



Family Medicine Residency Program Description

Welcome to our program!

You have an important decision to make. Are you looking for an unopposed multidisciplinary program, one-on-one personal attention from an experienced faculty, and a community that provides not only a diverse patient population but also a multitude of opportunities to allow you to grow as a resident? Are you looking for a program with a **100% pass rate** on the AOBFP written and oral exam for the past 14 years? Are you looking for a program that has placed graduates into private practice, hospitalist practice and multiple fellowships? If you answered yes, then consider the Family Medicine Residency Program at CarePoint Health Christ Hospital. We are academically affiliated with the Rowan-Virtua School of Osteopathic Medicine. We are in Continued Accredited status with the ACGME and are working on becoming Osteopathic Recognized.

Christ Hospital offers a broad range of services to meet the healthcare needs of Hudson County residents as well as the residents of Jersey City. Jersey City is experiencing a renaissance that few cities can rival. A booming waterfront and a rebirth of many residential and commercial neighborhoods make it one of the largest real estate markets in the United States. Easily accessible and minutes from NYC via the Holland Tunnel, the Jersey City metro area offers you a wealth of cultural, sport and recreational activities.

MISSION STATEMENT

The mission of Christ Hospital is to provide for the health care needs of the residents of Jersey City and neighboring communities. We are committed to the provision of state of the art care in a patient and family centered environment.

VISION STATEMENT

CarePoint Health will be recognized for pioneering the future of health care in New Jersey. We will reinvent health care by innovating at every opportunity, challenging convention, and building sustainable models for the patient, communities and health care providers. In an ever-changing healthcare environment, Christ Hospital and its medical staff will be recognized by our patients and their families and the community at large for providing and delivering high quality, cost effective care. We will exceed our customers' expectations through team effort, mutual respect and understanding, and by fostering personal and professional development.

FACILITIES DESCRIPTION

CarePoint Health brings quality, patient-focused healthcare to Hudson County. Combining the resources of three area hospitals — Christ Hospital, Bayonne Medical Center and Hoboken



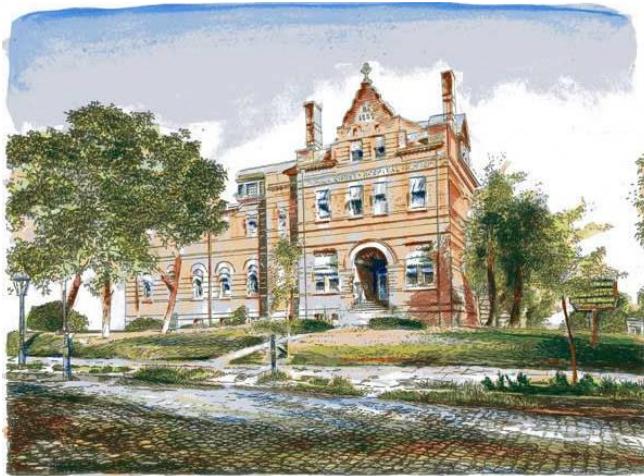
University Medical Center — CarePoint Health is a new approach to delivering healthcare that puts the patient front and center.

Our mission — Treating with compassion and leading with innovation, we improve the health of the communities we serve. We are committed to making Hudson County a healthier place for everyone through truly coordinated care. We are a network of doctors, nurses and other medical professionals who surround you and your family with expertise and attentiveness. Everyone works together to provide complete coordination, from the doctor's office to the hospital to your own home. Top doctors who really care.

Leading physicians join CarePoint Health because we give them the resources they need to provide the quality of care they want to deliver. CarePoint Health doctors take the time to listen to patients and their unique concerns, so that together, they can make the right decisions. Three leading hospitals, united.

Primary Teaching Hospital:

Christ Hospital, 176 Palisade Avenue, Jersey City, NJ 07306



CHRIST HOSPITAL, PALISADE AVE., JERSEY CITY, N.J. c. 1892

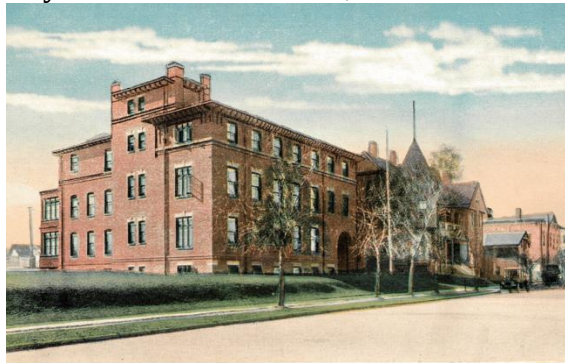


Christ Hospital in Jersey City has been delivering quality healthcare to Hudson County for more than 140 years. With a highly-qualified medical team — including more than 500 doctors with specialties ranging from allergies to vascular surgery — the 376-bed acute care facility offers a full spectrum of services and has been recognized for excellence in cardiovascular, respiratory, and newborn care. As a state-certified Stroke Center and Primary Angioplasty Center, Christ Hospital provides lifesaving emergency interventions with outcomes that rank among the best in New Jersey. Christ Hospital continues to score well with the Leapfrog Hospital Safety Grade by scoring an A the past 3 years. The addition of a Neighborhood Health Center within the hospital allows the local community access to care regardless of insurance.

We are recently affiliated with Columbia University Medical Center for Neuroscience and Neurosurgery and Rothman Institute for Orthopedics.

Our sister institutions:

Bayonne Medical Center, 29 East 29th St., Bayonne, NJ 07002



Bayonne Medical Center is a 278-bed, fully accredited, acute-care hospital. Since opening its doors more than a century ago, it has provided quality, comprehensive, community-based healthcare services to more than 70,000 people annually. Bayonne Medical Center is committed to staying at the forefront of medical technology. A new cardiac catheterization suite complements the hospital's state-of-the-art cardiac services, while a fully renovated oncology suite includes PET/CT imaging.

Program Goals and Objectives

The overall goal of the Christ Hospital Family Medicine residency training program is to produce physicians who can competently and independently practice Family medicine and serve as a consultant to other physicians. The Family Medicine Residency at CarePoint Health- Christ Hospital is 36 months in duration. The program is hospital based and follows the Traditional FM Track as identified by the American College of Osteopathic Family Physicians and the ACGME. Patient volume and scope at the medical center is excellent and provides a superior environment for training in diagnosis and management of common and complex disease processes in a broad range of patients. Ambulatory experiences are structured, supervised, and adequate to develop excellent skills in ambulatory patient management in a continuity of care environment. Family Medicine Residents follow the requirements for training as established in their Training Manual.

Following completion of the Family Medicine residency training program, residents will be able to:

- Apply established and evolving knowledge in the biomedical, clinical, epidemiological and social behavioral sciences to the care of their patients.
- Provide compassionate, appropriate, and effective patient care by:
 - a) obtaining and using data about a patient (history, physical examination, laboratory and imaging studies) to create a differential diagnosis, plan for further evaluation, and comprehensively manage patients with a variety of disorders
 - b) developing a therapeutic relationship with patients and their families, identifying and addressing health care needs collaboratively in a patient-centered context.
- Improve the patient care that they provide by continuously assessing their performance, incorporating feedback and pursuing learning related to identified improvement opportunities.
- Function effectively within the health care system beyond the clinical encounter, utilizing available resources to provide optimal health care for patients with a variety of disorders.
- Conduct their professional life in accordance with the expectations of the profession of medicine and society, manifested through a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to patients of diverse backgrounds.
- Pursue a career in medicine and developing as a leader in their chosen field, improving health in areas such as patient care, biomedical research, population medicine, health policy, or international health medicine.

Overall Goals for Rotations

Residents will evaluate and provide longitudinal care to patients in the outpatient continuity clinic setting. Duties will include health maintenance visits, acute care visits, and chronic disease management visits. Residents will assess and manage patients with acute illness on the inpatient hospital services, including the general medicine, medical subspecialty and intensive care rotations. Residents will also function as medical and specialty consultants to other hospital providers. The program will provide the resident with graded responsibility for planning the course of care and communication with the patient and family. Throughout their work, residents will apply medical knowledge, learn about patient problems through practice-based learning and optimize care venues through systems-based learning and problem solving. Residents will develop effective interpersonal and communication skills when interacting with patients, their



families, and members of the health care team. In addition, residents will assume professional responsibility for their tasks, placing the care of the patient above other interests.

The objectives for each rotation, as well as program curriculum, rotation schedule for entire training period, teaching faculty roster including certification and academic appointment status, Core competency plan, sample trainee evaluation forms, work hours and leave policy and trainee remediation policy are included as separate documents as part of the pre-review document preparation.

Residency Highlights:

1. Dr. Tsompanidis becomes the Director of Medical Education and Program Director in July 2009 and revamps the entire program. At the time, the program consists of 15 residents with a large TRI class.
2. The AOBFP Board Exam pass rate was 82% in 2009. **The pass rate becomes 100%** since Dr. Tsompanidis became the PD.
3. Christ Hospital is purchased by CarePoint Health in 2012 and becomes the third hospital in the system.
4. By 2012, the Family Medicine Residency changes and increases to 21 residents with a majority of residents in FM.
5. The Neighborhood Health Center opens in 2012 providing another site for outpatient continuity and provides health care to the community regardless of insurance.
6. In 2014, the AOA inspects the FM program, the TRI program and the institution and grants us a five year inspection approval.
7. In 2015, a women's health emphasis track is started.
8. In 2017, one of our residents, Jessica Edwards, D.O. was named the **ACOFP/AOA Family Medicine Resident of the Year**.
9. Resident have successfully applied for fellowships in Women's Health, OB/Gyn, Sports Medicine, Geriatrics and Emergency Medicine. In addition, one of our graduates is in a **WHO fellowship** overseas.
10. **4 of the Hospitalists/Nocturnists** on staff are graduates of the program.
11. Graduates of the program are prepared for outpatient practice as well as inpatient or hospitalist practice.



12. Our graduates succeed upon graduation. One of our graduates is the Medical Director for the NJ State Police while another is in charge of medical care for United Airlines in Newark.