



**SPEAK UP.
BE HEARD.
FEEL GOOD DOING IT.**

✧ A TASTE OF VISION TO VOICE ✧

A playful, powerful 90-minute workshop for creatives, leaders, and changemakers who are ready to explore their story and share their truth—real, messy, and magnetic.

You'll experience gentle breathwork, simple storytelling tools, and a chance to connect in a supportive space. No pressure to perform—just come to reflect, express, and feel more like you.

- ✧ This is your invitation to reclaim your voice.
- ✧ A preview of our powerful fall immersion.



August 15
6:00 pm – 7:30pm
Reading Arts Community Center