

## Dynamic Communion

offering making  
preparing to sit  
candles. humming. saging.

dedicating this worship  
may all beings benefit  
igniting righteous intentioning

posturing the mind on thee  
stillness resting comfortably  
high upon your inner nation  
bow your heart. humble.

breathing synchrony  
universal symphony  
omnipresent respiration  
paradise as thee goal

expanding horizon freely  
soul's deepening fragrantly  
sense beyond narration  
observation, the only toll

chanting prayers to thee  
silent petitioning melody  
harmonious collaboration  
celestials rejoice our role

witnessing. awe and content  
reverent listening in all moments  
every breath, god's kissing

~ aprilhelen

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offer  
dedicate  
sit  
breathe  
visualize  
chant  
witness