables is always a good idea. Some grains, beans or lentils, protein bars and canned fruits and vegetables can also be part of an everyday diet. With a case of water per person and a good supply of the all-important toilet paper, you'll be set for a good number of days. It would be very rare for our water supply to be affected, but bottled water is easy to obtain and convenient to store. If you have pets, keep a supply of food and water for them as well.

A few years ago, a July storm hit Winfield and parts of the town were without power for five days, with daily temperatures above 100°F. Also knowing the frequency of power outages in Winfield, I keep a good supply of cheap IKEA candles, many small LED flashlights, spare batteries, and some

In addition to asking residents to make locking their doors part of their nightly routine, Sheriff James Mendrick is reminding residents to remain vigilant when they see suspicious activity.

"Please report everything. Call the police on any suspicious vehicles in your neighborhood," Mendrick said. "No call is too small for us to come out. We need your help to stop these burglaries in our neighborhoods. If we all work together we can bring these criminals to justice."

old-fashioned books and board games on hand. You don't need to prepare for an apocalypse in order to keep your family comfortable for a few days, or even a week or two.

## WEF & PTO Offer Teacher Grants

The Winfield Education Foundation (WEF) and Parent Teacher Organization (PTO) have awarded almost \$5,000 in teacher grants that are advancing our students' educational experiences, including a STEM extracurricular club competing in the Science Olympiad. In February, PTO and WEF hosted the 5th annual Trivia Night fundraiser, raising over \$10,000 to fund these grants and more.

The 5th annual Winfield Tiger Run 5K run/walk, open to the entire community, takes place on Saturday, April 18, 2020. The Tiger Run Donut Dash 5K winds through the rolling hills on the south side of Winfield. The students voted on this year's theme and Donut Dash was the winner. Students will also vote between 4 designs created by students for the race shirt that all participants receive. "It's all about the kids. We try to involve them in the planning as much as possible," said race organizer Amanda Kammes. The timed 5K route is bordered by Beecher to the north, Washington to the south, Park street to the east and travels past Wynwood Park and Marion to the west.

Please visit our school website for more information <https://wef.winfield34.org/> or email [wef@winfield34.org](mailto:wef@winfield34.org). We are thankful for your support and proud to recognize our community partners in communications throughout our district!



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# Tips for Coping with Flu Symptoms

It starts as a sore throat and quickly progresses to chills, a fever and body aches. You have the flu. What should you do?

"Often flu symptoms do not require medical attention or prescription medication," says Northwestern Medicine Family Medicine Physician Marie Altimari, MD. "The best thing you can do is stay home to rest and avoid spreading influenza to others. Contact your primary care physician if you have questions or concerns about the flu."

Here are Dr. Altimari's tips for defeating the flu:

## 1. Stay home and away from others.

"You should stay home for 24 hours after your fever stops, but you may still be contagious one to two weeks after this point," says Dr. Altimari. "That's why personal hygiene precautions, like covering your mouth when you cough or sneeze, and washing your hands, are so important during flu season."

Keep your distance from others while you are sick. Avoid touching your eyes, nose and mouth to minimize the spread of the virus. Do not prepare food for others if you are sick.

## 2. Hydrate and humidify.

When your body detects the influenza virus, it prepares to fight with an inflammatory immune response. The battle between your immune system and the flu is what causes the most common symptoms: Fever, headache and body aches. It also causes dehydration, which can exacerbate symptoms.

"Staying hydrated will not only help alleviate symptoms, but will also help your body fight the virus itself," says Dr. Altimari. "Beyond water, hydrate with soup, citrus fruits and electrolyte drinks."

Using a humidifier or taking steamy showers will also help with the upper respiratory congestion.

## 3. Catch some ZZZs.

Sleep helps your body replenish its antibodies, or the "soldiers" of the immune system actively fighting the virus. That's why it's important to get a lot of it. "Sleep equals relief," adds Dr. Altimari.

## 4. Eat well (and avoid alcohol).

You may crave junk food when you're feeling under the weather, but to feel better in the long run, opt for foods rich in vitamins and minerals.

"Alcohol decreases the quality of your sleep,

which is why it's best to avoid it when you're sick," says Dr. Altimari.

## 5. Try over-the-counter relief.

"Since the flu is caused by a virus, antibiotics are not effective treatment," says Dr. Altimari. "Over-the-counter medications may help with the mild to moderate symptoms of the flu, including fever, congestion, cough and sore throat."

Ibuprofen can help treat fever and aches. Pseudoephedrine can help with congestion. If over-the-counter options do not work, consult your physician about antiviral prescription medications.

## 6. Know when to seek care.

Children younger than 5 and people older than 65 years old are at risk for complications from influenza. Certain patient populations are also at risk.

At-risk populations should seek emergency medical care for influenza if they have any of the following symptoms:

- Difficulty breathing
- Bluish or gray skin color
- Pain or tightness in the chest or abdomen
- Dizziness
- Inability to take or keep down fluids
- Severe or persistent vomiting
- Lethargy or confusion

- Extreme irritability
- Flu-like symptoms that improve and then return with fever and more severe cough

## 7. Get the flu shot.

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0N020 County Farm Rd
- General Winfield Scott Park  
0N600 Winfield Rd
- Glasshagel Fields  
27W345 St Charles Rd
- Hedges Station  
0N557 Winfield Rd
- Indian Grove Park  
27W211 Williams St
- Knolls Park  
0N333 Peter Rd
- Lions Park  
27W626 Beecher Ave
- Oakwood Park  
0N555 Winfield Rd
- Prairie Trail Park  
1N180 Timber Ridge Dr
- Silverwood Glen Park  
26W495 Churchill Rd
- Splash Pad  
0S060 Wynwood Rd.
- Timber Creek Park  
27w100 Timber Creek Drive
- Timber Ridge Park  
27W036 Sycamore Lane
- Winfield Estates Park  
0N669 Brandon Rd
- Wynwood Fields  
0S060 Wynwood Rd

See you at the park this spring!





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# Marijuana Toxicity in Pets

Audra Stillabower, CVT  
Veterinary Information Specialist

With its legalization in various states across the United States, marijuana is becoming very common in households for medicinal purposes. In fact, over the past 6 years, Pet Poison Helpline has experienced a 448% increase in marijuana cases. Here's what you should know about marijuana ingestion in pets.

Marijuana or *Cannabis sativa/Cannabis indica* is used for recreational drug use and for medicinal purposes. Tetrahydrocannabinol (THC) and cannabidiol (CBD) are the two most commonly recognized, utilized, and studied cannabinoids although there are over 80 different cannabinoids in marijuana plants. The primary difference between the two is that THC causes psychotropic effects and has a moderate level of toxicity while CBD is non-psychotropic and is felt by many investigators to be non-toxic or have limited toxicity. The exact amount of each cannabinoid varies widely from strain to

strain and plant to plant.

Cannabidiol is thought to have the following properties: anxiolytic, antipsychotic, antiemetic, anti-seizure, and anti-inflammatory. Medically, THC is used in attempt to alleviate muscle spasms caused by multiple sclerosis, nausea from chemotherapy, weight loss in AIDS patients, seizure disorders and Crohn's disease. Tetrahydrocannabinol is also used recreationally for its psychotropic effects.

Animals can be poisoned by marijuana in different ways. They can ingest marijuana edibles such as brownies or pot butter, ingest the owner's supply of marijuana (in any formulation), or by second hand smoke. Common symptoms of marijuana toxicity include sedation/lethargy, dilated pupils or glassed over eyes, dazed expression, difficulty walking and vomiting. Other symptoms can include either a low or high heart rate, vocalization such as whining or crying, agitation, trouble regulating temperature causing the body temperature to drop or rise and incontinence/dribbling urine, tremors, seizures and

potentially coma. Signs of toxicity can be seen anywhere from 5 minutes to 12 hours after the animal is exposed to marijuana. The signs can potentially last 30 minutes to several days depending on the dose ingested.

Although there is no true antidote for marijuana, veterinarians can give supportive care to help the pet through the clinical signs. Vets can regulate the temperature of the animal to ensure they aren't too hot or cold and give fluids to help maintain hydration. They can give anti-vomiting medication to help stop fluid loss and closely monitor the animal's heart rate to ensure that it is stable. Due to the animal having trouble walking and potentially injuring itself, the clinic staff can help keep the pet comfortable and confined so they won't be injured. In a lot of cases, a veterinarian may give activated charcoal. This is a liquid that the animal drinks or is given that can help bind the toxin in the stomach or intestines to the charcoal and prevent absorption into the body.

Animals normally do well with supportive care, however large ingestions of marijuana can be dangerous. Common problems with diagnosing and treating marijuana cases in the veterinary clinic are due to incomplete history which could be due to drug stigma, the owners on vacation, pharmaceutical products or worries about legal repercussions. It is important to get a complete history and reassure owners that the clinic is only interested in providing appropriate medical care for their pet. Accurate and complete medical history is imperative so that only necessary treatments are provided and prevent unnecessary treatments and costs.

With marijuana being legalized in many different states, there has been an increase since last year with many additional cases of poisonings reported. Getting accurate medical history is important in treating pets appropriately and without unnecessary treatments. Some tips for helping prevent toxicity include placing marijuana edibles well out of reach of the pet in closed high cabinets or in a locked drawer when not in use. If marijuana is being smoked, the pet should be kept in a separate area with good ventilation until the smoke has cleared. This will help prevent many of the marijuana poisonings from occurring.

If you find yourself in a medical emergency, call your veterinarian or Pet Poison Helpline at 800-213-6680. We are available 24 hours a day, 7 days a week even on holidays to help with pet poison emergencies.



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Wed. 9 - 9pm  
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Appointments:  
Sat. 8 - 1:00



Take your dog for a spring stroll on the Prairie Path or see page 6 for a list of Winfield's parks. Enjoy the abundant green spaces in Winfield this spring!

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*Spring is here!!*  
*Upcoming Events*

**3/17 - The Pub's Opening Day/St. Patrick's Day**

**4/12 - Easter Brunch - \$32/adult and \$15/kid (5 to 11)**

Under 4 are Free\*\*Mention this ad when reserving your table and receive 10% Off. Please call 630.690.0101 to make reservations.

**4/18 - Spring Scramble - 2 person teams - Call the Golf Shop at 630-690-0101 for more information**

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# Family Favorite Springtime Recipes

## Asparagus Soup

2 lbs. asparagus  
 1 ½ chopped leeks  
 2 tablespoons butter  
 2 cans chicken broth  
 1 tablespoon Worcestershire sauce  
 ½ cup milk  
 Lemon juice

Sauté leeks in butter, add chopped asparagus and broth. Bring to a boil, then turn down heat, cover and simmer for 20-30 minutes.

Purée mixture, then add lemon juice, Worcestershire sauce, add in blanched tips of asparagus. Add milk at the very end.

## Sally Lunn Muffins

½ cup butter  
 1 cup sugar  
 2 eggs  
 2 cups flour  
 3 teaspoons baking powder  
 1 cup milk

Cream butter and sugar. Add in eggs and milk. Combine flour and baking powder.

Add flour mixture to butter mixture alternating with milk, starting and ending with flour.

Pour into greased muffin tins ¾ full, then bake at 400 degrees for 18-20 minutes.

## Broccoli Salad

1 cup raisins  
 1 cup finely chopped red onion  
 1 cup sunflower seeds  
 Cooked bacon  
 1 cup mayonnaise  
 ½ cup sugar  
 2 tablespoons vinegar

Combine first 4 ingredients then mix toss with mixture of mayonnaise, sugar and vinegar, and serve.

## Apricot Pecan Bars

1 cup butter  
 1 cup sugar  
 2 cups flour  
 1 ½ cups coconut  
 1 cup chopped pecans  
 1 18 oz jar apricot preserves

Cream together butter and sugar. Add in flour, coconut, and pecans.

Press ¾ mixture into ungreased jelly roll pan and bake for 15-20 minutes at 325 degrees.

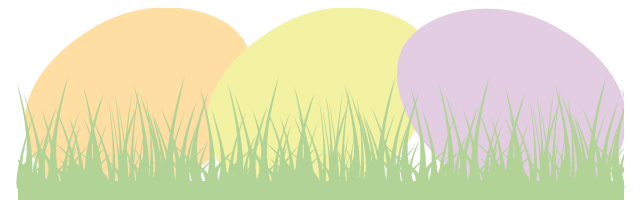
Spread preserves over top, sprinkle rest of dry mixture on top and bake 20-25 minutes at 325 degrees. Cut while warm.

Family favorite recipes from Patti Weber

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## Cantigny Spring Events

- April 4-5 Brunch with the Easter Bunny & Egg Hunt
- April 12 Easter Brunch
- April 19 Spring Flower Frenzy
- April 25-26 Woodcarving Show
- May 9 V-E Day 75th Anniversary Celebration
- May 10 Mother's Day Brunch
- May 16 Armed Forces Day
- May 30 Food Truck Festival



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### LENT & EASTER 2020

#### LENTEN EVENTS

**Friday Fish Fry**  
 Feb 28; March 6, 13, 27; April 3  
 5 to 7pm in Sebahar Hall

**Stations of the Cross**  
 Fridays, Feb 28, March 6, 13, 20, 27; April 3  
 After 7:50am Mass, 7pm (English)  
 Viacrucis, 7:30pm (en español)

**Parish Mission:**  
**"Finding God in All Things"**  
 Presented by Rev. Brian Welter  
 March 15, 16, 17; 7 to 8pm

**Penance Service (Confessions)**  
 Tuesday, March 31; 7pm

**Easter Egg Hunt:** April 11; 12:15pm

#### HOLY WEEK/EASTER

**Palm Sunday, April 5**  
 Sat. 5pm; Sun. 7:30, 9:30, 11:30am  
 (English); 1:30pm (en español)

**Wednesday, April 8**  
 Tenebrae, 7pm in Chapel

**Holy Thursday, April 9**  
 Mass of the Lord's Supper at 7pm  
 Adoration, 8:15pm to Midnight

**Good Friday, April 10**  
 Celebration of the Passion, 3pm  
 Living Stations, 7:30pm in Church  
 La Pasión de Cristo, 7pm, Capilla

**Holy Saturday, April 11**  
 Easter Basket Blessing, 12pm

#### EASTER MASSES

**Holy Saturday, April 11: Easter Vigil Mass at 8:00pm**  
**Easter Sunday, April 12: 7:30am, 9:30am (Church), 9:30am (Chapel), 11:30am; 1:30pm en español**

See our bulletin and website about the daily Mass and confession schedule, 1st Friday Holy Hour, daily Vespers during Lent, St. Joseph's Table (3/20), and Taizé Service (3/19).

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Easter Brunch April 12 – 10 a.m.-3 p.m.  
 Mother's Day Brunch May 10 – 10 a.m.-3 p.m.

*Make your reservations now!*

# Free Financial Seminars

Winfield Community United Methodist Church is partnering with three local area financial institutions to present free financial seminars covering multiple personal financial topics. The public is invited to attend any or all four sessions. The first session to be held on Wednesday, March 18 and will cover the topic of credit including credit reports and credit scores. The second session on April 15 will discuss identity theft. On May 20, the third session will cover retirement planning and the final topic will cover financial knowledge including financial disasters and recovery and banking apps on June 17.

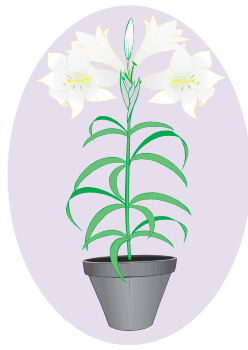
NorthStar Credit Union based in Warrenville, Wheaton Bank and Trust Company of Wheaton and Republic Bank of West Chicago are the financial institutions who are preparing and will be sharing the subject matter data and will lead the seminars.

All sessions will be held at Winfield Community United Methodist Church located at 0S347 Jefferson Street in Winfield. The church is at the corner of Jefferson and Sunnyside which is north of Manchester Road and east of Winfield Road.

The free sessions will start at 7:00 pm and end at 8:30pm. Light refreshments will be served. The seminar sessions are for those beginning their financial journey and for those who wish to learn about new topics. To RSVP and indicate your attendance or if you have questions please call (847) 815-3846 or email to [Administrator@winfieldumc.org](mailto:Administrator@winfieldumc.org).



Happy Easter



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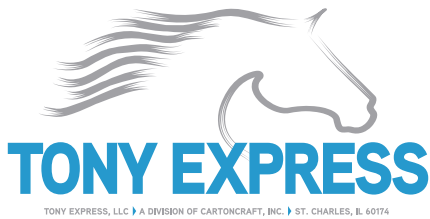
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## BOOK CLUBS

### Off the Shelf Book Group

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Mar. 3 *"H" Is For Hawk* by Helen Macdonald  
Meet at the Barber Shoppe – 0S120 Church St.

Apr. 7 *The Best of Adam Sharp* by Graeme Simsion

May 5 *Salt Fat Acid Heat* by Samin Nosrat

### Mysteries at Lunch Book Group

Third Wednesdays at 12:15 p.m.

Books available one month in advance.

Mar. 18 *A Sound Among the Trees* by Susan Meissner

Apr. 15 *Murder Wears Mittens* by Sally Goldenbaum

May 20 *The Fallen Architect* by Charles Balfour

### Packing for Retirement

Tuesday, March 24, 7:00 p.m.

Local retirement planning expert Jim Flanagan of Bentron Financial Group talks to adults of all ages about planning for retirement at every stage of life. Registration recommended.

### Voter Registration Table

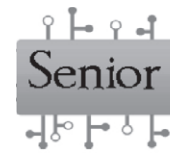
Saturday, April 4, 10:00 a.m.-12:00 p.m.

The Wheaton League of Women Voters staffs a voter registration table in the Adult Services Department. Please bring two forms of ID (one with your address) in order to register.

### Good Guys in the Garden

Tuesday, April 14, 7:00 p.m.

Master Gardener Nancy Bell helps us tell the good bugs from the bad bugs and gives us tips on pest management and attracting beneficial insects to the garden. Registration recommended.



## Senior Technology Series

### Listen to Music Online

Wednesday, April 8, 1:30 p.m.

Confused about all the services in the digital music world? Learn how the format has evolved and how to listen to your favorite tunes and programs wherever you go. The library's NEW RB Digital Entertainment Service will also be profiled. Registration recommended.

### It's Time to Get Your Photos Organized

Wednesday, May 13, 1:30 p.m.

Got photos everywhere in multiple formats? Join Certified Photo Organizer Caroline Gunter to find out how to start organizing your printed and digital photos to preserve them for future generations. Registration recommended.

## ADULT EVENTS



### Spring Centerpiece

Wednesday, March 11, 1:00-3:00 pm

Shamrock Gardens Florist, 0S118 Winfield Road.

Get in the mood for spring by creating a beautiful centerpiece using fresh flowers provided by Shamrock Gardens. Registration required.

### Crafters' Circle

Saturday, Mar. 21, 10:30 a.m.-12:30 p.m.

Saturday, Apr. 4, 10:30 a.m.-12:30 p.m.

Saturday, May. 2, 10:30 a.m.-12:30 p.m.

Join us to work on knitting or crocheting projects. Ages 8 & up.



### Author Visit: Madame President

Tuesday, April 21, 7:00 p.m.

William Hazelgrove discusses his book about Edith Wilson, who served as acting president in 1919-1920. Though her Oval Office authority was acknowledged in Washington at the time, her legacy as "First Woman President" is forgotten. Registration recommended.

### 50th Anniversary Concert

Thursday, April 30, 7:00 p.m.

Local musician Tom Malouf performs "Stuck in the 60's for Life," a program featuring original, folk, and the great music of the decade. Transport yourself back to when the library was established and dance to the music. Registration recommended.



### Basics of BBQ: How to Grill, How to Smoke

Tuesday, May 12, 7:00 p.m.

If you're thinking about buying a barbecue, we'll break down the pros and cons of charcoal and gas grills. For those just starting out, we'll follow up with some of the first steps to cooking. For those who are already all fired up, we've got some recipes ready to go, as well as a slew of barbecue tips and tricks. Registration recommended.

### Author Meet and Greet

Thursday, March 19, 6:30 p.m.

James McGuire, author of the book Winfield in the "Images of America" series, signs copies of the book before the program.

### Devils in the White City

Thursday, March 19, 7:00 p.m.

Richard Lindberg covers the lurid history of some of Chicago's most fiendish "Gaslight Era" killers. He also profiles killers outside of Chicago such as Lizzie Borden and Amy Archer Gilligan – the inspiration for the movie and play "Arsenic and Old Lace." Registration recommended.

### A History of St. James Farm

Tuesday, May 19, 7:30 p.m.

Join Kevin Davis, St. James Farm Forest Preserve Lead Researcher and Volunteer Interpreter, for an insightful and lively overview of the history of the farm. The presentation will include an overview of the buildings, farm life, and a brief insight into the lives of the McCormick family. Several historical photos and materials from Davis' collection will be highlighted. Registration recommended.



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### Library Hours

Monday-Thursday 9 a.m.-9 p.m.  
Friday-Saturday 9 a.m.-5 p.m.  
Sunday-Closed

### Library Closings

Friday, April 10-Spring Holiday  
Saturday, April 11-Spring Holiday  
Friday, May 15-Staff In-service  
Monday, May 25-Memorial Day



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