

Welcome to our program at Secaucus University Hospital....but first a quick update on our story.

2025 was a turbulent year for our program however as always we came through stronger and with a renewed sense of purpose. CarePoint Health Christ Hospital (along with the other system hospitals at Hoboken and Bayonne) was purchased by Hudson Regional Health (HRH). Christ Hospital became Heights University Hospital however with the ever enduring financial burden the hospital had over the last 2 decades in treating a large uninsured population, the hospital ceased its operations in November of 2025. Our program shifted to the main hospital at Secaucus which is now our permanent home.

As the program director, I am excited to continue our mission at our new home with new facilities in a stable environment. HRH is growing GME and is invested in the future of its current and future GME programs.

I want to formally welcome you to our program. You were selected based on your merit and what we perceived to be a great fit for our “TEAM” and family. Our program is academically affiliated with New York Medical College who provides us with oversight and extra resources for your education. I along with my faculty and staff expect you will have an exciting and productive residency.

Your professional development as a physician will enter its most crucial phase. During the course of your training program, you will encounter experiences that will transform you from student to physician. While demanding and challenging, your training will be rewarding, and you will learn new responsibility and accountability. Frequently, the training program determines the course and direction of one’s professional life. Hudson Regional Health and its hospital affiliates are extremely proud of our program.

We choose our residents based on academic performance and for their potential to contribute to the medical community and the osteopathic profession. Our goal is to provide you with the best possible training program. Our program has a balance of service and education, with strong faculty support and supervision, along with the clinical opportunity to gradually increase your professional authority and clinical responsibilities. The experience will enhance your knowledge of the clinical core of medicine and prepare you to master the rapidly changing medical delivery system.

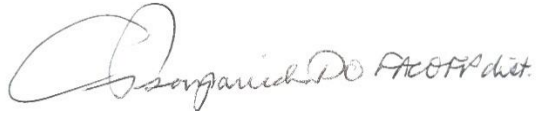
Today, more than ever, osteopathic family physicians must know and have skills in the technical and theoretical foundations of medicine, as well as knowledge and comfort with biopsychosocial issues. You will develop competency in doctor-patient relationships, interaction with families, interviewing skills, informed consent, advanced directives, confidentiality, ethics, and the law. Our clinical rotations, formal and informal lectures, and conferences provide a strong foundation upon which you will build your career.

We are extremely pleased that you have chosen to consider our program for this important phase of your training. Remember that the Secaucus University Hospital Medical Education office is there to assist you with a wide range of issues including schedules, licensure, Residency Director letters, career options, job placement and general information. Our senior residents and faculty are an invaluable source of information and are a great resource for you as well. Our affiliation with NYMC affords us all of the resources of their college including library resources, research assistance and resident development. At HRH-Secaucus University Hospital, you are always welcome to stop in

the GME office located on the fourth floor. I can be reached at 201-392-3100 x2004 and you can reach Krystal Rivas at 201-392-3100 x2005.

Looking forward to a great start to your career!

Sincerely,

A handwritten signature in cursive script, reading "Antonios Tsompanidis, D.O., FACOFP dist.".

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