



Family Medicine Residency Program Description

Welcome to our program!

You have an important decision to make. Are you looking for an unopposed multidisciplinary program, one-on-one personal attention from an experienced faculty, and a community that provides not only a diverse patient population but also a multitude of opportunities to allow you to grow as a resident? Are you looking for a program with a **100% pass rate** on the AOBFP written and oral exam for the past 10 years? If you answered yes, then consider the Family Medicine Residency Program at CarePoint Health Christ Hospital. We are academically affiliated with the Rowan University School of Osteopathic Medicine Osteopathic Postdoctoral Training Institution of NJ, one of America's outstanding osteopathic graduate medical education programs. RowanSOM OPTI of NJ Internship and Residency programs are accredited by the Committee on Postdoctoral Training of the American Osteopathic Association and fulfill the residency requirements of the American Osteopathic Board of Family Physicians.

Christ Hospital offers a broad range of services to meet the healthcare needs of Hudson County residents as well as the residents of Jersey City. Jersey City is experiencing a renaissance that few cities can rival. A booming waterfront and a rebirth of many residential and commercial neighborhoods make it one of the largest real estate markets in the United States. Easily accessible and minutes from NYC via the Holland Tunnel, the Jersey City metro area offers you a wealth of cultural, sport and recreational activities.

MISSION STATEMENT

The mission of Christ Hospital is to provide for the health care needs of the residents of Jersey City and neighboring communities. We are committed to the provision of state-of-the-art care in a patient and family centered environment.

VISION STATEMENT

CarePoint Health will be recognized for pioneering the future of health care in New Jersey. We will reinvent health care by innovating at every opportunity, challenging convention, and building sustainable models for the patient, communities and health care providers. In an ever-changing healthcare environment, Christ Hospital and its medical staff will be recognized by our patients and their families and the community at large for providing and delivering high quality, cost effective care. We will exceed our customers' expectations through team effort, mutual respect and understanding, and by fostering personal and professional development.

FACILITIES DESCRIPTION

CarePoint Health brings quality, patient-focused healthcare to Hudson County. Combining the resources of three area hospitals — Christ Hospital, Bayonne Medical Center and Hoboken



University Medical Center — CarePoint Health is a new approach to delivering healthcare that puts the patient front and center.

Our mission — Treating with compassion and leading with innovation, we improve the health of the communities we serve. We are committed to making Hudson County a healthier place for everyone through truly coordinated care. We are a network of doctors, nurses and other medical professionals who surround you and your family with expertise and attentiveness. Everyone works together to provide complete coordination, from the doctor’s office to the hospital to your own home. Top doctors who really care.

Leading physicians join CarePoint Health because we give them the resources they need to provide the quality of care they want to deliver. CarePoint Health doctors take the time to listen to patients and their unique concerns, so that together, they can make the right decisions. Three leading hospitals, united.

Primary Teaching Hospital:

Christ Hospital, 176 Palisade Avenue, Jersey City, NJ 07306



Christ Hospital in Jersey City has been delivering quality healthcare to Hudson County for more than 140 years. With a highly-qualified medical team — including more than 500 doctors with specialties ranging from allergies to vascular surgery — the 376-bed acute care facility offers a full spectrum of services and has been recognized for excellence in cardiovascular, respiratory, and newborn care. As a state-certified **Primary Stroke Center with Interventional Neurology and Primary Angioplasty Center**, Christ Hospital provides lifesaving emergency interventions with outcomes that rank among the best in New Jersey. A new state-of-the-art cardiac catheterization lab as well as new robotic surgical tools are being added for early 2021. The addition of a Neighborhood Health Center within the hospital allows the local community access to care regardless of insurance.

Our sister institutions:

Hoboken University Medical Center, 308 Willow Ave, Hoboken, NJ 07030



Hoboken University Medical Center is a 303 bed acute care hospital located in Hoboken, NJ. The hospital was founded in 1863 as St. Mary Hospital and opened during the American Civil War as a location to treat the returning wounded and was the second hospital ever to open in the State of New Jersey. It operated under the name St. Mary Hospital until 2007. The name was changed to HUMC and was purchased by CarePoint Health in 2011. It is the longest operating hospital in NJ.

HUMC is where residents rotate for inpatient Pediatrics and OB/Gyn rotations.

Bayonne Medical Center, 29 East 29th St., Bayonne, NJ 07002



Bayonne Medical Center is a 278-bed, fully accredited, acute-care hospital. Since opening its doors more than a century ago, it has provided quality, comprehensive, community-based healthcare services to more than 70,000 people annually. Bayonne Medical Center is committed to staying at the forefront of medical technology. A new cardiac catheterization suite complements the hospital's state-of-the-art cardiac services, while a fully renovated oncology suite includes PET/CT imaging.

Program Goals and Objectives

The overall goal of the Christ Hospital Family Medicine residency training program is to produce physicians who can competently and independently practice Family medicine and serve as a consultant to other physicians. The Family Medicine Residency at CarePoint Health- Christ Hospital is 36 months in duration. The program is hospital based and follows the Traditional FM Track as identified by the American College of Osteopathic Family Physicians and the ACGME. Patient volume and scope at the medical center is excellent and provides a superior environment for training in diagnosis and management of common and complex disease processes in a broad range of patients. Ambulatory experiences are structured, supervised, and adequate to develop excellent skills in ambulatory patient management in a continuity of care environment. Family Medicine Residents follow the requirements for training as established in their Training Manual.

Following completion of the Family Medicine residency training program, residents will be able to:

- Apply established and evolving knowledge in the biomedical, clinical, epidemiological and social behavioral sciences to the care of their patients.
- Provide compassionate, appropriate, and effective patient care by:
 - a) obtaining and using data about a patient (history, physical examination, laboratory and imaging studies) to create a differential diagnosis, plan for further evaluation, and comprehensively manage patients with a variety of disorders
 - b) developing a therapeutic relationship with patients and their families, identifying and addressing health care needs collaboratively in a patient-centered context.
- Improve the patient care that they provide by continuously assessing their performance, incorporating feedback and pursuing learning related to identified improvement opportunities.
- Function effectively within the health care system beyond the clinical encounter, utilizing available resources to provide optimal health care for patients with a variety of disorders.
- Conduct their professional life in accordance with the expectations of the profession of medicine and society, manifested through a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to patients of diverse backgrounds.
- Pursue a career in medicine and developing as a leader in their chosen field, improving health in areas such as patient care, biomedical research, population medicine, health policy, or international health medicine.


Overall Goals for Rotations

Residents will evaluate and provide longitudinal care to patients in the outpatient continuity clinic setting. Duties will include health maintenance visits, acute care visits, and chronic disease management visits. Residents will assess and manage patients with acute illness on the inpatient hospital services, including the general medicine, medical subspecialty and intensive care rotations. Residents will also function as medical and specialty consultants to other hospital providers. The program will provide the resident with graded responsibility for planning the course of care and communication with the patient and family. Throughout their work, residents will apply medical knowledge, learn about patient problems through practice-based learning and optimize care venues through systems-based learning and problem solving. Residents will develop effective interpersonal and communication skills when interacting with patients, their families, and members of the health care team. In addition, residents will assume professional responsibility for their tasks, placing the care of the patient above other interests.

The objectives for each rotation, as well as program curriculum, rotation schedule for entire training period, teaching faculty roster including certification and academic appointment status, Core competency plan, sample trainee evaluation forms, work hours and leave policy and trainee remediation policy are included as separate documents as part of the pre-review document preparation.

Residency Highlights:

1. Dr. Tsompanidis becomes the Director of Medical Education and Program Director in July 2009 and revamps the entire program. At the time, the program consists of 15 residents with a large TRI class.
2. The AOBFP Board Exam pass rate was 82% in 2009. **The pass rate becomes and has been 100%** since Dr. Tsompanidis became the PD.
3. Christ Hospital is purchased by CarePoint Health in 2012 and becomes the third hospital in the system.
4. By 2012, the Family Medicine Residency changes and increases to 21 residents **with a majority of residents in FM.**
5. The Neighborhood Health Center opens in 2012 providing another site for outpatient continuity and provides health care to the community regardless of insurance.
6. In 2014, the AOA inspects the FM program, the TRI program and the institution and grants us a five year inspection approval and currently ACGME Initial Accreditation.
7. In 2015, a women's health emphasis track is started.

8. In 2016, Dr. Tsompanidis became the System Director of Medical Education for Christ Hospital and Bayonne Medical Center as well as the PD for the TRI program at Bayonne.
9. In 2017, one of our residents, Jessica Edwards, D.O. was named the **ACOFP/AOA Family Medicine Resident of the Year**.
10. In 2017 Christ Hospital and Bayonne Medical Center were named by Leapfrog as Top Teaching Hospitals The logo for Leapfrog Top Teaching Hospitals is a green circular seal with 'LEAPFROG' at the top, 'TOP TEACHING HOSPITAL' in the center, and '2017' at the bottom. To the right of the seal is the text 'Top Teaching Hospitals'.
11. In 2018, Dr. Tsompanidis became the Chief Academic Officer for Chris Hospital and Bayonne Medical Center. Christ's FM residency applies for ACGME accreditation and receives preliminary accreditation.
12. **4 of the Hospitalists/Nocturnists** on staff are graduates of the program.
13. The Associate Program Director is a former graduate and chief resident of the program.
14. Graduates of the program are prepared for outpatient practice as well as inpatient or hospitalist practice.
15. Resident have successfully applied for **Fellowships in Women's Health, OB/Gyn, Sports Medicine, and Geriatrics**. Recently one of our graduates completed a 1 year **Emergency Medicine** fellowship. In addition, one of our graduates is in a **World Health Organization fellowship** overseas.
16. Our graduates succeed upon graduation. One of our graduates is the **Medical Director for the NJ State Police** while another oversees medical care for United Airlines in Newark. Others have become lead hospitalists or medical directors at systems around the country.
17. Many of our former TRI's became chief residents in their respective residencies.
18. Our hospital was an epicenter ground zero hospital during COVID-19. Multiple articles were written about our institution. Our hospital was at the forefront of treatment protocols providing remdesivir in April as well as ECMO for severe cases. A list of news stories and articles:

<https://www.nj.com/hudson/2020/03/the-greatest-challenge-this-hospital-ever-faces-christ-hospital-losing-ground-in-the-war-with-coronavirus.html>

<https://www.nj.com/hudson/2020/09/christ-hospital-opens-coronavirus-outpatient-center-for-those-experiencing-lasting-symptoms.html>

<https://hudsonreporter.com/2020/03/20/screening-system-deployed-at-christ-hospital-in-jersey-city/>

<https://www.tapinto.net/towns/jersey-city/sections/health-and-wellness/articles/christ-hospital-introduces-innovative-breathing-treatment-in-fight-against-covid>

<https://www.cnbc.com/2020/06/06/how-this-nj-hospital-staff-is-fighting-covid-19-and-trauma.html>

<https://www.nj.com/hudson/2020/05/when-all-else-failed-christ-hospital-doctor-turned-to-remdesivir-to-save-pregnant-union-city-womans-life.html>



Tucker Woods

May 6 · 



Please read this moving story (get some tissues) of a pregnant COVID patient we saved at Christ Hospital. I am very proud of Dr. Shil Patel for what he did to help save her. Dr. Shil Patel is a GI Fellow; however, Dr. [Antonios Tsompanidis](#) and I agreed to have them "repurposed" to a Core Team of COVID Physicians because we had a tidal wave of COVID patients and needed more manpower. This creative expansion of the physician workforce saved not 1 life but 2 (mommy and baby). We are a community hospital with amazing physicians and we are making a difference in the fight against COVID.



NJ.COM

When all else failed, Christ Hospital doctor turned to remdesivir to save pregnant Union City woman's life



<https://newyork.cbslocal.com/2020/03/27/coronavirus-christ-hospital-jersey-city-anuj-shah-tucker-woods/>

<https://hudsonreporter.com/2020/05/09/how-three-hudson-county-hospitals-coped-with-some-of-the-highest-covid-19-admissions-rates/>